



1982-09

The Classmate: Naval Postgraduate School Officer Students' Wives' Club Magazine / Vol.23, no.8 (September - October 1982)



Calhoun is a project of the Dudley Knox Library at NPS, furthering the precepts and goals of open government and government transparency. All information contained herein has been approved for release by the NPS Public Affairs Officer.

Dudley Knox Library / Naval Postgraduate School
411 Dyer Road / 1 University Circle
Monterey, California USA 93943

<http://www.nps.edu/library>

the classmate

VOLUME 23, NO. 8

NAVAL POSTGRADUATE SCHOOL OFFICER STUDENTS' WIVES' CLUB MAGAZINE
WELCOME ABOARD

SEPTEMBER/OCTOBER 1982



THE **APPLE III** PROFESSIONAL SOLUTION.

We've got great news!

The Apple III Professional Solution is everything the business or professional person needs to get started in personal computing — in one package!

What's in it for you? The 256K Apple III with built-in disk drive and green monitor, Apple Writer III word processing program, VisiCalc III "electronic worksheet," Quick File III "electronic filing system," and Product Training Paks for step-by-step self-teaching. Also included are certificates for savings on other software packages and peripherals. Limited time offer.

Complete Package
\$4995



The Popular Apple II Plus Starter System For Home, School or Office

A complete Apple II Plus Personal Computer System for under \$2,000! It includes all the hardware and software you need to get started in personal computing: A 48K Apple II Plus, Disk II with Controller, Monitor ///, Apple II Monitor Stand, Apple II Writer, DOS Operating System and Applesoft BASIC, and four comprehensive system manuals: Applesoft Tutorial, Applesoft Reference, System Technical Reference Manual and DOS 3.3 Manual. If sold separately, all this would list for \$2,604!

Complete Package \$1995

Apple II Plus offer good through
Sept. 14, 1982, subject to
availability from the manufacturer.

 **apple computer**
® Authorized Dealer

Sales • Service • Leasing

COMPUTER PLACE

26384 Carmel Rancho Lane, near The Barnyard, Carmel • 624-7111

Monday-Friday 10-5, Saturday 10-4 • Visa • MasterCard • American Express

the classmate

Editor-in-Chief

Janet M. Machak
SMC 2330 646-1340

Advisors

Laurel Srite 375-2701
Mary Mahon 649-0472

Associate Editor

Elaine Powell 649-5332

Assistant Editor

Bobbie Meeker 372-5009

Editor Emeritus

Virginia K. Duym 372-5285

Copy Editor

Sandy Goodson 646-8047

Advertising Director

Kathy DuBeau 375-9991

Circulation Manager

Rhonda Williams 649-1623

Artists

Joyce Anderson 649-0230
Eileen Kolbeck 373-1174

Staff

Janis Miller 646-8841
Sue Youngren 649-4126
Linda K. Connelly 646-0418
Kathy Bergquist 372-0274
Linda Booth 372-2143
Kris Yarborough 372-3529
Charlotte Riley 372-0411
Cheri Carter 646-1247
Evie Hickman 372-9096

The monthly deadline for ALL copy to the Editor, SMC 2330, is the 1st of the month prior to the month of publication (November 1st to get into the December issue). The deadline for advertising copy is the 5th of the month prior to the month of publication.

Published at no cost to the U.S. Government by Herald Printers, Inc., 201 Foam St., Monterey, California. THE CLASSMATE was originated and previously edited by the wives of the students of the General Line and Naval Science School. It is now sponsored by the Officer Students' Wives' Club of the Naval Postgraduate School. Material and opinions contained herein are those of the publishers and are not to be considered an official expression of the Department of the Navy. Because of its function as an unofficial medium for the Officer Students' Wives' Club, advertisements in the publication do not constitute an endorsement by the Department of the Navy of services advertised. Written permission is necessary to re-print any material herein.

Focus of the Month

Potpourri

Navy Relief is Proud	33
Have a Problem? Family Ombudsman Program	33
Free Help for Moms	34
Shopping for Necessities and for Fun	35
Telephone Guide & Hours of Operation	36
Boy Scouts / Girl Scouts	38
Camp Fire / Indian Guides & Princesses / Cub Scouts	39

School Information

School Information	40
The Presidio Preschool	41
NPS Preschool	41
Navy Nursery School	42

Medical Care

Medical Care	44
--------------------	----

Living in La Mesa

Housing & the NPS Family	49
Reason Behind Rule	50
Veterinary Clinic	50
The La Mesa Community Center	51

Athletics & Recreation

Tickets / Pool / Sauna / Athletic Programs	52
Gymnasium / Gear Issue Room	53
Bowling	53
Picnic Grounds	54
Golf Course & Driving Range	54
Sailing at NPS	55
Flying	56
Tennis Association	57

Religious Services

La Mesa Ladies Bible Study	58
The Protestant Program	58
The Catholic Program	59
The Jewish Program	59

Welcome to O.S.W.C. (Club News)

President's Message	3
OSWC Executive Board	4
OSWC Advisor	5
Curricular Representatives	5
Standing Committees	6
Committee Chairmen	7
Farewell	7
Invitation: Welcome Aboard Coffee	8
Cramalot	8
Playground Completed	9
OSWC Activities	10
An Evening to Remember	12

Welcome to CLASSMATE (Feature Section)

Out of Mischief	14
Chatter Box	15
International Message	16
International Cookbook	17
The Peripatetic Palate	18
Navy Bleu	19
Minding Our Own Business	20
Eagle's Eye View	21
Teen Corner	22
New Kids on the Block	22
Where It's Happening	23
Life Among the Ruins	24

Welcome to Naval Postgraduate School

Rear Admiral John J. Ekelund, USN	26
NPS Academic Calendar	27
Parking and Traffic Regulations	29
Navy Relief Society	30
Bus Service to NPS	31
Essay Deadline Changed	31

Welcome to Monterey

A Short Stay on the Monterey Peninsula	60
Annual Special Events	64
Ways To Spend	66
Where to Find Help	70

Maps

Naval Postgraduate School	28
Bus Route through La Mesa to NPS	31
NPS Annex	43
Fort Ord	43
La Mesa Housing Area	48

On the Cover Monterey's Fisherman's Wharf, as seen from the Coast Guard Pier.—photo by Janet Machak.
NOTE: Unless otherwise stated, all photos in this issue are from the CLASSMATE file.

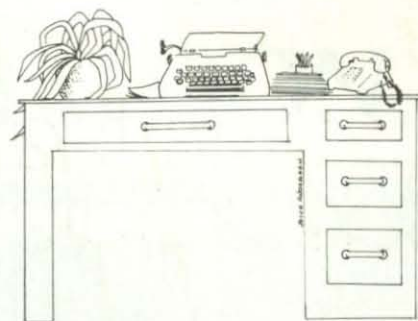
from the editor's desk



by Janet M. Machak

Summer has come to an end, and once again it is time for our semi-annual Welcome Aboard edition of **CLASSMATE**. These issues, which are mailed to incoming students as well as distributed through our normal channels, are filled with information that is particularly useful to those who have just received orders to the Naval Postgraduate School or who have recently arrived in Monterey. In these pages you will find maps of NPS, La Mesa housing, and Fort Ord; there are articles about local schools, shopping and entertainment, and much, much more. We try to supply plenty of information to help soothe the itch of curiosity that is always aggravated by moving to a new area.

At the same time, we have not forgotten our readers who have been here long enough to be well settled. Along with our standard Welcome Aboard articles, many of which admittedly have been reprinted several times, you will find up-to-date information on the Military Officers Ball and photos of the newly installed OSWC Executive Board members. Our regular feature columns are, as always, filled with new ideas, and our "Welcome to Monterey" section contains photos of some places and a bit of history that may have eluded you until now.



For both our old and new friends, we have again included an updated version of our "Telephone Guide and Hours of Operation." This valuable reference sheet is right in the center of the magazine so that it can be found with ease and speed. We hope that the information provided herein will prove helpful to all our readers, but to those of you who are just discovering the Peninsula, it is our way of saying, "Welcome Aboard!" □



COMMISSIONED OFFICERS AND FACULTY CLUB

The Naval Postgraduate School Officers' and Faculty Club is among the finest in the Navy. Its services are provided to all active duty officers of the Armed Forces, faculty members and other specific groups. BankAmericard and Mastercharge are accepted for package store, evening food services and El Prado bar.

Continental Breakfast — 0739-1030, El Rancho; Luncheon — 1100-1315, El Rancho (Cafeteria); Evening Dining — 1830-2130, El Prado (Friday and Saturday). TGIF on Friday nights 2100-0100. Music Friday and Saturday nights 2100-0100.

Attractive rooms at the Club are available for private parties, and the Club will provide prepared menu selections for home parties. For details call 372-1339.

Remember to make reservations early and do let the Club know if you must cancel them.

GUARANTEE ON PARTY RESERVATIONS

Private parties in our dining rooms for which reservations have been made for 20 or more persons, must sign a contract (at least 24 hours prior to the event) guaranteeing 95% attendance.



The beautiful sunken garden with pool, colorful flowers and well groomed plants sets the scene at Herrmann Hall at the entrance to the Commissioned Officers' and Faculty Club.

NPS PACKAGE STORE — 373-7511

— is located adjacent to the Post Office, near parking lot "E" at the rear of Herrmann Hall. Beer, liquor, wine, mixers, cocktail snacks and bar accessories are available.

Monday-Saturday 1000-1700
Open Friday evening until 8 p.m.

Welcome to OSWC

President's Message

by Cindy Whittle

Welcome to the Naval Postgraduate School and to the Monterey Peninsula! Although every military tour of duty is a new experience, this one offers everyone many unique opportunities. When we arrived in the area, I immediately became involved in the routine of unpacking, hanging curtains and stuffing closets full of unpacked boxes whose contents have remained a mystery for the last four moves. Consequently, it took quite a while for the full impact of our first "shore tour" to sink in. Without duty nights and inconveniently timed six-month deployments to contend with, I suddenly rediscovered how much fun my husband could be and, even better yet, how much the children enjoyed having their father home! We have enjoyed exploring the area as a family on the weekends and quarter breaks, but during the week when I lose my husband to the OR department, I have been busy discovering the many activities that the Officer Students' Wives' Club has to offer.

Through the varied talents of our members the OSWC is able to offer a long list of classes that are priced to fit a student's budget and scheduled to meet almost anyone's needs. The club also plans some type of function each month. Some upcoming events include a pool-side fashion show, the Military Ball, a luncheon featuring a speaker from the Pacific Grove Historical Society, and the annual Christmas Crafts Bazaar, along with the holiday parties for the children and Santa visits. On October 21, the



A.J. and Cindy Whittle —photo by Carole Morrell

OSWC will hold a Welcome Aboard coffee in Herrmann Hall. This coffee, which will begin at 8 p.m., will feature our production of "Cramalot," a skit about life at NPS which is guaranteed to keep you laughing. Details on these events and reservation forms can be found in the Pink Flyer, our monthly newsletter, which will appear in your husband's SMC box.



Because the membership of the OSWC includes wives from all branches of the Armed Forces, as well as international wives, participation in the club provides you with a chance to get to know other military wives with an entirely different perspective than yours. We hold a monthly governing board meeting in the Herrmann Tower Room in Herrmann Hall at 8:00 p.m. on the first Monday of each month. We always welcome a new face and encourage you to become involved in one of our many committees.

I sincerely hope that each of you will take the time to sample some of the activities that OSWC offers. The outgoing Board, headed by Cindy Pritchard, has done an outstanding job during the last six months. Its hard work has paved the way toward making wives' club involvement enjoyable and worthwhile for everyone.

I welcome any suggestions and am always glad to answer any questions. My phone number is 649-6806. Again—welcome to the area. I hope that you enjoy this tour. □

OSWC COURTESIES:

Courtesies are extended by OSWC in the form of flowers or cards to student wives who are hospitalized, seriously ill, or who have had a birth or death in the family. If you know of anyone to whom flowers or a card should be sent, please contact Carole Morrell, 646-8785. □

TO OBTAIN OSWC MEMBERSHIP fill out the form below and return it with the appropriate dues to Reanie Worley, SMC 1776. Dues are as follows:

Initial membership/renewal (2 quarter minimum) \$3.00

Each subsequent quarter/3 months \$1.50

(EX: Dues for 6 quarters/18 months \$9.00)

SMC _____ NEW MEMBER _____ RENEWAL _____ ACTIVE _____ ASSOCIATE _____

LAST NAME _____ FIRST _____ HUSBAND'S NAME _____

RANK _____ SERVICE _____ CURRICULUM _____ GRADUATION DATE _____

ADDRESS _____ PHONE _____

DESIRED LENGTH OF MEMBERSHIP _____ AMOUNT ENCLOSED _____

QUARTER MEMBERSHIP IS TO START (JAN; APR; JULY; OCT) _____

Interested in Committee Work? _____ Club Administration? _____

O.S.W.C. Executive Board



Cindy Whittle
President

Presides over the Executive Board, Governing Board and OSWC General Business Meetings and acts as liaison between OSWC and the staff of the Naval Postgraduate School. She appoints all standing committee chairmen and assistant chairman in accordance with OSWC by-laws and appoints special committee chairmen as needed. She acts as member, ex-officio, of all committees except the nominating committee. She also attends the Officers Club Advisory Board meetings and is the Family Ombudsman.




Cindy Birdwell
First Vice-President

Presides over meetings in the absence of the President, or in the event of the President's resignation. She coordinates the activities of the Curriculum Representatives. She serves as the Program Chairman, planning monthly activities to include all OSWC members during her term of office and a welcome coffee for new section leaders' wives each quarter.



Sue Youngren
Second Vice-President

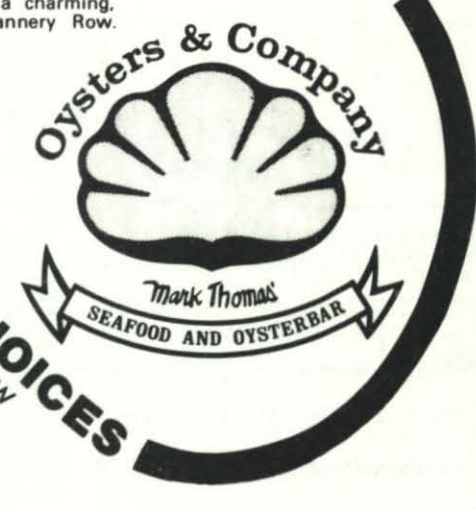
Presides over meetings in the absence of the President and the First Vice President. She acts as parliamentarian and serves as chairman of the by-laws committee. She is responsible for reviewing committee guidelines and extending all courtesies in the name of OSWC.



Mark Thomas Outrigger
on the shore, on Cannery Row
RESERVATIONS: 372-8543

Featuring the world-renowned Steamer Pan Roast—with fresh-from-the-sea oysters, clams, crab or prawns. Also splendid chowders and super seafood salads and Louies...in a charming, informal place. 700 Cannery Row. Phone: 372-8566.

TWO OUTSTANDING CHOICES
SIDE-BY-SIDE ON FAMOUS CANNERY ROW



Oysters & Company
Mark Thomas
SEAFOOD AND OYSTERBAR

September '82-February '83



Kathy Geary
Treasurer

Keeps all financial records and reports the bank balance at OSWC meetings. She prepares a budget for the approval of the Executive Board at the beginning of each six month term, pays all bills, Federal and State taxes, audits the books of money-making committees and is responsible for program reservations. At the end of her term, she audits the books. She checks the OSWC mailbox regularly and delivers mail to the proper individuals.



Christie Gaudio
Corresponding Secretary

She is responsible for the general typing, correspondence and mimeographing for OSWC. She maintains the supply closet, the mimeograph and related equipment. She is also responsible for producing the programs for the monthly luncheons.



Tina Molloy
Recording Secretary

Records the minutes of the Executive Board, Governing Board and General Business Meeting. She maintains all OSWC records and is responsible for typing and distributing certificates of commendation as directed by the President. She is also responsible for reviewing the committee notebooks.

OSWC Advisor



Laurel Srite

Curricular Representatives

Your Curriculum Representative, or CR, is your voice and note-taker at the OSWC Governing Board meetings. She acts as a liaison between the wives in her curriculum and the Executive Board, passing along whatever information you may need. Here is a list of the curricula with the Curricular Representatives' names and phone numbers:

Adm. Science	Debbie Shumway, 646-0374
Aero. Eng.	Janice Gordon, 659-2529
Air Oc. Sci.	Sheryl Rutsch, 649-8850
C-3	Bev Motz, 375-0125
Computer Tech	Evie Hickman, 372-9096
Elec. and Comm.	Karen Siple, 649-4667
NSA/Intelligence	Jan Milsted, 373-4581
Naval Eng.	Edie Walsh, 373-8867
OR	Janie Sutter 372-3624
Weapons Sys/ASW	Janet Therrien, 372-4407

OSWC Standing Committees

Activities

The chairman of this committee coordinates classes and seminars which are given by civilians or the wives of NPS students for members of the NPS community. She provides information on these courses to both the Pink Flyer and **CLASSMATE** for publication. She also maintains a list of service organizations which are in need of volunteers.

Adobe Tour

The chairman of this committee recruits and coordinates the activities of OSWC volunteers who serve as hostesses in one of the historic homes or other buildings which are open each spring for the annual Monterey Adobe Tour.

CLASSMATE Magazine

This committee includes artists, photographers, proofreaders, and writers, all OSWC members, who meet twice monthly. Together they produce ten issues of **CLASSMATE** each year. The editor is responsible for the content and layout of the magazine, as well as for coordinating the efforts of the staff and working with the typesetter and printer to insure a quality publication.

Distribution

The chairman and her helpers distribute the Pink Flyer, special flyers, and **CLASSMATE** through the Student Mail Center boxes. They also mail copies of these publications to honorary and associate OSWC members.



The Fluoride Festival is just one of the many events and activities in which OSWC committee members play an active role.

Fluoride Program

Each February the members of this committee serve as volunteers to assist at the annual Fluoride Festival - a special day when the NPS Dental Department offers screening, fluoridation and instruction in oral hygiene for dependent minors. The chairman of this committee serves as liaison between the OSWC and the NPS Dental Department in planning and coordinating this program.

Health Care

This representative attends a monthly meeting at the Presidio Health Clinic, and serves as liaison between NPS families and the clinic.

International

This committee of couples serve as sponsors for NPS students from foreign countries. They organize many activities for these international students and plan and coordinate the annual International Night festivities.

Membership

The chairman of this committee makes membership available to all those interested in OSWC. She checks to see that all those participating in OSWC-sponsored activities are OSWC members, and maintains a list of members who are interested in serving on OSWC committees.

Military Ball

This committee is responsible for the planning, decorating, publicizing, etc., of the annual Military Ball, which is generally held in October.

Military Community Benefits/Allocations

This chairman and her committee organize at least one fund-raising event during her term, the proceeds of which go to community and military charities.

Navy Relief

The Navy Relief Society Representative on the OSWC Governing Board keeps the members informed of all Navy Relief Activities.



IN DEL MONTE CENTER

a most unique store for . . .

NEEDLE CRAFT

- Needlepoint
- Knitting Yarn
- Crewel
- Paternayan Yarns
- DMC Products

Count Cross Stitch Supplies

Mon.-Thurs.-Fri. 10 to 9 Tues.-Wed.-Sat. 10 to 6 Sun. 12 to 5
720 Del Monte Shopping Center, Across from Saks, Monterey
375-3550

Highland Cleaners

Alterations
of all kinds

Free Pickup and
Delivery in
La Mesa and Ft.
Ord Housing



Specializing in:
Knits
Formal wear
Household Items

1201 LaSALLE AVENUE, SEASIDE • TELEPHONE 394-1457



Although this issue of **CLASSMATE** serves as a "Welcome Aboard" to the many new arrivals in the area, it is also a time to say "Farewell" to several special people. One of these is Mary Mahon, who has served as an Advisor to the OSWC and **CLASSMATE** for the past five years.

Despite her involvement with Little Theatre and other community interests, Mary has always had time to listen to the trials and tribulations related to organizing a group of 500 women and publishing our monthly magazine. Her interest and words of wisdom have helped the O.S.W.C. through dozens of mini-crisis and her time and effort have been deeply appreciated.

Mary will be moving to San Jose upon the retirement of her husband, Commander Edward Mahon. We are sorry to see both Mary and Ed leave, but we wish them the best of everything in the future.

Parents Auxiliary to the Child Care Center

The chairman and members of this committee serve as liaisons between the OSWC and the NPS Child Care Center. They also coordinate volunteers to participate in projects to improve the facilities at the Center.

Pink Flyer

This chairman edits, composes and types the monthly OSWC newsletter which includes up-to-date information on club activities. Whenever they are needed, she also prepares special flyers to supplement the Pink Flyer.

Publicity

This committee chairman, with the help of her assistants, creates posters to publicize OSWC events, and maintains the three OSWC bulletin boards. She also keeps a schedule for the use of the display windows on the lower level of Herrmann Hall.

Red Cross

The Red Cross representative to the Governing Board keeps the OSWC informed of Red Cross activities and recruits volunteers for various Red Cross programs/events.

OSWC Committee Chairmen

Activities	Jan Hughes, 646-9465
Adobe Tour	Juliann McPadden, 649-3690
Classmate	Janet Machak, 646-1340
Assoc. Editor	Elaine Powell, 649-5332
Community Bene./ Allocations	Linda Herret, 372-2821
Distribution	Chris Tritchler, 649-5131
Fluoride Festival	Donna Shimko, 646-0999
Health Care	Eunis Benecke, 372-4756
International	Susan Sentmen, 646-8354
International Rep.	Helen Hammond, 373-5303
Membership	Melinda Bramlett, 372-7391
Military Ball	Kathye Geary, 646-1309
Navy Relief	Nancy Doernhoefer, 373-8260
Nominations & Elections	Jenny Inskeep, 372-4272
Pink Flyer	Kari Blocher, 649-3974
Publicity	Pat Whitworth, 646-8402
Red Cross	Sue Youngren, 649-4126
Ways and Means	Beth Milton, 646-8341
	Sandra Galatioto, 649-4138
Christmas Crafts	Sue Porritt, 646-9082
	Lesley Quigly, 646-1946
Welcome Aboard	Lyn Finnerty, 372-5460
Child Care Center	Carole Morrell, 646-8785
	Cindy Pritchard, 372-3919

Ways & Means

This committee coordinates money-making projects for OSWC and makes all arrangements for Bargain Fairs, the Christmas Craft Bazaar, and Santa's visits.

Welcome Aboard

This committee sends a letter of welcome to each student wife prior to her arrival in Monterey. They also arrange quarterly Welcome Aboard Coffees to acquaint new wives with OSWC and its activities. □



JOSELYN BICYCLES

Finest Bicycles from Around the World

Closed Sun. & Mon.

Military Discounts

649-8520

Sales - Service • Family Trade Since 1870

638 Lighthouse Avenue Monterey, California 93940

Suds & Scissors

Professional All Breed Dog Grooming

Carmel Rancho Shopping Center

Judy McCarthy - Owner Groomer



624-4697



*All Naval Postgraduate School
Students, Staff and Spouses
Are cordially invited to attend the
Welcome Aboard Coffee
October 21, 1982
8:00 p.m.
Barbara McNitt Ballroom
Herrmann Hall*

*featuring CRAMALOT
information on activities
refreshments*

*R.S.V.P.
372-5460
Lyn Finnerty*

Cramalot

by Jane E. Neboshynsky

Once upon a time, not so very long ago, there was a little community called La Mesa Village. There were lots of little houses, some complete with ants, others with mice, and all with oakworms. In these little houses lived families from all over who would only be here a short, but enjoyable time. The daddies from these little houses left every day (like lemmings headed for the sea), for the more palatial buildings at the Naval Postgraduate School. Most of the mommies got to stay home with their children (if they had any), and the ants/mice/oakworms (even if they didn't have children).

As time went on, the wives in this little community decided that their lives here in La Mesa Village were worth recording for posterity. Almost fifteen years ago, the first CRAMALOT show was presented during the Welcome Aboard Program.

CRAMALOT describes how truly wonderful shore duty can be. Husbands are home, but sometimes only because home is where their pillow is. Occasionally the husbands and wives could afford a babysitter (at \$1.50 per hour it wasn't often) and went out for an evening together. Usually, the mommies ate Ravioli-O's with the children (again), and

the daddies ate what they could find in the vending machines next to the Computer Room.

CRAMALOT defines this tour of duty as nothing else can. If you have just arrived at this idyllic duty station, or if you have never seen CRAMALOT, take time to join the rest of the wives for the latest production of CRAMALOT. Even if you have been here a while, or have seen CRAMALOT before, join us at the Welcome Aboard, anyway. Like any first-rate tale, CRAMALOT only gets better each time it is re-told. □



The longer you've been at NPS, the more you can appreciate CRAMALOT. Bring a new neighbor and enjoy the Welcome Aboard Coffee together.

**Dine in
Victorian Splendor**

BREAKFAST

Served 8-11 am
Pancakes, Omelets,
Fresh Fruit & Yogurt

LUNCH

Served Daily 11-3
Hot Sandwiches, Omelets,
More!

**VICTORIAN
CORNER**



**541 Lighthouse
Pacific Grove
372-4641**

DINNER

Served 5:30-9:30 pm
Closed Sunday Night
Served with Soup or Salad
Rice, Vegetable, Bread & Butter
Fish, Chicken, Veal &
Italian Specialties

Homemade Desserts

Playground Completed

Parent Auxiliary to the NPS Child Care Center

by Carole Morrell

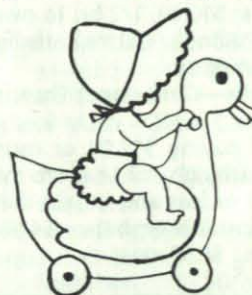
The newly established Parent Auxiliary to the NPS Child Care Center came into being with a bang last month when a handful of "volunteered" fathers completed the new playground area for the two year olds. The project was the brainchild of the Auxiliary which was established as a joint venture of the Student Council and the O.S.W.C. under the auspices of the Welfare and Recreation Department headed by Commander Ritz. The volunteer "daddy force" included Dave Birdwell, Del Pritchard, Mike Connelly and Mike Morrell with expertise being added by BU2 Kelly Billings who is assigned to the Welfare and Recreation Department at NPS. This stalwart group met on successive Saturdays to clear stumps, dig post holes, build the fence and finally deposit the sand for



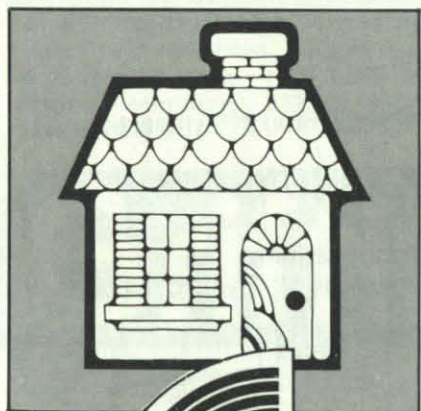
Mike Morrell, Dave Birdwell, Mike Connelly, and Del Pritchard put in a lot of long, hot hours of work creating the new playground for

toddlers. The patrons of the NPS Childcare Center say, "Thanks."—photo by Kelly Billings

the play area. The new playground provides an outdoor area where the young toddlers can play separately from the older Child Care "customers" and will probably be utilized by the "just walking — almost three" crowd. This is the first of what the Auxiliary hopes to be many self-help projects to improve our Child Care facility. □



MOVING TO... • NORFOLK



Goodman Segar Hogan

Residential Sales Corporation
3529-A Virginia Beach Blvd.
Virginia Beach, VA 23452
Atten: Glenn Russell

CALL HIM COLLECT

• 804-463-0298
• 804-340-3232

- VA. BEACH
- PORTSMOUTH
- CHESAPEAKE
- NEWPORT NEWS
- HAMPTON



GLENN RUSSELL
MEMBER MILLION DOLLAR SALES CLUB

Goodman Segar Hogan is Tidewater Virginia's largest full-service real estate company with thirteen sales offices and many fine residential properties. Glenn Russell, one of our relocation specialists, can provide you with personalized service. Call now for a free welcome kit and for up-to-date market information.

CLIP COUPON

Atten: Glenn Russell

I'm moving to: _____

When? _____

Price Range _____

No. of Bedrooms _____

Name: _____

Address: _____

Phone: () _____

OSWC Activities

by Jan Hughes

Aerobic Dance - Karen Curtis (375-2660).

A fitness program which combines cardio-vascular exercise with music and dance routines, choreographed by Jackie Sorenson. One hour classes twice a week. Tennis shoes required.

Art of Make-up - Janice Sanford (646-0950).

Four lessons include skin care; highlighting, contouring and rouge: eyes and lips, evening and daytime, and wardrobe tips. Cost: Members: \$10.00, Non-members: \$12.50 for 8 hrs. of instruction, 2 hrs./week.

Beginning Piano - Mildred Kline (624-9541).

Piano for beginners, ages 5 1/2 to 8. Members: \$7.70, 1/2 hr. Non-members: \$10.00, 1/2 hr. In own home or Mrs. Kline's Carmel studio. Must have own piano.

Bathing Suits—Girls - Janet Therrien (372-4407).

Tired of paying \$12.00 or more for a child's bathing suit? Learn to make one for \$4.00 or less and in less than 2 hrs. time. Cost: Members: \$4.50, Non-members: \$6.50.



Children's Introduction to Dance Movement - Malia Barron (624-3944).

Structure and dynamics of dance and movement with emphasis on balance, coordination, exercise, rhythm, and body awareness. Four levels of students: 3 yrs. old, 4-6 yrs. old, 7-9 yrs. old, 10-12 yrs. old. Cost: Members \$24.00; Non-members \$30.00. Eight weekly 1 hr. sessions. Students supply own ballet slippers.

Counted Thread Cross-Stitch - Dewey and Dori Teske (372-0410).

Come to see how simple and beautiful cross-stitching is. Learn this inexpensive and relaxing art in 4 easy lessons. All materials are supplied except an embroidery hoop, a pair of scissors and some enthusiasm. Husbands and teenagers are welcome. Cost: Members \$20.00; Non-members \$22.00.

Creative Dance/Movement Education - Terri Grimshaw (624-3799 or msg. 624-2869).

Children need to move ... a lot! Come join the fun. Experience the joy and laughter of life through movement and dance. Cost: Members \$3.50/lesson; Non-members \$3.75/lesson.

Crochet - Christine Trichtler (649-5131).

Learn basic crocheting stitches, pattern reading and afghan stitch. Students provide own materials and will work on a project of own choosing. Five 2 hr. sessions. Members \$15.00; Non-members \$20.00.

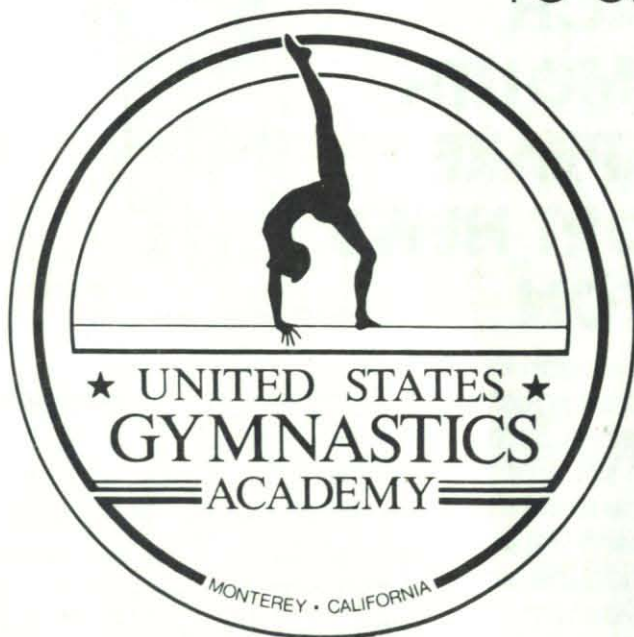
English Smocking - Sheryl Brandt (372-2322).

Take a sampler with the 5 basic stitches, 4 kinds of flowers and stacking cables on it and learn how to smock the dress of your choice and sew it together so you have a completely finished garment. Members \$20.00; Non-members \$25.00. Some additional expense needed.

Intermediate Piano - Barbara Calland (649-5608).

Learn to play major and minor scales, arpeggios and techniques necessary for all styles of piano music. Level and choice of music will be determined by ability and interests of the student. Lessons are 45 min./week in instructor's home. Members \$8.00; Non-members \$10.00.

WE SPECIALIZE IN TEACHING GYMNASTICS TO CHILDREN



Improve your child's Fitness through Gymnastics

Classes tots to teens

- Pre-School Movement Academy
- Girls & Boys Instruction on all Olympic events
- Adult Classes
- Top Level Competitive Teams
- Small Class Size
- Individualized Instruction

FUN • PHYSICAL FITNESS • COORDINATION
SELF-IMAGE IMPROVEMENT

Don Covington, Director

B.S., M.Ed. Temple Univ., 18 years teaching & coaching experience

880-B TIOGA AVE., SAND CITY (near K-Mart & the Auto Center)

899-4141

A NON PROFIT ORGANIZATION

International Cookery - Valerie Koogle (649-3147).

Enjoy delicious meals prepared before your eyes by International wives as well as a fun evening of that country's culture, songs and crafts. To be offered Thursday evenings. Members \$18.00; Non-members \$20.00.

Investment Planning - David Allard (373-3071).

Investment alternatives from a financial planning viewpoint. Purpose: to review the various investment alternatives, including ways to invest Individual Retirement Account (IRA) monies, appropriate to attainment of personal financial goals. Class is 2 hrs./week for 2 weeks. Cost: Members \$7.50, Non-members \$15.00.

Japanese Flower Arranging - Hobi Hayashi (375-1066).

Live samples of arranging and diagrams given to students. Lectures of history of Japanese arrangements, conditioning of materials, color, harmony, proportions, balance and scale. Members: \$1.50/lesson, Non-members: \$2.50/lesson. There are 17 lessons. No additional cost unless flowers are needed.

Knitting - Joan Brown (372-2075).

Learn basic stitches and variations and how to read patterns, to finish wearable or usable knitted items from a child's knitted Christmas stocking to round lace doilies. Members \$11.00; Non-members \$15.00 for 5 weekly 1-1/2 hr. sessions.

Learn to Crochet - Joan Brown (372-2075).

Make Christmas angels to baby sweaters. Supply your own pattern or choose one of mine. Learn basic stitches and how to read directions. Gauges done for wearable items. Five 1-1/2 hr. lessons. Members \$11.00, Non-members \$15.00.



Natural Childbirth - Martha and John Kirtley (372-4491).

The Bradley method of husband-coached childbirth. Study nutrition, how your baby develops, labor, newborn care, post-partum care and true natural childbirth with an experienced teaching couple. Members \$40.00, Non-members \$45.00.

Needlepoint - Sally Dewy (624-2250).

For beginners: \$30.00 members, \$35.00 non-members. Learn basketweave and continental stitches. For intermediate: \$35.00 members, \$40.00 non-members. Learn basic 16 stitches, then progress on their own. All supplies included.

Organ or Piano Instruction - Sue Mullane (646-1394).

Popular, classical or church-style. Classes include study of basic theory, technique, all manual/pedal note reading, chord accompaniment and some improvising. Students under 10 yrs.: Members \$5.50/ 1/2 hr., Non-members \$7.00/ 1/2 hr. Students over 10 yrs.: Members \$8.00/45 min., Non-members \$10.00/45 min.

Prepared Childbirth - Christine Bobowiec (649-0459).

Information about childbirthing for the normal and complicated delivery, female anatomy and physiology, exercise and nutrition, breast feeding and infant care. Members: \$30.00, Non-members \$33.00. Seven 3 hour classes.

Quilting - Robin Pugh (624-3368).

Come learn to do basic quilting. Work on any project of your choice. Practice on larger quilt. Six 2 hr. lessons. Students supply own materials. Cost: Members \$20.00, Non-members \$25.00.

Tennis Instruction - Jane Porter (649-0530).

Learn the fundamentals of the forehand, backhand, serve, volley, overhead and lob, singles and doubles strategy, scoring, rules and etiquette. Cost: Members \$18.00, Non-members \$20.00 for 6 one hour classes.

Violin and Viola Lessons - Mildred Kline (624-9541).

Lessons are \$7.50/hr for members, \$10.00/hr. for non-members. Students supply own instrument.

Tutoring

Reading - Susan Carr (372-6673).

Cost: Members \$8.00/hr., Non-members \$10.00/hr.

Reading and Math - Ginny Carrigan (646-9775).

Cost: Members \$8.00/hr., Non-members \$10.00/hr.

Elementary Reading, Spelling and Math - Patty Fuqua (649-5690).

Cost: Members \$7.50/hr., Non-members \$8.00/hr.

All Elementary subjects and most Jr. and Sr. High subjects - Kathy Lombart (384-5304).

Cost: Members \$8.00/hr., Non-members \$10.00/hr.

Chemistry - Kathye Geary (646-1309).

Cost: Members \$5.00/hr., Non-members \$7.00/hr.

Griffith's UNFINISHED FURNITURE

855 BROADWAY, SEASIDE • 394-6301

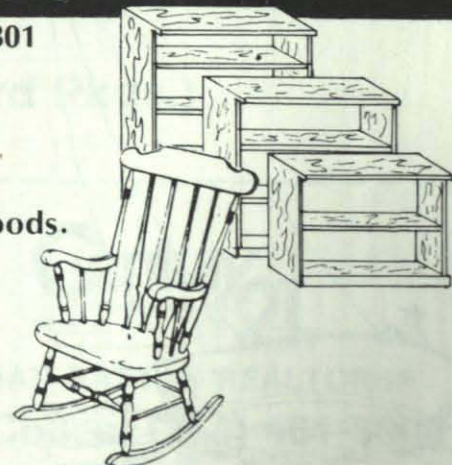
YOU CAN
have solid wood
and save \$

Specializing in oak and other hardwoods.

"It pays to visit us"

LARGEST
variety of
UNFINISHED FURNITURE

3 Monthly Payments Same As Cash To All NPGS Students



An Evening to Remember

Dine & Dance Oct. 9, 1982

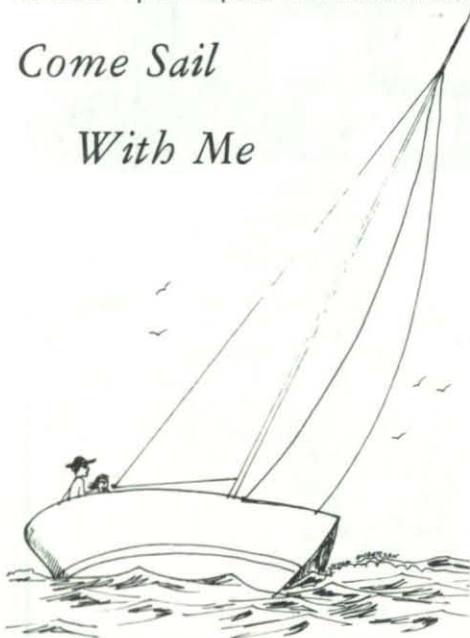
It's now time for the wives to get their formals cleaned and pressed, (or to start shopping for a new one, if you're lucky!) and for the husbands to get their uniforms out of mothballs. October 9th, the date for the Military Officers' Ball, is fast approaching.

Festivities begin with a cocktail hour (no host bar) from 6-7 p.m. in the La Novia Room and Terrace. Following seating in the Barbara McNitt Ballroom and the traditional opening ceremonies, everyone will be treated to a delicious Prime Rib dinner at 8 p.m. The U.S. Navy Band from San Diego will provide dinner and dancing music from 9:30 p.m. to 1:30 a.m.

Dress for the evening will be Dinner Dress Blue Jacket for all military personnel, formal attire for the ladies, and the civilian equivalent formal attire for the gentlemen.

Tickets will go on sale in the SMC breezeway on September 16th from 9:30-11:00 a.m. and 12:30-2:00 p.m. at the price of \$18.50 per person or \$37.00 a couple. Any remaining tickets will be sold the following day, September 17th, from 11:00 a.m. to 1:00 p.m. Group seating is available upon request with a maximum

*Come Sail
With Me*



of 8 persons per table. To avoid confusion and delay during ticket sales, we ask that you please have your seating request form and all checks completely filled out to correspond with the number of tickets you plan to purchase. Watch for an OSWC Special Flyer containing the seating request forms to be distributed via the SMC boxes.

Trend Studios will be on hand during the evening from 6-11 p.m. to take souvenir color pictures.

The NPS Child Care Center will be open until 2 a.m. for your convenience, and reservations will be taken on September 27th.

Don't miss this opportunity to join your classmates and friends in helping to celebrate the Navy's 207th birthday. It will be an evening to remember. □



The Custom Wedding

460 DEL MONTE SHOPPING CENTER (408) 373-1041

BRIDAL AND FORMAL APPAREL
SPECIAL OCCASION BALL GOWNS

inside Howards at



Del Monte Center

Howards'
of Monterey
Del Monte Shopping Center

*invites you to attend our
Grand Re-Opening Celebration
See the completion of our "face lift."*



Register for a \$1000.00 wardrobe. Drawing September 30.



Join Club 13 . . .

*you buy 12 items over a period of time and you receive the 13th item free
(average of the 12 items purchased)*



*The leader in women's fashions . . .
See our collection of long evening dresses for your military ball.*



42 years in business on the Monterey Peninsula.



OHMAN-RATTAN REALTORS®

8655 NAVAJO ROAD
SAN DIEGO, CALIFORNIA 92119
(714) 461-3900, 265-1496

ARE YOU GOING TO SAN DIEGO

**BE SURE TO HEAR ABOUT
AFFORDABLE HOUSES THERE!**



LAURA ROGERS



JACK FORNESS



ELAINE FORNESS

**Contact your San Diego Military Relocators
for a relocation program tailored
to your housing needs.**

Write or Call Collect for Complete Info. on San Diego:

- Home Financing
- Communities, Schools
- Bases (Including Welcome Aboard Pkgs.)
- Industry

NAME _____
ADDRESS _____
CITY _____ STATE _____
PHONE _____ ZIP _____
RANK _____
EXPECTED DATE OF MOVE _____



OHMAN-RATTAN REALTORS®

Call Collect (714) 461-3900

**ASK FOR LAURA,
JACK OR ELAINE**

Welcome to Classmate

Out of Mischief

by Linda Booth

Now that school has started, we are constantly being bombarded with the after school phrase "I'm hungry. What can I have to eat?"

It's so boring to be told every day to have a piece of fruit or a slice of cheese. Some days my children lose their appetite when given these choices.

Well, after looking through some cookbooks for children, I found some very tasty recipes for snacks. These are snacks that the children can make themselves and if you get into the act you can have a good feeling about this time that you are spending with your kids.

In the cookbook, *Pickle in the Middle and Other Easy Snacks* by Frances Zweifel, there are directions for stuffing celery with cream cheese mixed with a little olive juice and sliced olives. You can also spread this mixture on crackers.

"Yogurt Fruit Crunch Lunch" is made by putting banana slices on a lettuce leaf



on a plate. Then, spoon $\frac{1}{2}$ container of a fruit yogurt over the bananas and sprinkle with crisp Chinese noodles. You can substitute pears or peaches for the banana and salted peanuts for the noodles.

For "Tuna Cottage", put a can of chunky tuna in a bowl, mix with tiny pieces of sweet pickle and $\frac{1}{2}$ cup cottage cheese. Spread the mixture on celery sticks or crackers.

To make "Pickle in the Middle", cut vienna sausages into thirds, cut small squares of cheddar cheese, and slice sweet pickles into bite-sized pieces. Put a sausage, a pickle and a piece of cheese on each toothpick and serve.

Here are a couple of recipes I found in Betty Crocker's *Cookbook for Boys and Girls*.

Wash and pare one carrot and wash a half celery stick. Cut each into small pieces and put in the blender. Add $\frac{1}{4}$ teaspoon salt, one teaspoon paprika, three ice cubes, and $\frac{2}{3}$ cup tomato juice. Blend on high speed for 20 seconds. Serve at once. This is called "Tomato Mush".

"Quick-Energy Pickups" sound delicious. For about 30 pickups, crush 3 or 4 graham crackers. Mix one cup powdered sugar, one cup crunchy peanut butter, one cup semi-sweet chocolate chips, $\frac{1}{2}$ cup instant nonfat dry milk and 3 tablespoons water. Shape teaspoonfuls of the mixture into balls and roll in the graham cracker crumbs. Place on an ungreased cookie sheet and refrigerate twenty minutes or until firm.

These are only a sample of the recipes in the above mentioned books. The books are in the public library if you would like to check them out for more tempting treats.

Get out those measuring cups and spoons, remember to be patient, and whip up some scrumptillumptious snacks. Good luck! (Let the kids help clean up afterwards. They need to learn that part too.) □



Monterey Gymnastics Center

Hiroshi Fujimoto, Rick Johnson, Gloria Elber

EDUCATIONAL GYMNASTICS

A Non Profit Organization

Complete Professional Program For All Ages,
From Tumbling For Tots Thru Boys & Girls

Championship Teams

We Welcome Military Families

SERVING THE OVERALL DEVELOPMENT OF CHILDREN

OUR GOAL:

PROMOTE BALANCE • COORDINATION • AGILITY
DEVELOP CONFIDENCE & SKILL • MOVEMENT EXPLORATION
CO-EDUCATIONAL—ALL LEVELS

220 DELA VINA AVE. • MONTEREY • 373-1694

Are you an
artist or
photographer
?



call 646-1340

Chatter Box

by Charlotte Riley

Like so many mothers, I love to read. But, where's the time? So I usually settle for a quick cup of coffee and a few short, interesting articles from my favorite magazines. Over the years, I have learned many useful and interesting ideas from this crash method of keeping informed. Here's some "chatter" on a few of these ideas.



If you have a "sleepyhead" in your home, as I do, you might try these suggestions to avoid those ugly scenes in the mornings: give your child his own alarm clock (but do not show him how to use the snooze setting). If that fails, try making a game by setting a timer for ten minutes. If he or she beats the timer, a reward is in order. This idea can also be used with the "slowpoke undresser" after school.

Still have a few old school supplies like metal lunch boxes and plastic bubble umbrellas lying around? Recycle! The lunch boxes, repainted, make excellent storage for small kitchen gadgets like cookie cutters, and more. But don't be surprised to find collections of little army men or small cars replacing the cookie cutters! The umbrella makes an inexpensive mini-greenhouse for starting plants. Remove the handle and stick in the ground.

Once the children are in school and you want to do a little fall cleaning, try this: tie ribbon or yarn loops (large size) to stuffed toys and hang them on hooks in their rooms. They stay cleaner and make a cute decoration for the room.

Here's a notion: an inexpensive window shade makes a great and convenient blackboard for children. Paint one side with blackboard paint and mount on a strip of wood with brackets. Roll up when not in use.

With school about to begin, it is important to remind our very impressionable children of ways to keep them SAFE. These ideas are not new and I'm sure you have said them to your child many times. However, REPETITION is the key in teaching safety to your youngster.

Your child should never ...

Take rides from anyone he doesn't know.

Go with strangers who ask directions.

Go with strangers who offer to pay him for a job.

Wait or play around restrooms.

He or she should never wear t-shirts with their name printed on them; it makes it very easy for a stranger to strike up a conversation.

Parents should always ...

Know how to reach your children's friends.

Know where they play.

Know what they are wearing when they leave the house.



Speaking of safety, as children take to the streets this Halloween, there are some very real dangers that can be avoided with careful planning. Here are some suggestions for a happy and safe Halloween:

Instead of buying or making masks that interfere with a child's vision, create a face with make up (don't forget the cold cream undercover). Put reflective strips on bags and costumes. Don't allow children to carry bulky objects such as broom sticks. No bicycling house to house, as their bag and costume can interfere. Encourage children to bring home all goodies for inspection before eating. If possible, go during daylight and accompany children. DRIVE slowly on Halloween. Excited children can forget to obey traffic rules. C

Oscar Hossentellder's

RESTAURANT • MERRY-GO-ROUND • ICE CREAM

Bring this
ad for a
**FREE
RIDE**

Available for special parties of all kinds (up to 5000 or as small as you like). Special arrangements are made for all age groups. For example a kiddies party for pre-schoolers includes a kiddie sundae, party hat, soft drink, funmaker and a ride on the authentic 1905 merry-go-round for \$3.15 each. For adults there's Capone's Roaring 20's party including cocktails, dinner, entertainment, ice cream orgy, merry-go-round rides and surprises.

Try Oscar Hossentellder's Fabulous Formula Ice Cream.

Gold Medal Winner, California State Fair 1979-1980-1981

Edgewater Packing Company

640 WAVE STREET • ON CANNERY ROW, NEXT TO THE WAREHOUSE 649-1899

INTERNATIONAL MESSAGE



by Susan Sentman

In perpetuating the motto, Sharing Cultures=Making Friends, the International Committee keeps busy with many varied activities designed to share our American culture and our friendship. This summer there was a trip to Disneyland, tickets to the Salinas Rodeo and a family picnic. There are quarterly dinner dances to honor the graduating Internationals and Sponsors, as well as quarterly bus trips to San Francisco. Twice a year we have the ladies Welcome Aboard Coffees. In December there is a children's Christmas Party and in April International Day/Night. There are rafting trips in summer and skiing trips in winter with skating outings in between.



The International Committee Board Members

Chairmen: Larry & Susan Sentman, USA, 646-8354

Assistant Chairmen: Nick & Helen Hammond, Australia, 373-5303

Sponsor Chairmen: Pel & Ann Boyer, USA, 373-6059

Cultural Chairmen: Geri & Alison Jevne, Norway, 624-3505

Social Chairmen: Wes & Catherine Schmidt, USA, 373-0058

Entertainment/Flag Chairmen: Del & Cindy Pritchard, USA, 372-3919

Furniture Closet: Bill & Sharon Baker, USA, 375-9254

Cooking Chairmen: Grayson & Valorie Koogler, USA, 649-3147

With these and other activities, such as the cooking classes and cookbook, we manage to provide a variety of things to spark the interest of our many members.

As we are always looking for new sponsors to host our newly arrived Internationals, so are we always looking for new committee members, American and Internationals, as well as chairmen to keep up with the ever-changing enrollment at NPS. The committee, in conjunction with the International Education Office, plans the various activities, which provide rewarding and fun times for all.

Two of the committee's main goals are to provide American hosts for the Inter-

national students and to provide usable furniture for the many International students who are unable to bring household goods with them.

One of the unique factors of the International Committee is that it involves the husbands whenever they have time to join us, making our board meetings a pleasant mixture of business and pleasure with valuable input from the man's point of view.

I'm sure that the other members of the Committee will join me in saying this is one of the most rewarding and enjoyable things we have done. If you would like to join us in sponsoring and/or committee work give me a call.

INTERNATIONAL OFFICERS



RETURNING HOME?

We represent the largest International movers of household goods and personal effects throughout the world. Pioneers in International moving, we provide a containerized service which is first in quality and dependability. Let us show you how to save your moving dollars.

S&S TRANSFER & STORAGE, INC.

Please phone 899-1011 and ask for the Export Manager.

A SHOW AT YOUR TABLE

Teppan yaki cuisine. Succulent seafoods, steaks, chicken — quick-cooked and served by your chef at your table. You'll love it!

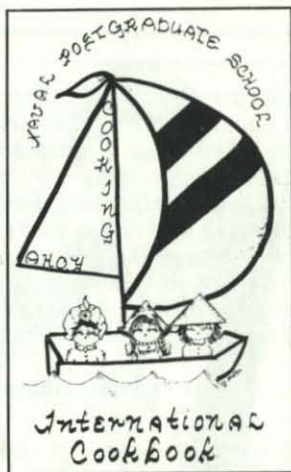
Traditional cuisine in Tatami Rooms

Free Parking
Heritage Harbor Garage
Lunch • Dinner 'til 10
Cocktails • Closed Mon.
Near Fisherman's Wharf



RESTAURANT, GIFT SHOP, TERIBAR (SNACKS IN A GARDEN)
136 OLIVIER ST. • MONTEREY • 375-5264

Flavors from Around the World at NPS



With the coming of fall on the Monterey Peninsula, it is time to enjoy not the smells and sights of the season, but the flavors of International Cooking.

The International Cooking Committee has been busily coordinating its next session of International Cooking classes due to start on October 14th. They have also been compiling an International Cookbook of over 250 recipes, hoping to have you all enjoying the many flavors found here at NPS from around the world.

Recipes are featured from the many countries represented here as well as from different regions of the USA. A heartfelt thanks goes to this busy committee and all of the contributing Internationals and sponsors. This cookbook should prove to be a practical and enjoyable way of taking a bit of our unique community with us when we leave Monterey.

We are expecting the cookbooks to arrive in time for Christmas giving, and they will be on sale for \$4.75 a copy. There will be pre-paid sales for all those leaving Monterey before November. If you would like to order a cookbook to be mailed to you, or to reserve a book, contact Valorie Koogle at 649-3147 or Jane Bell at 372-1937. Watch for posters with information on when and where the cookbooks will be sold.

The cooking classes consist of a set of six meetings at 8 o'clock for approximately 1½ hours on Thursday nights at La Mesa Community Center. A different country will be featured at each class, taught by wives from that country. Here you will be able to see how the food is prepared, learn a little about the country, share the food, and take new recipes home to your families. You may sign up for the entire set of classes or take them separately. Come join us for an enjoyable, informative evening! Give Valarie or Jane a call and sign up now. See you there! □



Monarch Dental Group
Family Dental Health Center



SMILE!

At The Monarch Smile Center, we want to help you keep your smile forever. So we have created a convenient Oral Hygiene program designed with you and your budget in mind.

We will clean your teeth—a gentle, but thorough scaling and polishing—provide a dental evaluation, and instruct you in proper home care techniques for just \$28.00 for adults, and \$20.00 for children.

Your smile is an important part of *you*. Let us help you make your smile the expression of good health and friendliness that it can be. Call us for an appointment TODAY!

The Monarch Smile Center
675 Pine Ave., Pacific Grove
Telephone 649-1057

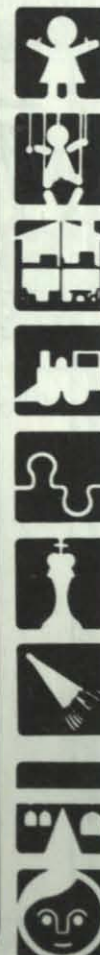


A TOY STORE FOR EVERYONE

A unique selection of imported and domestic gifts and toys for all ages. We also offer a complete hobby center at our upstairs train shop. Do pay us a visit.

**THINKER
TOYS**

LOWER LEVEL • CARMEL PLAZA • (408) 624-0441



The Peripatetic Palate

by ~~Linda Conn~~ by Michael Connelly

Somehow it did not seem quite fair, Linda in Pensacola, having a good time, working on her suntan, and spending all my money, and me, here in fog-bound Monterey, slaving over the books. So when some friends asked me to join them for an evening out, how could I possibly refuse, especially since I promised Linda I would review a restaurant for her.

First let me say the choice of the restaurant was not mine, so I can take no credit for a great find. The choice of my dining companions was **Gregory's Stonehouse Restaurant**. As I understand it, there has been a restaurant there for some time, but it will have been **Gregory's** for only a year this September.

As we walked up the stairs to the restaurant, I thought to myself, this is a classy place, what am I doing here? Classy indeed, the interior was tastefully and simply decorated in pastel tones, very warm and inviting. In the dining room there were only eight tables, which lent a feeling of intimacy, and I felt my dinner would be getting the chef's personal attention.

Gregory's Stonehouse Restaurant

2999 Monterey-Salinas Hwy.

The dinner menu is written on a small chalkboard and is brought to each table. Our host, Robert, briefly described each of the eight entrees and then left us for a few minutes to ponder our choices. Being naval officers and accustomed to making quick decisions, we decided to further study our options over appetizers. Picking the right appetizer was considerably easier. Out of a choice of oysters on the half shell, blue crab, scallops, and artichoke hearts, the winners were the oysters and the artichokes, both of which were excellent.



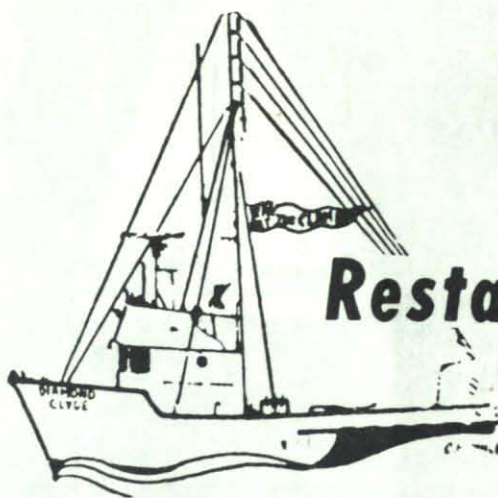
Back to the task at hand. For the non-adventurous there was rack of lamb, which I can highly recommend, fresh salmon and trout, veal picatta, and tournedo Henri IV. For those with more daring tastebuds the choices were wild boar brochettes, Scottish venison or duckling with wild cherry sauce. All the dinners included lentil bean soup and a salad with a very cheesy and chunky bleu cheese or homemade creamy Italian dressing.

When our dinners arrived—wild boar, tournedo Henri IV and rack of lamb—the feast of the eyes was as exciting and inviting as was the taste of the food. A bright red, ripe tomato occupied the center of the plate; off to one side was fresh broccoli with a creamy sauce, and on the other side, fresh sliced carrots. Occupying the far part of the plate was a bird's nest of crispy au gratin potatoes with two halves of a small potato on the inside, looking very much like two tiny bird's eggs. Each dinner was identical in appearance except for the main course which occupied the front third of the plate, and the wild boar brochettes which were served on a bed of rice.

The dinner was delicious, the company excellent, and the setting charming. What more could I ask? Two things in my opinion. First, the dinners, considering the fine quality, were reasonably priced between \$14.95 and \$19.95, and a bottle of wine could be had for \$7.00. However, I thought the appetizers were overpriced at \$4.50 apiece. Second, the cheesecake was disappointing, especially when compared to the rest of our dinner.

Would I go back to **Gregory's** again?—In a heartbeat. But I would not order an appetizer and I would have the chocolate truffles, one laced with cognac and the other with amaretto, for dessert. All in all, **Gregory's Stonehouse Restaurant** is a very fine place for dinner. □

DISCOVER



the
clam
box
Restaurant &
Cocktail
Lounge

mission between
5th & 6th, carmel

624-8597

Cocktails 4 to 10 in the Lounge
Dinner 4:30 to 9 in the Main Dining Room
Closed Monday

NAVY BLEU

by Sue Youngren

AVOCADO. Some consider it a fruit for the gods. Others, like my father, define it as identical to eating a spoonful of vaseline. If you are undecided, I have discovered some ideas for trying this unique food. There is much more to do with avocados than just make guacamole.

Begin with breakfast. Introduce your husband to avocados through this tasty treat.

Bacon and Avocado Omelet

For each omelet:

- 2 eggs
- 2 tsp. water
- dash salt
- 2 drops Tabasco
- 1 T. butter
- 1/2 ripe avocado
- 2 slices cooked bacon, crumbled
- 1/2 t fresh chives, cut in small pieces

Mash avocado and combine with bacon, chives and a dash of salt and pepper. Set aside. Mix eggs, water, dash salt and Tabasco. Melt butter in omelet pan or skillet over moderately high heat. Pour egg mixture in pan and allow to cook. Spread filling over center of omelet when eggs are done. Fold omelet in thirds and serve immediately.

Here is an excellent choice for a special luncheon. Serve it with a green salad and white wine.

Crab and Avocado Omelet

For each omelet:

- 3 eggs
- 3 drops Tabasco
- 1 T. water
- dash salt
- 1 1/2 T. butter
- 2/3 C. flaked crab meat
- 2 green onions thinly sliced
- 1/2 C. diced avocado

Beat eggs, tabasco, water and salt together. Set aside. Melt butter in a skillet or omelet pan. Add crab and green onions. Cook 2 to 3 minutes, until butter is lightly browned. Pour egg mixture into skillet on top of crab meat. Sprinkle with diced avocado. Cook until egg is done. Fold in thirds. Serve on warm plate.

Finally, to begin an elegant dinner, serve one of these.

Creamy Shrimp and Avocado Bisque

- 1 can condensed cream of asparagus soup (10 oz. can)
- 1 can condensed cream of potato soup (10 oz. can)
- 1/2 tsp. curry powder
- 1 soup can milk
- 1 soup can half-and-half
- 1 C. cooked shrimp, cut in pieces
- 1/2 avocado, peeled and chopped
- 1 T. minced chives

Combine soups and curry in a large saucepan. Stir in milk and half-and-half. Heat thoroughly over low heat, stirring occasionally. Mix in shrimp, do not boil. Pour into soup tureen; gently stir in avocado. Sprinkle with chives. Serve at once. (NOTE: May be chilled and served cold)



Cream of Avocado Soup

- 2 ripe avocados
- 1 1/2 C. chicken broth
- 3 T. lemon juice
- 1 C. light cream
- salt and pepper
- dash Tabasco
- Croutons or bacon bits

Peel and seed avocados. Dice pulp and place in blender container. Add chicken broth and lemon juice. Cover and blend until smooth. Add cream, salt, pepper and Tabasco. Blend well. Chill. Serve icy cold topped with croutons or bacon bits. Serves 4. □

THE CHEESE CENTER

Introducing *simple elegance* to your entertainment plans with fine cheese and paté platters for two to two-thousand.

ELEGANT—With over 100 cheeses and patés to choose from, our knowledgeable staff will create a masterpiece to meet any needs.

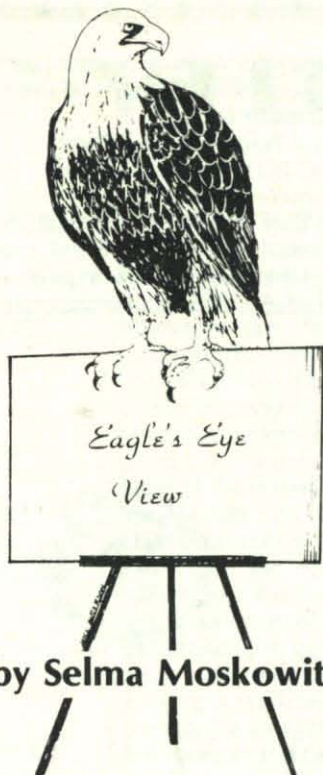
SIMPLE—We do all of the preparation, *at no extra cost to you!*

NIELSEN BROS. MARKET

7th & San Carlos • Carmel-by-the-Sea

CHEESE 624-5939 STORE 624-6441

Open 7 days 8 am-8 pm



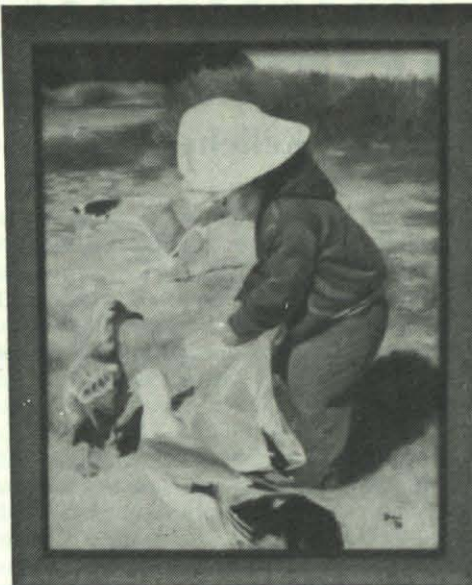
As you wind your way through the corridors of the lower level of Herrmann Hall, follow the signs to the Eagle's Eye Gallery. Step in and enjoy a variety of art experiences including watercolor, oils,

sculpture, silk screening, sumi-e painting and acrylic.

The Eagle's Eye Gallery is maintained by a group of sixteen wives of both active and retired military officers who have joined together to exchange ideas and information and to exhibit and sell their work.

Susan Ashton, August Artist of the Month, has a refreshing, colorful and original display of acrylics, with a warm and humorous touch. Fortunately for us, she was encouraged by her teachers and especially by her husband to continue her art work and decided to join the Gallery when visitors to her home displayed an interest in purchasing her work. Susan designed the logo for the OWC at Ft. Rucker and worked as a copy artist for a needlepoint shop in Carmel.

Rosemarie Manke is a long time member of the Military Wives Art Association of the Naval Postgraduate School and has shown an interest in art and sketching since early childhood. At the age of twelve, when her sister gave her a gift of tube water colors she picked up the brush and hasn't put it down since. Rosemarie is a prolific painter and works just as effectively with acrylic, oil, water color, collage and silk-screening. Currently her work is on display at the Carmel Rancho Northern California Savings & Loan Assn., at Carmel Foundation and at the Central Coast Art Association. Rosemarie is also the winner of numerous



Quality artwork, such as this sample, is always available at the Eagle's Eye Gallery.

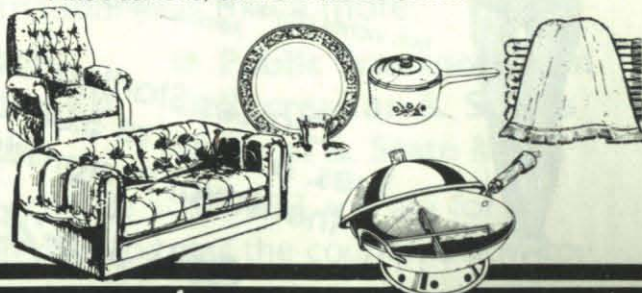
prizes and awards, the last being the Central Coast Art Assn. Competitive.

If you are interested in visiting the Gallery or becoming a member, the hours are 11:30 a.m. to 3:00 p.m. Monday through Friday and 6:00 to 9:00 p.m. Friday. We look forward to seeing you. □



HOLMAN'S Department Store Since 1891

We're more than a department store at HOLMAN'S. We're people, helping people with quality merchandise and friendly service. We have more of what you're looking for, with all the latest fashions for men, women, children and the home. Stop by one of our three locations and we'll show you what quality really means. The Main Store, 542 Lighthouse Avenue, Pacific Grove, THE TREND SHOP, Del Monte Center and HOLMAN'S TOWN & COUNTRY Fine Fashions, Carmel Rancho Center



HOLMAN'S

of the monterey peninsula

Use your HOLMAN'S Charge • Visa or MasterCard • Open 7 days a week for your shopping convenience.

teen corner

by Beth Kelleher



Now that school has begun, the Teen Club which was very active during the summer, is slowing down. As of the fifth of September, the Teen Club will be open twelve hours a week, instead of forty; it will only be open Friday and Saturday evenings from 7:00 until 11:00, and Saturday afternoons from 12:00 until 4:00. This is not the only change taking place in September.

Car washes, our main summer income, are not going to be held. This does not mean we won't be making money during the school year. Dues, which are three

dollars every six months, or fifty cents a month, will be collected in January, and bake sales will start again.

A portion of the money made at the bake sales and from dues will be spent on dances, all of which have a theme. On September eleventh a back-to-school dance will be held at the Teen Club. It will be from 7:00 pm until 11:00 pm, and will be semi-formal (no jeans allowed). The next dance, which will be held on October 30th also from 7:00-11:00 pm, will be a Halloween dance. Therefore, no one will be admitted without a costume. So start planning now.

If you are interested in becoming a member, come down to the Teen Club, which is down the alley across the street from the Housing Office on Farragut. To be eligible to join, you must be at least thirteen (or twelve in the seventh grade) and no older than nineteen and still attending high school. You must also have a parent or Guardian attached to the Naval Postgraduate School in some way (student, faculty, staff, etc.). If you would like to join, come down to the Teen Club or call at 646-2127.

If you have any questions concerning the Teen Club, call Mrs. Barnett at 646-0653. □

Classmate welcomes your comments and suggestions. Please send them to:

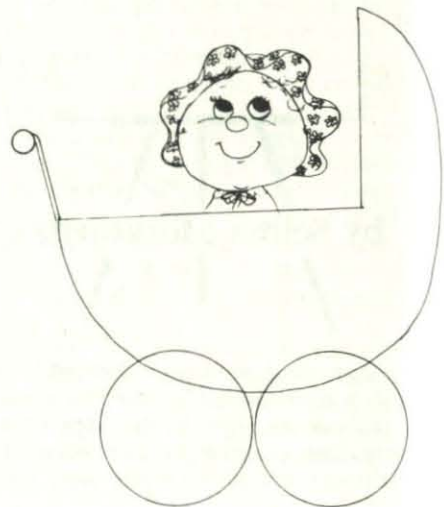
Classmate Editor

Naval Postgraduate School

SMC BOX #2330

Monterey, Ca. 93940


We always welcome new staff members, too. If you are interested, contact one of the editors listed on page one. □



New Kids on the Block

by Carole Morrell

- A girl, Nicole, 8 lbs. 5 oz., on February 4 to Regina and Nick Sullivan
- A girl, Jennifer Lynn, 8 lbs. 8 oz., on June 3 to Betsy and Bob Logan
- A boy, Joseph Michael, 7 lbs. 11 oz., on June 9 to Barb and Kurt Tritchler
- A girl, Catherine Elizabeth, 7 lbs. 14 oz., on June 14 to Liz and Bob Larkin
- A boy, Brian Christopher, 7 lbs. 14 oz., on June 9 to Kathy and Charlie Benston
- A boy, Daniel Ryan, 7 lbs., on June 17 to Colette and Dale Wittig
- A boy, Andrew Turner, 6 lbs. 8 oz., on June 11 to Candace and Nelson King
- A girl, Cinnomon Celeste, 8 lbs. 6 oz., on July 9 to Kathy and Tom Stuskey
- A boy, Jeffrey Lawrence, 8 lbs. 11 oz., on July 11 to Sherri and Dan Simons
- A girl, Jenna Elizabeth, 8 lbs. 4 oz., on July 17 to Karen and Tom Sleichter
- A boy, Allen Michael, 7 lbs. 12 oz., on July 21 to Gail and Mike Agor
- A boy, Christopher, 8 lbs. 7 oz., on July 10 to Cheryl and Jim Bell
- A girl, Tara Leanne, 8 lbs. 2 oz., on July 15 to Chris and Jerry Barnes □



Jacki Sorensen's
AEROBIC DANCING
SHAPE UP NOW!

Trim inches off your body and energize yourself with the original Aerobic Dancing program.

Classes Starting Oct. 12
Tues. & Thurs. at 5:00 for 10 wks.
at the Naval Postgraduate Gym

Call 375-2660

Other classes also starting in Sept.
 in Monterey, Carmel, Marina for 12 weeks.

CALL NOW FOR A FIT, TRIM YOU!

Jacki Sorensen

© 1982 Aerobic Dancing, Inc.

WHERE IT'S HAPPENING

by Kris Yarborough

Sept. 16	Military Ball ticket sales begin in Student Mail Center breezeway from 9:30-11:00 AM and 12:30-2:00 PM. Tickets are \$18.50 per person.	Oct. 9	NPS Military Officers' Ball , Barbara McNitt Ballroom.
Sept. 17-19	Monterey Jazz Festival , Monterey County Fairgrounds. The oldest continuous jazz festival in the nation, it features music of jazz celebrities and big-name entertainers. Performance tickets are available by mail or in person at Monterey Jazz Festival office, 444 Pearl St. Monterey.	Oct. 13	CLASSMATE staff meeting 8:00 PM. (For further information call 646-1340).
Sept. 18	Bargain Fair rain date.	Oct. 15-17	Monterey History and Art Association Sixth Annual Antique Show and Sale , Monterey Conference Center. Oct. 15 and 16, 12:00-9:00 PM; Oct. 17, 12:00-5:00 PM. Admission: adults \$3.50, enlisted military \$2.00)
Sept. 20	OSWC Executive board meeting	Oct. 16	Butterfly Parade , Pacific Grove. Costumed school-children welcome the arrival of the Monarch butterflies. A bazaar follows the parade. Admission is free.
Sept. 26	Fiesta de San Carlos Borromeo , Carmel Mission on Rio Road. The festival, honoring the patron saint of the mission, features food, entertainment, game booths and displays by local craftsmen. Admission is free, and parking is available on the Little League field next to the mission.	Oct. 18	Section Liason Coffee
Sept. 27-30	End-quarter exams	Oct. 21	OSWC Welcome Aboard Coffee featuring "Cramalot". 8:00 PM, Barbara McNitt Ballroom.
Sept. 30	Graduation Rehearsal , King Hall, 3:00 PM	Oct. 25	OSWC Executive Board meets
Oct. 1	Graduation , King Hall, 3:00 PM with reception following at 5:00 PM in Barbara McNitt Ballroom.		Great Sand Castle Contest sometime in October at Carmel Beach. The date for the annual Sunday event is never announced until a few days beforehand to keep the event from becoming too large. Parking is a problem. Admission is free. No pets please.
Oct. 2	Suzuki Talent Education Tour Performance , Pacific Grove Junior High School Auditorium. 2:00 p.m. Workshop demonstration: adults \$4.00, children \$2.00; 7:30 p.m. Concert: adults \$6.00, children \$3.00	Nov. 1	OSWC Governing Board . 8:00 PM, Tower Room, Herrmann Hall.
Oct. 4	Fall Quarter begins.	Nov. 1-5	Navy Relief Information Course , Room 220, East Wing, Herrmann Hall. 9-12:00. Free course for Active Duty, Retired, Adult Military dependents. Learn about Navy Releif programs, CHAMPUS, Legal Assistance, military benefits, etc. Free child care. For information call 373-8260.
Oct. 5	OSWC Governing Board . 8:00 PM Tower Room Herrmann Hall.	Nov. 2	CLASSMATE staff meeting 8:00 PM.
Oct. 9-10	CLASSMATE staff meeting 8:00 PM (For further information call 646-1340).	Nov. 10	CLASSMATE staff meeting 8:00 PM.
	Monterey Grand Prix , Laguna Seca Raceway. The major fall sport-car racing event featuring big-name drivers. Tickets available at area outlets.	Nov. 11	Veterans Day!
		Nov. 20	Christmas Crafts Bazaar . Watch for details in the "Pink Flyer." □

WASHINGTON DC BOUND?

To assist you with your move our comprehensive Relocation Package contains the following information, plus much more;

- New & Resale Homes
- Schools
- Public Transportation
- Financing
- Moving Kit
- Recreation & Sports
- (VA, FHA, CONV, & VHA)
- Rentals
- Local & State Maps

For your free copy, please call collect (703) 569-9883 and ask for **Adrienne Diffenbaucher** in the relocation dept. or mail the coupon below to:



CORYELL & TUCKER REALTY INC.
Dept. M
5803 Rolling Rd., Suite 215
Springfield, VA 22152

NAME _____ TEL. NO. _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____

Life Among the Ruins

by Janis Shanahan Miller

Due to the amazing fact that my husband, Max, will be graduating on October first, this will be my last article for **CLASSMATE** and I feel a certain obligation to address myself to that phenomenon which eventually befalls all members of our La Mesa community: **MOVING**.

Moving into La Mesa quarters is always easier than moving out, mainly because, if you're like me, you have never fully unpacked. The boxes which hadn't been opened in the last four moves have still not been opened but rather, shoved to the back of the coat closet to sit for these two and a half years. Max has periodically questioned me about these boxes, hoping to use the coat closet for, of all things, his coats. I have always assured him that the boxes contain some very important papers. He asked if they were full of the tax returns. "No," I said. "Those are under the bed." "The children's birth certificates?" "No, they're in the junk drawer." When he discovered the boxes were filled with seven packages of Easter basket grass, several hundred silver-edged napkins reading "Congratulations Max and Janis 1971" and the warranty papers for a baby bottle sterilizer, Max offered to be in charge of sorting through boxes for the move. (My Easter basket grass is definitely in jeopardy.)



Ordinarily busy author of "Life Among the Ruins" finds time to chat on the phone.



"Your Key to Charleston"

Read & Read, Inc. serves:

- Charleston Naval Base & Weapons Station
- Charleston Air Force Base
- Summerville & Surrounding Areas
- East Cooper & James Island Resort Areas

READ & READ, INC. REALTORS®

Diane Jaeger, GRI, CRS, Realtor

Office (803) 556-9383 Residence (803) 571-3573
615 Wesley Drive • Charleston, South Carolina 29407

While Max sorted, I considered the problem of cleaning our housing unit, a problem which could have been greatly reduced if I'd bothered to clean at all during our time here . . . which I hadn't. After convincing Max of my allergies to dust, liquid detergent, and the kitchen broom, he allowed me to hire a cleaning service. But he seemed completely baffled to find me scrubbing floors and washing windows just days before the cleaners were to arrive. I very logically explained I could not actually allow the cleaners to see how dirty our house really is. We housewives do have our reputations to maintain.

Once the preliminaries have been accomplished, we can launch into a major portion of our move: the packing. Our packing is being done compliments of a local moving company who sent a representative to our home to judge the condition of our furniture. I have carefully reviewed all the notations and find that I take offense at the notations showing our furniture to be marred, scratched, and dented. I firmly informed the moving company that the reported marks (which looked amazingly like teeth marks) were merely what one would call distress marks. After all, I was very distressed when Ryan, our three year old, put them there.

When I considered the marks on our furniture, it dawned on me that I'd spent

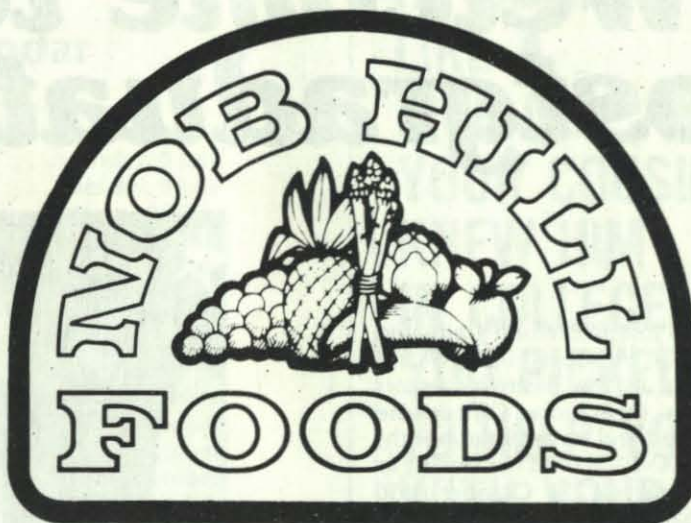


CLASSMATE staff members come and go with each NPS graduation, and we don't often make a fuss about our goodbyes. But Janis Miller has contributed so much time and energy to the OSWC during her stay here that we couldn't let her go without a special farewell. Among other activities, this wife and mother of two sons has been a Curricular Representative, worked on several OSWC committees, took an active role on the International Committee, and served as OSWC President. She is also active in the NPS Protestant Chapel, for which she has been directing the adult choir and helping with the children's choir.

While you may sometimes feel that you lead a "Life Among the Ruins," Janis, you have helped many of us at NPS keep from feeling that ours is there. Your friendly smile and helping hands will definitely be missed. We wish you happiness always!

two and a half years in this townhouse and when we left, there would be no trace of my having lived here - no remembrances of the life shared by the Miller family. It was at this point I decided to cook french fried potatoes for dinner and I can assure the reader that shortening used for cooking french fries, when heated to 750 degrees does burst into flames and does definitely leave a mark on any home. As I was trying to decide which to put out first, the flaming pan of grease or the flaming bag of Ore-Ida potatoes, Max, a former firefighter, rushed in. Without waiting to pull on his fireman boots, he grabbed the fire extinguisher which he expertly used to extinguish the fire, the bag of potatoes, the refrigerator, my pothos ivy plant and the dog next door. With inspection time drawing near, I've tried to convince the housing office that the fire was just a little "creative cooking with Crisco." They, however, have me listed as a "pyromaniac with polyunsaturates."

With our mark made, we are now ready for the move to Mississippi. As some of you read this, we may already be in our new home where I'll be trying to find a new hiding place for my Easter basket grass, still saving the old wedding napkins and thankful each day that though my "life" is frequently "among the ruins", I wouldn't want it any other way. Finis □



900 Lighthouse Avenue
Monterey, CA 375-8220

Open 9 to 10 Monday-Saturday
9 to 10 Sunday

MONTEREY PENINSULA WATER IS HARD! **YOU NEED SOFT WATER**

Find out what soft water can do for you!

**Call 375-9519
TODAY**

2 WEEKS FREE SERVICE TO READERS OF CLASSMATE

NOTHING TO BUY

NOTHING TO SIGN

NO CHARGE FOR ECONOMY

SERVISOFT INSTALLATION

IN LA MESA VILLAGE

Clothes come cleaner . . . colors brighter . . . diapers softer
. . . dishes and silver sparkle . . . Use **PURE SOAP** and **SAVE**



"Serving La Mesa
for 12 years"



"The only water nicer comes from clouds"

Welcome to Naval Postgraduate School

RADM John Joseph Ekelund graduated from the Naval Academy in 1949 and served a year in the destroyer escort Coolbaugh as Operations Officer. He then reactivated and served four months in USS *Pirate* (AM 275) until her sinking in Wonson, Korea, on 12 October 1950 during combat minesweeping operations in preparation for amphibious operation.

RADM Ekelund entered submarine school and was graduated in 1951. He then reported to duty in USS *Cobia* (SS 245) and served as Gunnery Officer until October 1952. RADM Ekelund Qualified in Submarines during this tour. Following a period of conversion and fitting out of the USS *Razorback*, he reported on board and served as Gunnery, Operations and Engineering Officer until May 1955. He was designated Qualified for Command of Submarines during his tour in *Razorback*.

June 1955 brought RADM Ekelund to duty with Commander Submarine Force, U.S. Pacific Fleet as the Assistant Tactics and Training Officer. During the subsequent tour at the U.S. Submarine School Staff, he instructed in Pro-Submarine Tactics in the basic course, assisted with the Perspective Commanding Officer course and participated in establishing the Refresher Training Course and Perspective Executive Officer course.

In 1958 RADM Ekelund was transferred to Portsmouth Naval Shipyard for the commissioning and fitting out of the new construction guided missile submarine USS *Growler* (SSG 577) and subsequently assumed duties as Navigator, Operations Officer, Engineering Officer and Executive Officer. November 1961 RADM Ekelund relieved as Commanding Officer of the USS *Grayback* (SSG 574). During his tours in *Growler* and *Grayback*, he participated in seven submarine special operations and deterrent patrols in the Pacific.

During the period January to August 1964, RADM Ekelund pursued a course of study at the Armed Forces Staff College and attended the Polaris Command Course. Upon completion of this instruction, he was ordered to the Joint Strategic Target Planning Staff where he was assigned as a member of the Tactics Branch. In 1966 he returned for a tour of duty as the Staff of Commander Submar-

ine Force, U.S. Pacific Fleet as Force Plans Officer.

In July 1968 he was transferred to the University of Rochester to pursue postgraduate education. Upon graduation in September 1968, he was awarded a Master of Science Degree in Systems Analysis. After a short period of temporary duty at the Center for Naval Analysis, RADM Ekelund reported in January 1970 to the Office of the Chief of Naval Operations as Head, Strategic Warfare Analysis Branch in the Systems Analysis Division.

In March 1972, RADM Ekelund reported to Vietnam and assumed duties as Assistant Chief of Staff for Administration on the combined staff of Commander U.S. Naval Forces and Chief Naval Advisory Group, U.S. Military Assistance Command, Vietnam and became the Chief of Staff in November 1972.

After completing periods of temporary duty in Hawaii and Washington, RADM Ekelund was ordered to Command of USS *Albany* (CG 10) in July 1973.

Following this command tour RADM Ekelund was assigned to the Naval War College as the Dean of Academics. He was

selected for Flag rank in January 1976 and in July assumed the duties as Deputy Director of Naval Education and Training. In April 1977 RADM Ekelund was assigned to the Central Intelligence Agency as the National Intelligence Officer for General Purpose Forces.

In June 1978 RADM Ekelund was assigned to duty as U.S. Commander South Atlantic Force, U.S. Atlantic Fleet. He assumed the post of Superintendent of the Naval Postgraduate School on January 24, 1980.

A native of Maryland, he is married to the former Lynn Schumacher of Ansonia, Connecticut. They have seven children: John, Jr., Christopher, Terri, Peter, Tracy, Patricia and Kent.

RADM Ekelund wears the Legion of Merit, Meritorious Service Medal, Joint Services Commendation Medal, Presidential Unit Commendation Ribbon, Navy Unit Commendation Ribbon, Korean Presidential Unit Commendation Ribbon, the Navy Expeditionary Medal and various service and campaign medals from World War II, the Korean and Vietnam conflicts. □



N.P.S. Academic Calendar

Summer Quarter 1981-82

Fourth of July (holiday) Monday, 5 July
 Registration Tuesday, 6 July
 Instruction begins Monday, 12 July
 Refresher begins Monday, 23 August
 Labor Day (holiday) Monday, 6 September
 End-quarter exams 27-30 September
 Graduation exercises Friday, 1 October

Fall Quarter 1982-83

Registration Monday, 27 September
 Instruction begins Monday, 4 October
 Columbus Day (holiday) Monday, 11 October
 Veterans Day (holiday) Thursday, 11 November
 Thanksgiving (holiday) Thursday, 25 November
 End-quarter exams 17-21 December
 Graduation exercises Tuesday, 21 December

Winter Quarter 1982-83

Registration Monday, 3 January 1983
 Instruction begins Monday, 10 January
 Washington's birthday (holiday) Monday, 21 February
 Refresher begins Tuesday, 22 February
 End-quarter exams 28-31 March
 Graduation exercises Friday, 1 April

Spring Quarter 1982-83

Registration Monday, 28 March
 Instruction begins Monday, 4 April
 Memorial Day (holiday) Monday, 30 May
 End-quarter exams 20-23 June
 Graduation exercises Friday, 24 June

Summer Quarter 1982-83

Fourth of July (holiday) Monday, 4 July
 Registration Tuesday, 5 July
 Instruction begins Monday, 11 July
 Refresher begins Monday, 22 August
 Labor Day (holiday) Monday, 5 September
 End-quarter exams 26-29 September
 Graduation exercises Friday, 30 September



Dudley Knox Library

**HE SEEMED
LIKE A
NICE GUY AND
YOUR COUSIN
KNEW HIM
IN COLLEGE, SO
YOU PICKED HIM
TO HELP YOU
WITH YOUR
REAL ESTATE
NEEDS...**

It's not a very good reason to trust someone with what is probably your most important investment. But, it's reason enough for a lot of Americans. Because, for some reason, they assume real estate people are all pretty much alike. This is more than a bad assumption.

Why not trust someone who understands your needs because he's "been there" himself.

LANCE J. STRAUSS

Realtor-Associate

USNA '73 • NPS '74

100 CLOCK TOWER PLACE
CARMEL, CA 93923

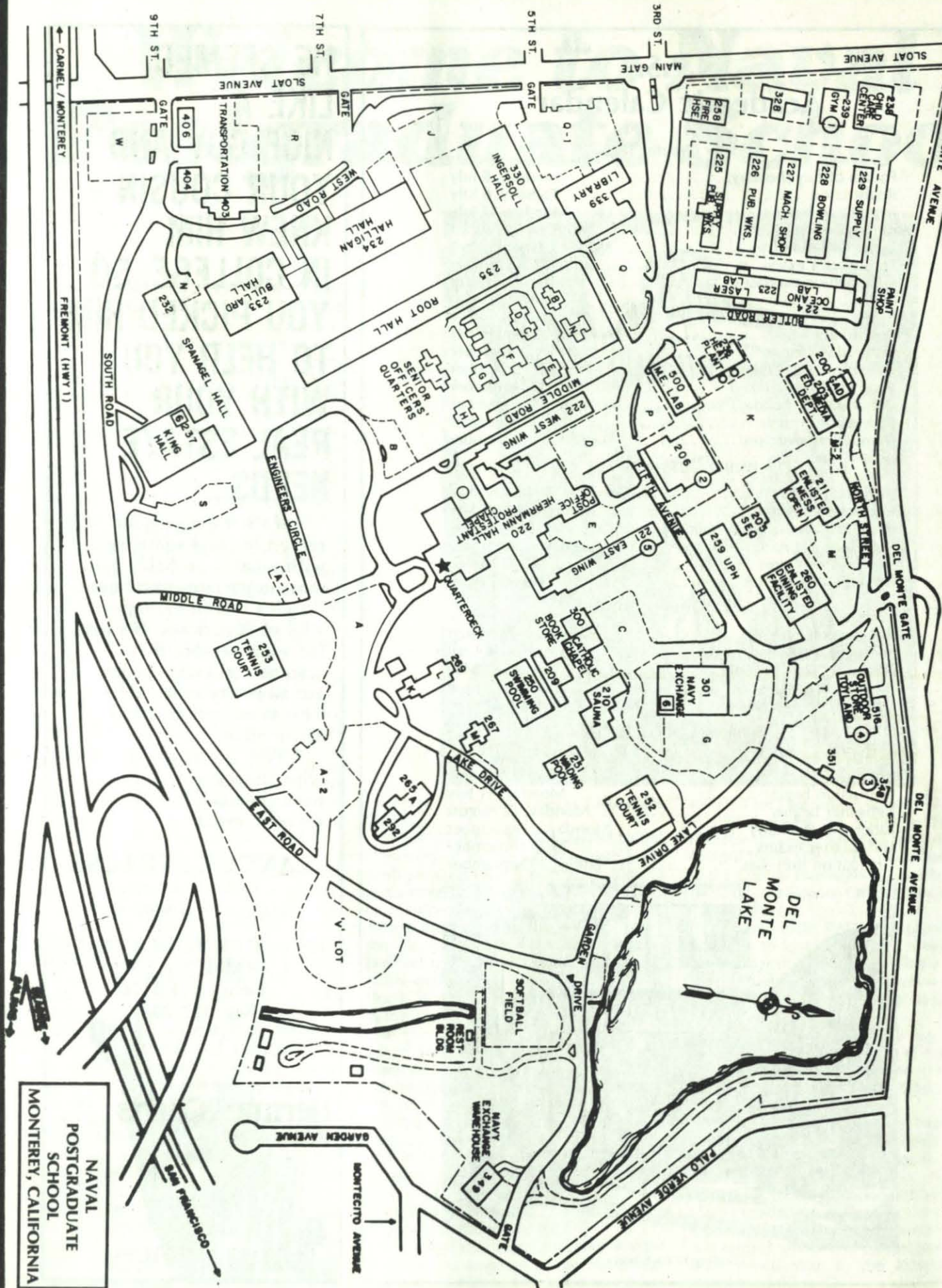
Office 624-0176

Res. 372-2380

Herma S. Curtis
Real Estate

**Better
Homes**
and Gardens

- ① CAMPING GEAR ISSUE
- ② UNIFORM AND BANDER SHOP
NAVY RELIEF THRIFT SHOP
TAILOR AND DRY CLEANING
- ③ NAVY EXCHANGE
SERVICE STATION
- ④ OUTDOOR STORE
TENTLAND
- ⑤ DISBURSING (E-113)
HOUSEHOLD GOODS OFFICE
(E-107-A)



NAVAL
POSTGRADUATE
SCHOOL
MONTEREY, CALIFORNIA

Parking and Traffic Regulations for Privately Owned Vehicles

The operation of vehicles within the limits of Naval Postgraduate School (NPS) Property shall be in conformance with the regulations of the Motor Vehicle Code of the State of California. Special restrictions regarding operation of motorcycles and scooters are contained in NPS Instruction 1020.1.C. The Security Police Desk Clerk will explain local laws, drivers license requirements, state registration requirements, etc., to all personnel when they register.

Persons operating motor vehicles on NPS property (including Annex and La Mesa Village) shall register their vehicles with the Security Police and have a **CURRENT** vehicle Station Pass (decalomania) affixed thereto. The registered vehicle owner is *personally* responsible for the accuracy of the registration data and removal of decalomania if vehicle is sold, transferred, etc. The Security Police shall be notified of any changes thereto.

Maximum speed on NPS property is 15 MPH unless otherwise posted. Speed limits are monitored and Radar enforced. Violators will be cited to the Federal Magistrate. The traffic point system is also enforced by the Security Force. Violators who are cited will report to the Security Office within 48 hours of the citation

(Saturdays, Sundays and Holidays excepted). Individuals accumulating 12 traffic points within 12 consecutive months or 18 traffic points within 24 consecutive months will be notified in writing through official channels of specific driving privilege withdrawal action.

Parking Color Codes on Headers & Curbs

- Blue**—Handicapped Only
 - Red & Unmarked**—No Parking (at any time)
 - Green**—Reserved as Indicated
 - Brown**—Open Parking (no staff/faculty/UPH residents)
 - Yellow**—Limited Time Only, as Marked
 - Black & White**—Official Vehicles
- No over night parking in B, D, & E lots, map on reverse side.

Repeated or serious violations of traffic or parking rules will result in the suspension of your permit to operate a motor vehicle within the limits of the Command (including the Annex, and La Mesa Village).

All vehicles must carry a minimum of \$15,000/\$30,000 public liability insurance and \$5,000 property damage insurance.

All Vehicular traffic will come to a complete stop for the duration of morning and evening colors.

The Good Neighbor is you.



Red Cross.

Belong.

A Public Service of This Newspaper & The Advertising Council



Essay Deadline Changed

The deadline for entries in the U.S. Naval Institute General Essay Contest has been changed. Our earlier information, reported in the August, 1982, **CLASSMATE**, listed the deadline as December 31, 1982. The Institute has sent us notice that the new date is December 1, 1982. For further details see last month's **CLASSMATE**, or contact the Naval Institute. □



Monterey Savings and Loan Association

CONVENIENCE...FULL FINANCIAL SERVICE, JUST ACROSS THE STREET!

Visit our 900 Sloat Avenue Branch for

- Interest Checking
- High Yielding Treasury Rate Savings
- Tax Sheltering — IRA
- Drive Up Service
- Safe Deposit Boxes and More



Monterey Savings Oak Grove
Open Mon-Th: 9-5; Fri: 9-6
Telephone: 373-2612
Rita Moffitt, Manager

precision FOREIGN AUTO PARTS

PARTS & ACCESSORIES FOR
ALL IMPORTED CARS

New - Rebuilt - Original - Competition

Your Local Beck Arnley
Foreign Car Parts Center

DISCOUNTS TO MILITARY & STUDENTS
REMANUFACTURED VW ENGINES EXCHANGE

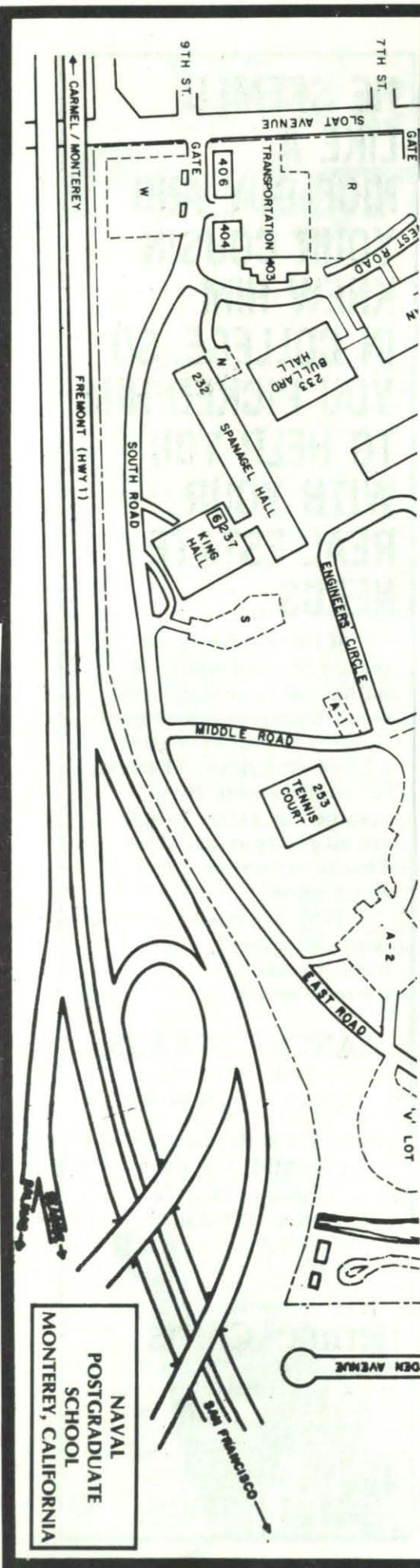
Short Blocks & Complete Engines
For All Imported Cars



8:30-5:30 WEEKDAYS
9 TO 4 P.M. SATURDAYS

600 E. Franklin
(at Cortez) Monterey

Machine Shop Service Available
373-7781



Herrmann Hall

Wild Goose Chase Quilt Shop



- Quilting classes and sewing workshops
- A wonderful selection of calico, small prints and solids
- Books, quilts and quilting supplies



Open 10-5 Mon.-Sat. 372-9361

231 17th St. Pacific Grove

Leonardo's Beauty Salon



HAIR CUTTING & DESIGNING
FOR MEN & WOMEN

COLORING • PERMANENTS • HAIR & SCALP TREATMENTS
FACIALS • MANICURES • PEDICURES • NAIL WRAPPING
SCULPTURED NAILS • BODY MASSAGE • WAXING

MON-SAT 9 AM-5 PM
EVENINGS BY APPOINTMENT

1360 MARK THOMAS DR.
DEL MONTE HYATT HOUSE
MONTEREY • 372-2012

COUPON

Hamburger Special

1/3 lb. All Beef Burger

Served with crisp lettuce,
tomato, relish, onions, and special sauce.

and a large order of fresh cut fries

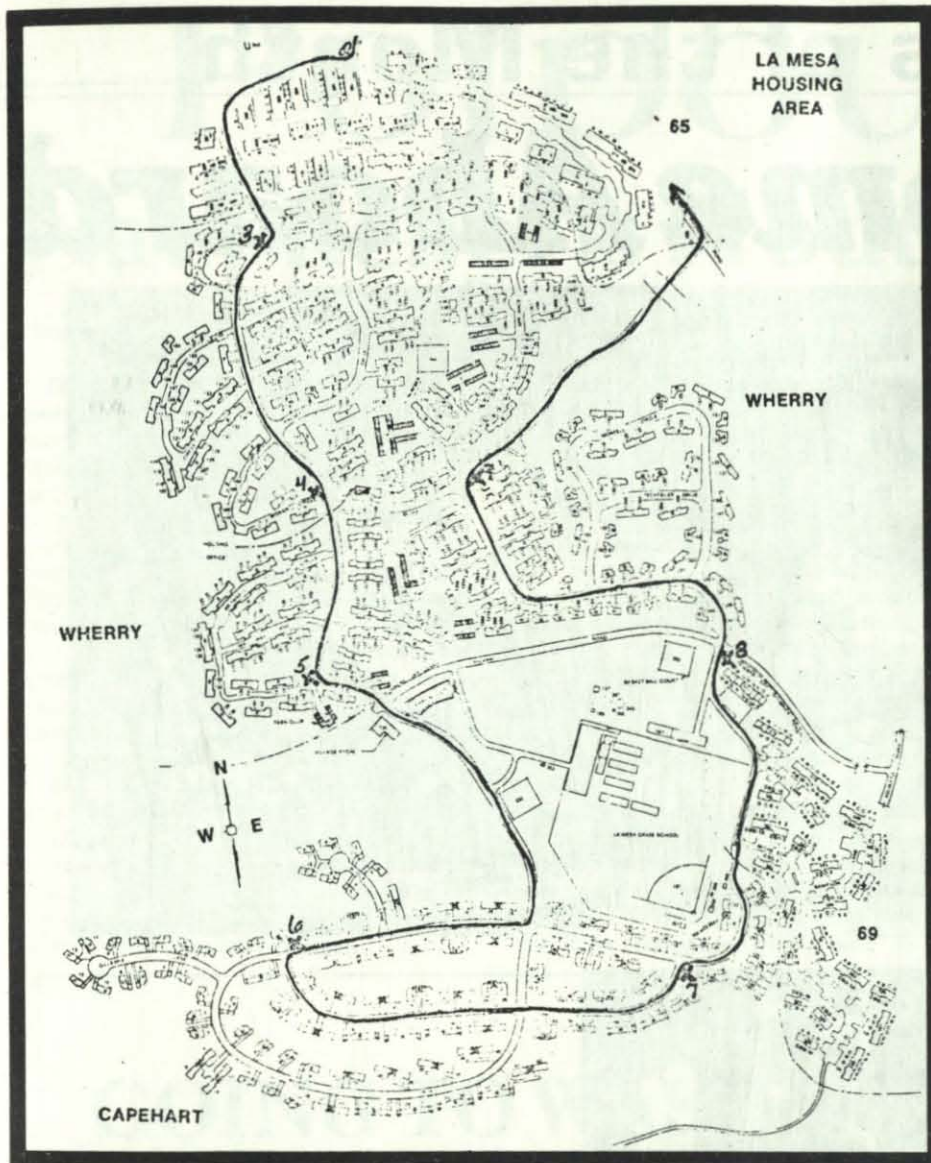
ALL
FOR

\$2.49

BAR-B-Q SMOKEHOUSE

Prescott and Forest
Pacific Grove 372-7000





Bus Service To NPS

1. The bus service between La Mesa Village and the Naval Postgraduate School will resume operations Monday through Friday on the following schedule:

10 #1 2 3+ 4 5+ 6 7+ 8 9+ 10 1
(Library)(Eng Cir)

Morning Run:

1) * 0730 0734 0738 0742 0750 0755

Afternoon runs:

2) 1635 1640 1645 1648 1652 1655 1702 1707

3) 1702 1707 1712 1715 1719 1722 ** ---

NOTE: * Run (1)—Bus will leave Transportation Motor Pool at 0700

+ All runs—Bus will stop at stations 3, 5, 7, 9 if passengers desire to embark/disembark at these points

** Run (4)—Bus returns to Transportation Motor Pool

2. Run #3 will not be made on Fridays.

3. A bus pass good for 10 round trips (or 20 one way trips) can be purchased for \$3.50 at the La Mesa Housing Office or at the Recreation Department Office. **Tickets must be purchased in advance as the driver will not handle any money.** □

The Good Neighbor is you.



Belong.

A Public Service of This Newspaper & The Advertising Council



Essay Deadline Changed

The deadline for entries in the U.S. Naval Institute General Essay Contest has been changed. Our earlier information, reported in the August, 1982, **CLASSMATE**, listed the deadline as December 31, 1982. The Institute has sent us notice that the new date is December 1, 1982. For further details see last month's **CLASSMATE**, or contact the Naval Institute. □

precision FOREIGN AUTO PARTS

PARTS & ACCESSORIES FOR
ALL IMPORTED CARS

New - Rebuilt - Original - Competition

Your Local Beck Arnley
Foreign Car Parts Center

DISCOUNTS TO MILITARY & STUDENTS
**REMANUFACTURED VW ENGINES
EXCHANGE**

Short Blocks & Complete Engines
For All Imported Cars



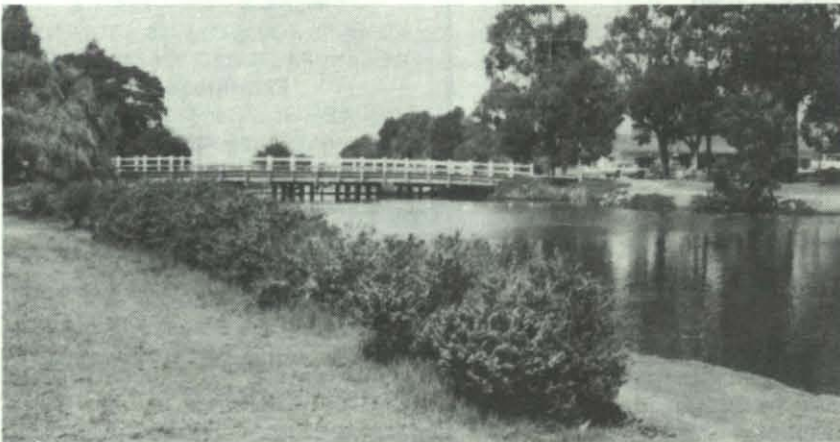
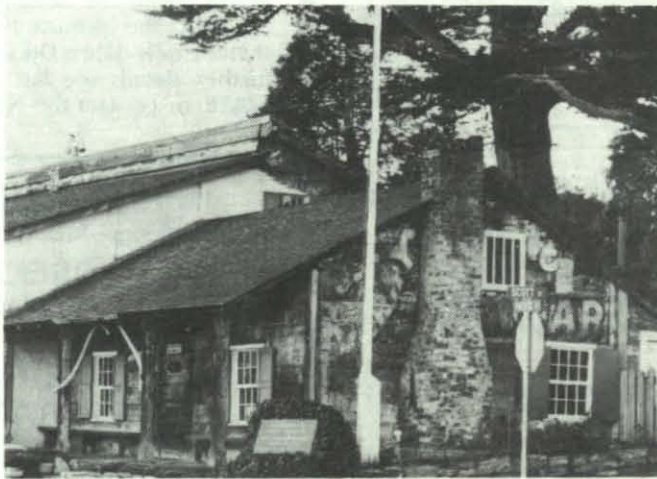
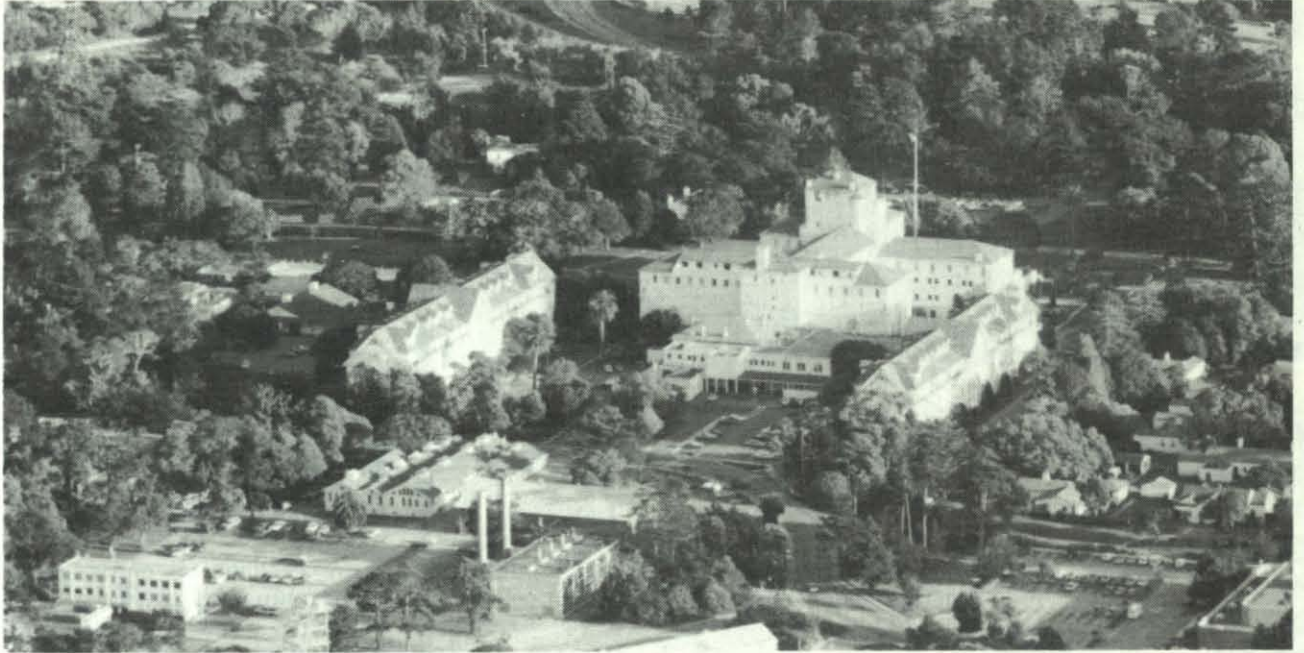
8:30-5:30 WEEKDAYS
9 TO 4 P.M. SATURDAYS

600 E. Franklin
(at Cortez) Monterey

Machine Shop Service Available
373-7781

Focus of the Month

Welcome Aboard



Potpourri

Navy Relief is Proud

by Nancy Doernhoefer

Here at the Naval Postgraduate School, Navy Relief turns up in a variety of ways and we are proud of all of them.

OFFICE WORK - "Navy taking care of its own" best describes what goes on in the Navy Relief office located in Herrmann Hall. The generous contributions of Navy people world wide make it possible to help out Navy families with basic living expenses, emergency transportation, medical and dental care, funeral and disaster relief, educational loans and budget counseling. Marie Etterman heads a staff of volunteers responsible for greeting, counseling and making thousands of dollars in loans to needy Navy families.

LAYETTES - Many talented ladies help knit and crochet beautiful sweaters, caps and booties for new Navy juniors. These necessary garments are as fine as can be bought in any store and contain a good deal more caring and love as they help stretch a tight military budget.

THRIFT SHOP - Last year our thrift shop, located in Bldg. 206 on the NPS campus, served 2170 persons. It is an excellent source of inexpensive clothing, toys, uniform and household items. It is open to all military personnel stationed at the school as well as all active duty and retired Navy personnel. This year's chairman, Helen Becker, and her hard working volunteers show every indication of surpassing the fine services of last year.

HOSPITALITY LOCKER - Hugh Simpson and his bunch are constantly expanding and improving this fine service to NPS families. The locker offers new and old families a rental of cots, bedding, dishes, cookware and other household items at a minimal cost.

Finally we are proud of the support from the NPS community. Their financial and moral help is indeed in keeping with "the Navy taking care of its own!" □



Have a Problem? Family Ombudsman Program

The Naval Postgraduate school has now instituted a Family Ombudsman Program. An Ombudsman acts as a liaison between military families and the command.

Cindy Whittle, the current Ombudsman, will be happy to assist you with any questions or problems. She can be contacted at 649-6806. Please feel free to call at any time. □

GOING TO WASHINGTON, D.C.?

If so . . .

come to the

**Hilton Inn Resort
Peninsula Room
1000 Aguajito Road, Monterey
10 AM-6 PM
Saturday, Sept. 11 & Sunday, Sept. 12**

**BARBARA YAGER & SANDY MARTINISKO
RE/MAX Advantage**

Specializing in military relocation to the Greater Washington, D.C.,
and Northern Virginia area.

Sponsored by CENTURY 21 ARNDT ASSOCIATES, INC. 373-4477

Free Help For Moms

by Mary Bergazzi

As new chairperson of the La Mesa Babysitting Co-op, I would like to welcome all new wives to the La Mesa housing community, and also offer them an invitation to join our terrific group of moms.

Being new to the area myself (Jan. '82) I too was having anxiety attacks over the prospect of having to find new sitters for our son. This was our third move in two years, so I have been in the situation before and still didn't enjoy it. As a mother of one, I tend to be a little over-cautious about leaving him with teenagers. My husband and I ended up staying home a lot, and when we did go out, we dragged Michael along with us. Lucky for me, as we were moving in and filling out information for the housing office, I stumbled upon an article about the babysitting cooperative here in La Mesa. It sounded interesting to me, but I'll admit I was skeptical. Was I the "Co-Op type"? Who was a "Co-Op type" mother? Pondering the decision of whether or not to call for more information, a new neighbor also brought the subject up. She was a very satisfied member of the group



and seemed like a nice "normal" mom. I decided to make the call. The chairperson cordially invited me over to her home to go over the rules and regulations of the organization. As I was trying to read at least one word of the 2+ page handout and also watch my over-active two year-old, I seemed to have experienced some sort of memory lapse. The next thing I knew I was handing her the dollar membership fee. Heading home I suddenly realized that I had made a big mistake. "Oh give it a try," my easier-going alter ego said to me. Later that evening I remembered my husband had informed me that we had to attend the Admiral's reception Friday night. That was

only two days away and I had done nothing about finding a sitter. Deciding this would be the perfect time to test the co-op system, I called the secretary. She took my information and told me she would do her best to locate a sitter for us. An hour later another woman called to say she had accepted our sit. Well Friday night came, and I couldn't have been happier or more relaxed as we left for the reception. My sitting-mom was friendly and instantly put me at ease. (Mothers have a way of reassuring one another that things will be okay, don't worry, etc!) Well, I didn't worry, had a great time, and that important initial experience was a positive one.

Since then I have sat or been sat for several times through the co-op. I'm totally secure knowing that my son is being properly cared for, as I care for other mothers' children. Also (last plug for the group!) no money but the one-time membership fee is involved, so we can afford to go out more often or have that extra splurge when we do go out. Please think about joining our great association of "sitting moms." Give me a call at 649-5437 for additional information.



ESTABLISHED SINCE 1971

COMPLETE DENTAL CARE

REASONABLE PRICES
WE HONOR DENTAL INSURANCE PLANS
CHILDREN WELCOME
MILITARY PERSONNEL WELCOME

- PLATES & PARTIALS
- CROWNS & BRIDGES
- REPAIRS & RELINES
- FILLINGS & EXTRACTIONS
- CLEANING & X-RAYS

QUALITY
DENTURES
"PRICED TO FIT YOUR NEEDS"

Registered Dental Hygienist On Staff

REPAIRS WHILE YOU WAIT
DENTAL LAB ON PREMISES

- PLATES & PARTIALS REPAIRED
- MISSING TEETH REPLACED •

373-0681

DR. RONALD A. SELTZER

DDS, INC.

"FOR DENTISTRY YOU THINK YOU CAN'T AFFORD"

121 FAIRGROUNDS ROAD

MONTEREY, CALIF. 93940

NEAR LONGS DRUG STORE



IT'S EASY
TO SELL
YOUR CAR
AT **Deal Direct**

We keep your car clean. We start your car. We show your car to prospective buyers. We provide Blue Book information. We assist with DMV work and help buyers get financing. The average time required to sell a car from our lot has been less than three weeks. Don't sit around home waiting for a phone call or open your home to strangers. We take your messages. All this for only a nominal display fee.

We invite you to inspect our lot "night or day". We only rent space. Our service & experience is FREE.



Deal Direct 646-1500

WASHINGTON & BONIFACIO, MONTEREY

Shopping for Necessities and for Fun

by Virginia K. Duym

Amid the first confusion of moving, most of us start a list of errands to run, repairs to make, and especially things to buy. Not knowing the area, we head first for the exchanges. There we make some reductions in the list, but somehow we add more every day. "Where's a good place to shop?" we ask around. There are as many answers to that question as there are different tastes.

The first concern must be making our new home habitable: rugs for the floor; drapes, curtains or shades, for the windows; and storage for all the things that don't fit in the closet. Several **Classmate** advertisers offer specials on carpet remnants and should be checked. Or maybe this is the time to buy an imported area rug from an auction house or showroom. For window treatments the best selection can be found in the large department stores such as the Sears and Penneys in Salinas or Macy's and Holman's on the Peninsula. Storage calls for more creativity, but not necessarily more money;

discount or hardware stores, such as K-Mart, Monte Mart, and H&H, are as likely to have what you need as the specialty bath shop.

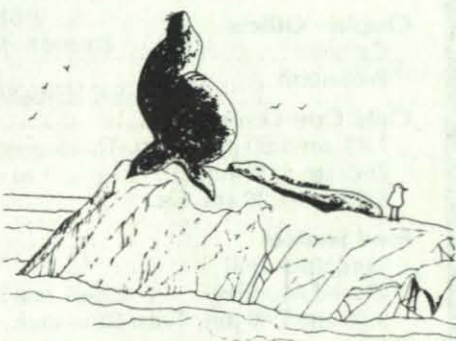
Many wonder, "Where are the malls?" for that is where most of us are used to shopping. Except for Northridge, about 30 minutes away in Salinas, Del Monte Center is the only shopping mall in the area. Somewhat smaller and different in style, the Barnyard and Carmel Plaza are really collections of specialty shops. Without the ease of dashing out to a mall, it takes awhile to adjust to a different kind of shopping.

The great majority of the stores here are specialty shops. Since most are in shopping neighborhoods, it is possible to park the car and walk to several. Although it may seem old-fashioned, this kind of shopping has its charms. There is a much wider range of choice here than in several malls all with the same national chain stores. As an example, there are more than half a dozen different fabric and needlework shops, each with its own unusual collection. In addition to their variety, these stores provide a perfect place to browse and get ideas. Carmel has the widest selection of shops, but Carmel Valley, Pacific Grove and downtown Monterey also have their share.

Bargain hunters may at first feel left out, but later be surprised at what is available. In addition to a few discount stores there

are quite a few second-hand clothing stores for children and adults. There are factory-second outlets for Dansk, Cou-roc, Brad Whitney sportswear, and Talbott ties. Thrift shops operated at Fort Ord, by Navy Relief at NPS, or by other charities are also sources of unusual bargains.

A final reminder both for newcomers and old hands: Please patronize our **Classmate** advertisers! Many offer coupons and discounts if you mention their ad in the **Classmate**, so don't hesitate. Once that first list is reduced to a manageable size, shopping becomes much less frustrating. Browsing, bargain-hunting, and searching for the unusual can easily develop into an enjoyable pastime. □



JINI L. PERSONS
GRI
REALTOR ASSOCIATE
MEMBER MILLION DOLLAR
SALES CLUB
NAVY WIFE

THE PERFECT ASSIGNMENT NORFOLK VIRGINIA BEACH

LET US HELP YOU MAKE THE MOVE TO OUR AREA A PLEASANT ONE. FILL OUT THE ATTACHED QUESTIONNAIRE TO RECEIVE A RELOCATION PACKET WITH MAPS, HOUSING INFO. AND MUCH, MUCH MORE, OR CALL COLLECT.

804-499-5911



STEVE GALLANT
REALTOR ASSOCIATE
COL, USA RET.



NAME	_____
ADDRESS	_____
CITY	STATE _____
ZIP	RANK _____
PREFERRED LOCATION	_____
PRICE RANGE	_____

4480 HOLLAND OFFICE PARK, VIRGINIA BEACH, VA 23452 (804) 499-5911

Telephone Guide & Hours of Operation

NPS HOURS

Barber Shops

Bldg. 206 Exchange 373-2232
8:30 am-4:30 pm, Tues.-Sat.
Herrmann Hall 373-5505
Bldg. 220—Appointment
8:30 am-4:30 pm, Mon.-Fri.

Bookstore 373-1121
10:00 am-5:00 pm, Mon.-Sat.

Cashier 373-7393
10:00 am-5:00 pm, Tues.-Sat.

Chaplain Offices

Catholic 646-2242
Protestant 646-2241

Child Care Center 646-2734
7:45 am-5:30 pm, Mon.-Thurs.
7:45 am-1:30 am, Fri.
5:00 pm-1:30 am, Sat.

Food Services 375-2907
Sandpiper Deli
Closed Monday
9:30 am-5:00 pm, Tues.-Sat.

Information Operator 646-2411
(working hours)

Laundry-Dry Cleaning 373-7660
9:00 am-5:00 pm, Tues.-Sat.

Legal Office 646-2506

Navy Exchange

Navy Exchange Officer 646-2576
Main Retail Store 373-7277
Closed Sunday and Monday
10:00 am-5:00 pm, Tues.-Sat.
Layaway closes 4:30 pm

Navy Relief 373-7665
Thrift Shop 375-0886
Building 206
9:45 am-11:45 am, Tues. & Thurs.

Officers' Club 372-1339

Optical Shop 373-2724

Outdoor-Garden Store 373-5666
Closed Sunday and Monday
10:00 am-5:00 pm, Tues.-Sat.

Package Store 373-7511
Closed Sunday & Monday
10:00 am-5:00 pm, Tues.-Thurs.
10:00 am-6:00 pm, Fri.
10:00 am-5:00 pm, Sat.

Personal Property (Household Goods)
9:00 a.m.-3:00 p.m., Mon.-Fri. 646-2151

Personalized Services 373-5933
Closed Sunday & Monday
10:00 am-5:00 pm, Tues.-Sat.

Recreation

Bowling Lanes 646-2288
Gear Issue Room 646-2466
Golf Course
Pro Shop 646-2167
Snack Bar 373-8118
Gym 646-2497
from on base 3118
Recreation Office 646-2466
Sports Director 646-2497
Tennis Professional
Frank Johnson 899-4996
Swimming Pool 646-2275

Quarterdeck 646-2441
(after hours information)

Service Station 373-7271
Closed Sunday
8:00 am-5:00 pm, Mon.-Fri.
9:00 am-4:00 pm, Sat.
Gasoline Pumps
Closed Sunday
7:30 am-5:00 pm, Mon.-Fri.
9:00 am-4:00 pm, Sat.
Repairs
Appointment Desk 373-6264
Closed Saturday & Sunday
8:00 am-4:30 pm, Mon.-Fri.

Uniform Shop 373-0828
Closed Sunday & Monday
9:00 am-5:00 pm, Tues.-Sat.

EMERGENCY NUMBERS

Police 911
Fire 911
Ambulance 911
NPS Security 646-2555
if busy 646-2556
Fort Ord Emergency Room 242-2020
if busy 242-7633
Poison Control 242-7631
Suicide Prevention (24 hrs.) 649-8008
24 hr. Crisis Line 373-4773
Rape Crisis Center of
the Monterey Peninsula 375-4357
(24 hrs.) (375-HELP)
Women Against Domestic
Violence 372-6300
Monterey County Department
of Social Services 899-2571
8:00 am-5:00 pm, Mon.-Fri.
Sheriff's Dept. 373-8411

LA MESA HOURS

Beauty Shop	372-1121
Closed Sunday & Monday	
8:00 am-4:00 pm, Tues.-Fri.	
8:00 am-3:00 pm, Sat.	
Elementary School	649-7474
Housing Office	646-2321
Closed Saturday & Sunday	
8:00 am-4:30 pm, Mon.-Fri.	
Village Store	375-0959
10:00 am-7:00 pm, Mon.-Sat.	
Noon-6:00 pm, Sun.	
Teen Club	646-2127
Winter hours	
7:00 p.m.-11:00 p.m., Fri.	
Noon-4:00 p.m. and 7:00-11:00 p.m., Sat.	

NAVAL ANNEX

Nursery School	375-7562
Bldg. 25	
Fleet Numerical Oceanography Station	

FORT ORD HOURS

Information	242-2211
Barber Shop	899-0822
Beauty Shop	899-3198
Bowling Lanes	899-1545
Ceramic Shop	242-3983
Child Care Center	899-4791
Commissary (information)	242-3663
9:30 am-3:30 pm, Sun.	
Closed Monday	
10:00 am-7:00 pm, Tues.	
9:00 am-6:00 pm, Wed.	
11:30 am-7:30 pm, Thurs.	
10:00 am-6:00 pm, Fri.	
8:00 am-4:00 pm, Sat.	
Craft Shop Director	242-3584
Flower Nursery	394-6683
Four Seasons	899-2339
Golf Course	899-0636
Pro Shop (tee time)	242-3268
Main PX	899-2336
10:00 am-6:30 pm, Mon.-Fri.	
10:00 am-5:00 pm, Sat.-Sun.	
Medical Appointments	
Centrex	899-4455
Appointments made for all clinics	
including OB/GYN (Referral unnecessary)	
Pediatric Clinic	242-7645
Optometry, Bldg. 4380	242-5976
Movie Information	242-5566
Officers' Club	899-3445
Optical Shop	899-1700
Passport Security	242-6301
Rent-All Center	899-0808
Thrift Shop	899-4975
Vet Clinic (small animal)	242-4994

PRESIDIO HOURS

Beauty Shop	372-2664
Closed Sunday & Monday	
9:00 am-5:00 pm, Tues.-Wed.	
8:00 am-5:00 pm, Thurs.-Fri.	
8:00 am-3:00 pm, Sat.	
Craft Shop	242-8326
Child Care Center	373-2346
Closed Saturday & Sunday	
6:45 am-5:30 pm, Mon.	
7:30 am-5:30 pm, Tues.-Thurs.	
7:30 am-1:00 am, Fri.	
Health Clinic	
Appointments	373-2924
	or 373-2925
Head Nurse	242-8234
	or 242-8662
Laboratory	242-8672
Medical Records	242-8606
	242-8663 or 242-8607
Naval Medical Admin. Unit	242-8614
	or 242-8615
Navy Records	242-8663
Officer in Charge	242-8333
NCOIC	242-8674
Pharmacy	242-8332
Physical Exam Appts.	242-8609
(Active duty only)	
Screening Clinic-Head Nurse	242-8662
Sick Call	242-8234
X-ray	242-8673
Movie Information	242-5566
Officers' Club	649-6677
Operator	242-2211
PX	372-1221
10:00 am-6:00 pm, Mon.-Sat.	
12:00-4:00 pm, Sun.	
Rent-All Center	372-3500



OSWC

The new Executive Board for Sept. '82-Feb. '83 is:

President	Cindy Whittle, 649-6806
First Vice President	Cindy Birdwell, 649-6508
Second Vice President	Sue Youngren, 649-4126
Corresponding Secretary	Christie Gaudio, 372-8759
Recording Secretary	Tina Molloy, 649-6716
Treasurer	Kathye Geary, 646-1309

Boy Scouts

Troop 178, Boy Scouts of America, meets each week in La Mesa Village. The troop normally camps out one weekend each month, at various state and national parks and wilderness areas. Summer camp is at Camp Pico Blanco, in the Valley of the Little Sur River, twenty miles south of Monterey. Meetings are held in the La Mesa School multi-purpose room during the school year, and in the Scout Hut on Bergin Drive during the summer months. Boys ages 11 to 18 are welcome to join. Adult Eagle Scouts are particularly welcome as adult assistants, as are former scouters, parents, or just interested adults. Openings are available for Assistant Scoutmaster, Committee members, and Merit Badge Counselors. Call Ed Kelleher, at 373-3973 for further information. □



Girl Scouts



Girl Scouting 1980's style is more than just a "look" or a particular way of doing things—it's an approach to living for today's girls, and young women that is positive, flexible, balanced.

Nine major program publications were introduced in 1980 by Girl Scouts of the U.S.A. In addition four new local programs were introduced by the Monterey Bay Girl Scout Council.

The programs included a new handbook for teenage Scouts, programs and helps for leaders of the youngest Scouts, special projects focusing on energy, crime prevention, coast conservation, and dental hygiene. Throughout the entire program is a focus on career education at all ages.

Girl Scouting in the Monterey Peninsula area is like most areas across the nation. However, a unique aspect is the richness of experience and personalities that military families bring to the area. The turnover rate is high every quarter with a two year maximum stay for most volunteers and girls; however, every minute is worth the involvement. Girl Scouting in this area is a great bridge for women who wish to brush up in management, organization skills, public relations, recreational skills, or just taking time to share experiences with friends, families, and others.


Lively friendships and fun adventures are easy within the networking of Girl Scouting.

For girls, the troop activities and other special events help to give a sense of community and belonging.

With the advantage of a large international community present, girls are able to exchange face-to-face ideas, interests, experiences from different cultures. An intimate view of other countries, languages is coupled making new friends and having fun.

Adults and girls can contact the Monterey Bay Girl Scout office at 353 Camino El Estero, Monterey, 372-0848 to learn about local activities and connect with closeby Girl Scouts and volunteers. □





CHILDREN'S SHOE SPECIALISTS

For Very Wide Feet We Stock to EEE
For Very Narrow Feet We Stock to AAA
Your Doctor's Orthopedic Prescriptions
Accurately Filled
Dance Wear

INTRODUCTORY OFFER
With This Ad
\$1.00 off to Military on 1st pair
of leather shoes for children

STRIDE RITE
LAZY BONES

141 Webster at Cass
(behind Monterey Post Office) 373-2828

... BUT HURRY TAX FREE OFFER MAY END SOON!

Up to \$1,000 (\$2,000 on joint returns) of interest earned on one-year All Savers Certificates can be totally free of Federal taxes. However, under the current rulings, you must invest (minimum \$500) prior to 31 December, 1982. So hurry . . . and enjoy the benefits of non-taxable earnings during the '82 and '83 tax years.



Monterey Federal Credit Union

550 El Estero • 649-3600
2600 Garden Road • 646-9366
Naval Postgraduate School • 373-2131
Presidio of Monterey • 373-0661
161 Fountain Ave., P.G. • 646-9575

Cub Scout Information

The La Mesa area offers Cub Scouting to any boy between the ages of 8-10. The La Mesa Pack 84 now has an enrollment of 64 boys, which includes 7 Dens and 3 Webelos Dens. Since we are made of military families we are always in need of leaders and people to be on our committees. Scouting is a rewarding experience not only for your boy but also for you as an active parent. If interested, please contact one of the following: Cubmaster: John Towle, 646-1268; Committee Chrm: Jack Bergquist, 372-0274; Den Leader Coach: Ruthann Heidgerken, 646-9138; Membership Chrm: Jack O'Neill, 375-4813.



Camp Fire

Camp Fire is offering traditional club programs to girls and boys grades 1-12. We have an active Blue Bird club at La Mesa (grades 1-3). Call Pat Fauquet, 372-5648. For information on Adventure clubs (grades 4-6) call the Camp Fire House at 424-5769. Camp Fire also offers an extensive Day Camp program at Camp Chaneya, located between Monterey and Salinas.

Adults interested in serving youths and the community may become part of Camp Fire Administration Volunteer Staff helping with training, organizing, consulting, programs, outdoor education and committee work. □

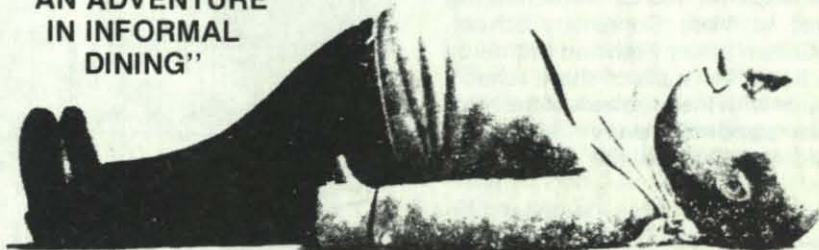


Indian Guides/Princesses

The YMCA provides Indian Guides/Princesses for boys and girls in kindergarten through 3rd grade. This is a one-on-one program, with the father and son or father and daughter. More information will be distributed in the beginning of the school year, through the school, or you may contact the YMCA at 373-4166.



"AN ADVENTURE
IN INFORMAL
DINING"



CALL AHEAD
649-1500
WE'LL HAVE IT READY!

\$1.00 OFF WITH THIS AD
ON ANY LARGE PIZZA

725 LIGHTHOUSE AVE.
MONTEREY

Try Our New
Dining Area



Monterey
Bay
Swim
Club

• HOME POOL •
Monterey Peninsula
College
Centrally Located
(5 min. to La Mesa & NPGS)

SWIMMING FOR ALL AGES

Novice through National
Enriching Individual & Team Experiences
Outstanding Coaching
Coach Trendt Awarded Jr. College Coach of 1981

• FURTHER INFORMATION •

Contact: Ted Trendt, Head Coach
Monterey Bay Swim Club
P.O. Box 1571
Monterey, CA 93940
Phone: (408) 646-4229



School Information

The Monterey Peninsula has an excellent school system. The regular educational program includes:

Elementary: Kindergarten through Grade 6.

Junior High School: Grades 7-8-9.

High School: Grades 10-11-12.

There are special education classes available for the mentally retarded, visually handicapped, the mentally gifted and aphasic students.

The schools for the La Mesa housing area are: La Mesa Elementary School, Walter Colton Junior High and Monterey High School. The staffs of these schools are familiar with the problems of the Navy dependents and make every effort to help the children adjust to the new school system.

Textbooks and other supplies are provided for all grade levels with the exception of gymnasium clothing in grades 7-12. School buses provide transportation to the junior high and high schools. Hot lunches are served daily in the cafeterias for a modest fee. Visiting adults may eat in the cafeterias for a fee of approximately \$1.00, or may bring their lunch.

The school year for La Mesa Elementary has been changed from that of the other



city schools to coincide with the Postgraduate School year. A child must be five years old by December 2nd to enter kindergarten. Verification of birthday is required. All new students must present immunization records. Children must be up-to-date on DPT, polio and measles (rubella) and mumps immunizations. California has recently passed a law requiring physical examinations for ALL

children entering the first grade. Your children will be excluded from school if the above requirements are not met. Forms for the examination can be obtained from the school office at the time of registration. If your child has already had a physical from a previous school, it should be brought with you on the first day. Arrangements for these physicals may be made through the Army Medical Clinic at the Presidio.

Report cards from the previous school year are helpful in class assignments.

Registration for junior high and high school may be completed at any time during school hours. Immunization records must be presented at the time of registration. Report cards from the previous school year should be brought in order to select those classes needed to meet graduation requirements. Information on bus stops and times can be obtained from the offices.

The school system offers parents the opportunity to participate in the instruction of the students by volunteer work as teacher aides, library attendants and office helpers. Contact the offices for further information.

La Mesa School: 649-7474 or 7475

Walter Colton Junior High: 649-7126

Monterey High School: 649-7482


Monterey Peninsula Unified School District: 649-7011. □



SWIMMING LESSONS — INDOORS

Part-time Instructors Needed

- * **Beginners, Advanced Beginners and Competitive**
- * **Seaside Swim Center, 1184 Wheeler St., Seaside 2-Indoor Pools**
- * **Lessons given between 5-7 PM Mon.thru Fri.**
- * **Call SAL BALBO 375-9689 for details and scheduling before going to pool**
- * **Monterey Peninsula Aquatics is an USS sanctioned swim team — competitive swimmers are welcome**



KUDRNA'S
For Children

Salinas
910 So. Main St.
Valley Center

Monterey
on the Mall
Del Monte Center

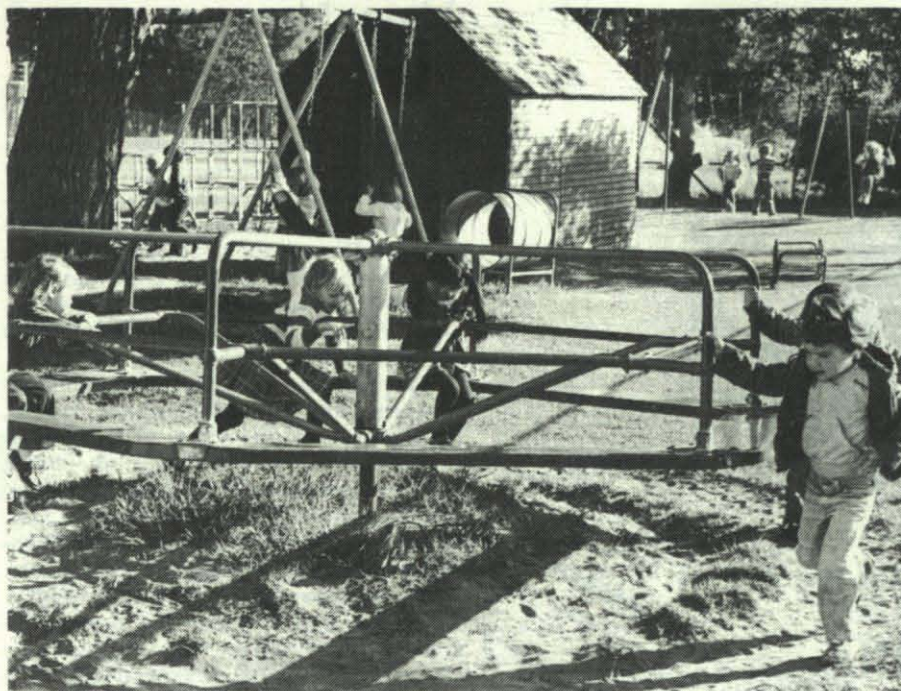
GROW WITH US TO SIZE 14

**Largest Full Line
Childrens Specialty Store
on the Central Coast**

**We're Proud of Our Prices,
Selection & Service.
We Invite Your Comparison.**

**THE GREATEST
CHILDREN STORE IN TOWN!**

*"We deliver everything
but the baby."*



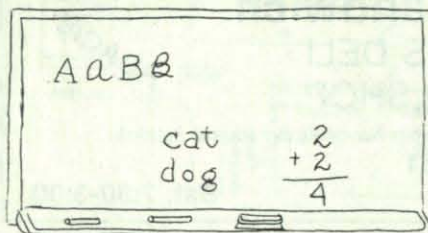
The Presidio Preschool

The Presidio Preschool is a place for learning, sharing, and loving. Since a small child learns only through experiences, preschool stands for learning through living. The child is helped to experience how things taste, feel, sound, smell, and look. He needs to see things as they are: beautiful and ugly, fat and skinny, large and small, colorful and dull. The goal of the Presidio Preschool is to bring about a positive self-concept in each child—a good feeling for themselves and others.

The Presidio Preschool is a structured educational experience. The three hour session is divided into time periods with a story time, sharing time, calendar time, music time, snack time, and free play. A newsletter is prepared each month to keep the parents up-to-date on the material covered each week. Evaluation cards are sent twice a year to inform the parents of the child's progress. Individual meetings with the parents are held any time.

The class schedules and ages are as follows: Morning session 8:30-11:30, Tuesday/Thursday — 3 year olds; Monday/Wednesday/Friday — 3 1/2 to 4 year olds. Afternoon session 12:30-3:30, Monday through Friday — Pre-Kindergarten class (must be able to attend kindergarten the next school year).

For further information call Susan Burns at 373-8101. □



NPS Preschool

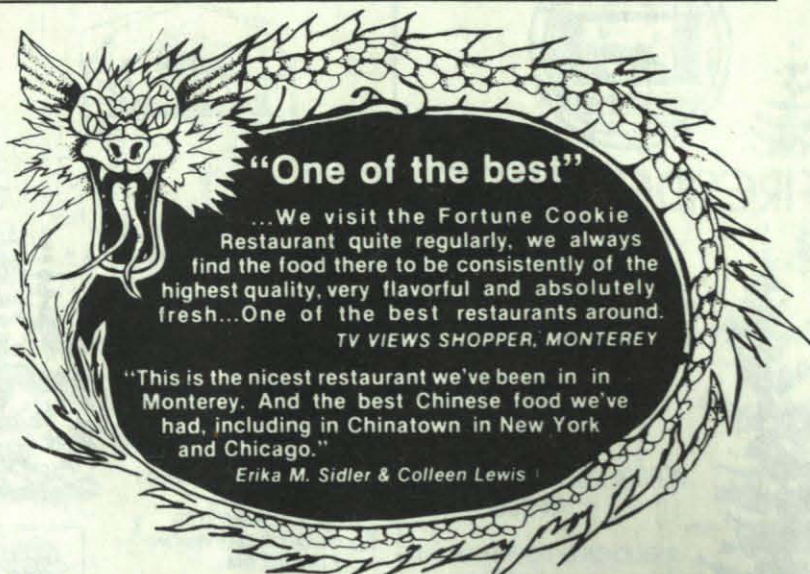
The NPS Preschool is conveniently located in Building 238 on NPS grounds. Its services are available for three- to five-year-old children of all military, civil service, and employees of the NPS complex.

The NPS Youth Training Program holds morning sessions from 9:30 a.m.-noon, as well as afternoon sessions from 1-3:30 p.m. By providing an environment of both structured and unstructured activities such as coloring, crafts, stories, educational games, music and outdoor play, the program strives to improve the child's perceptual, reasoning and language skills. The four-year-olds' program provides a warm and relaxed atmosphere for beginning phonetics and reading readiness.

Classes for the three-year-olds are available on Tues. and Thurs. while Mon., Wed. and Fri. sessions accommodate the four-year-olds. There is also a 5-day program for four-year-olds, Mon.-Fri., 9:30-12 noon. Tuition is \$25 per month for the Tues. and Thurs. session; \$35 per month for the Mon., Wed. and Fri.; and \$50 per month for the Mon.-Fri. session. The regular class schedule runs from September to mid-June with a maximum enrollment per individual class of 12 students. Further information may be obtained by calling the director, Miriam V. Mull, 646-2734. □

"Best Chinese Restaurant we've found."

The Classmate



FORTUNE COOKIE SZECHWAN-MANDARIN RESTAURANT

429 Alvarado St. • Old Monterey • 375-3000
Lunch Mon.-Fri. 11:00 - 2:30 Dinner Every Day 4:30 - 10:00
1 1/2 Blocks from the Monterey Conference Center



Navy Nursery School

The Navy Nursery School Association is a non-profit, nonsectarian preschool for three to five-year old children of students and faculty of the Naval Postgraduate School. The school is located in Building 25 at the NPS Annex, also known as Fleet Numerical Oceanography Center, on Airport Road in Monterey (three blocks from the Monterey Fairgrounds).

Our school's program is designed to develop the child's practical, social, sensorial and intellectual skills through activities that include painting, crafts, music, nature study, dramatic play, housekeeping, stories, and outdoor play. Parent involvement is encouraged. Presently there are three programs available. The two morning programs (Tuesday-Thursday and Monday-Wednesday-Friday) are from 9 a.m. to noon; tuition is \$24.00 and \$36.00, respectively. The afternoon program (five days Monday through Friday) begins at 12:30 p.m. and ends at 3:00 p.m. This program is designed primarily for children over four years who need preparation for kindergarten or will be entering kindergarten in the next school year. Tuition for the five day session is \$50.00. There is a registration fee of \$25.00 for each child enrolled in any program.

The Navy Nursery School also offers a six week summer program called Summer Fun.

The program is designed as a fun time for children; full of experiences! Interesting field trips are planned, some of which in the past have been visits to Shakey's Pizza, the airport, a filling station, Jack-in-the-Box, the SPCA, and a construction company. The children have also been visited by a telephone line worker, a milk carrier, and a garbage collector. Summer Fun also includes stories, games, arts and crafts using various art media, and cooking.

Children, pre-kindergarten ages 3-5, truly benefit from the program. If interested in this rewarding experience for your child, call the school at 375-7562.

We are extremely proud of our school, its faculty, its atmosphere and its facilities. We invite you and your pre-schooler to join us. Please contact the Director of the school, Vernes Fowler, 375-7562. □



JAWS
POORBOY

You've tried the rest
now try the Best
MAMA MIA
THAT'S A Sandwich
MAMA MIA'S DELI
SANDWICH SHOP

HOMEMADE PIZZA
HOAGIE

1193 10th St., Monterey (1 block from Naval Postgraduate School)
375-9161

Weekdays 7:30-3:30 **Sat. 7:30-3:00**

MONTEREY FIRESIDE LODGE



- ALL KING SIZE BEDS
- FIREPLACES IN ALL ROOMS •
- HOT TUB •
- CABLE COLOR TV •
- WET BAR •
- PERCOLATED COFFEE IN ROOM •

2 BLOCKS TO NPGS
HUGE MILITARY DISCOUNT

(408) 373-4172

1131 10TH STREET
MONTEREY, CA 93940

West Wind Lodge



- FEATURING
- INDOOR HEATED POOL •
 - OUTSIDE SUNNING AREA •
 - ADJOINING CONFERENCE ROOM
 - ELEGANT & RESTFUL QUIET ROOMS

- PERCOLATED COFFEE IN ROOM
- BRIDAL & FAMILY SUITES
- KING & QUEEN BEDS
- FIREPLACES & KITCHENETTES
- COLOR TELEVISION
- DIRECT DIAL
- SAUNA

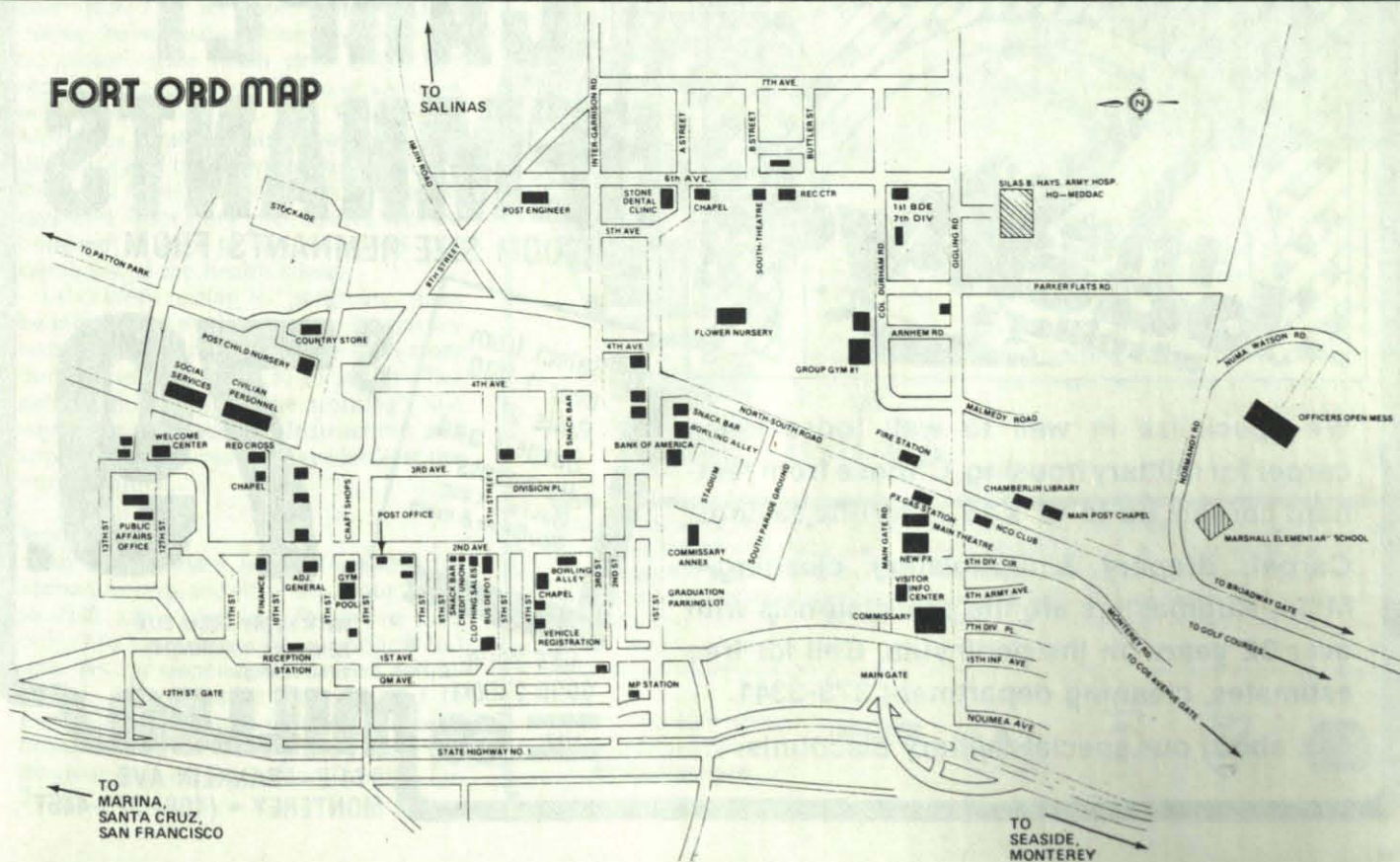
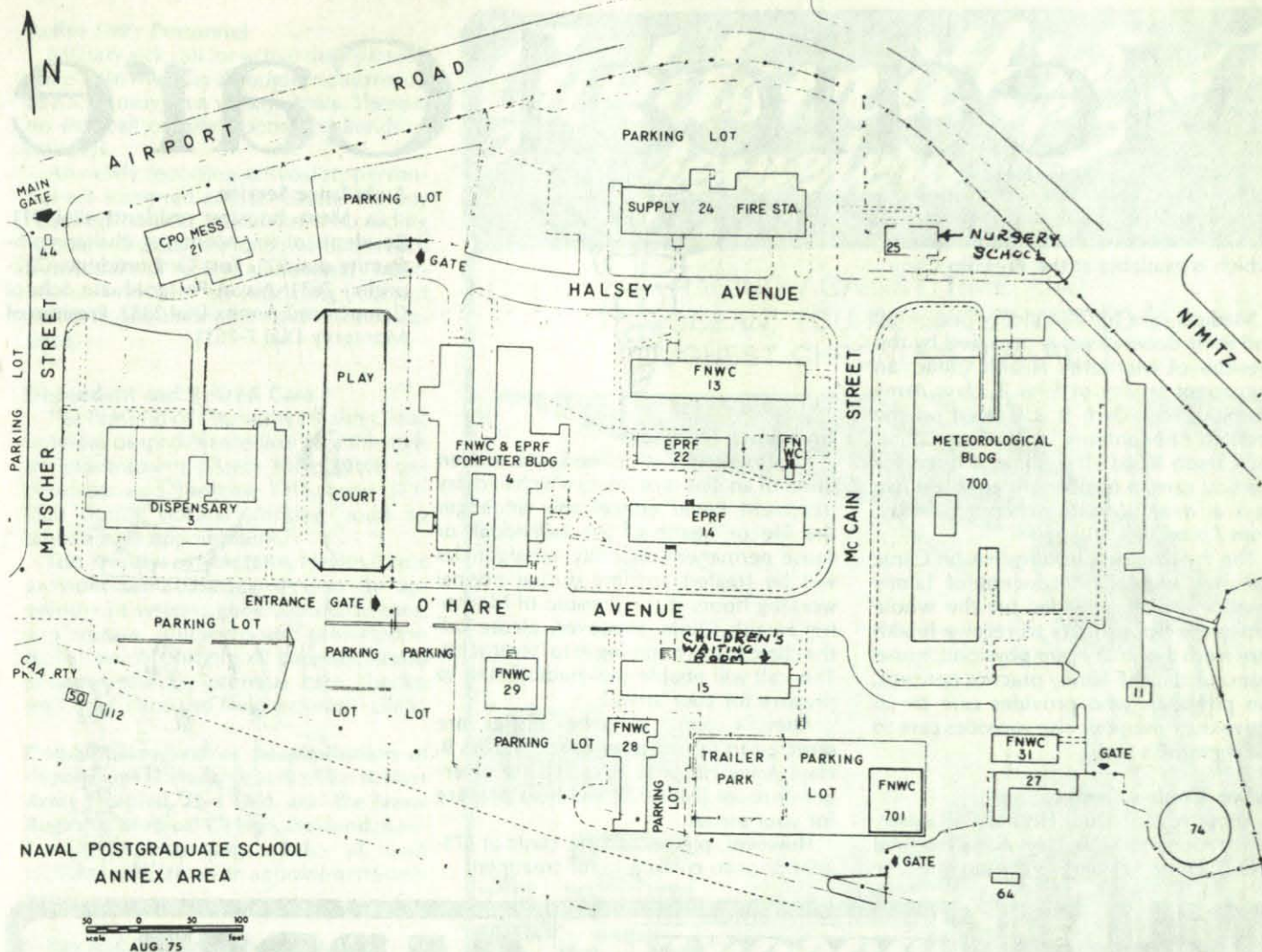


(408) 373-1337

1046 MUNRAS AVE.

NEAR DEL MONTE SHOPPING CENTER

UNDER SAME OWNERSHIP



Medical Care

Note: For additional information, request a copy of the "Uniformed Services Health Benefits Information Sheet," which is available at the Presidio Clinic.

Medical care for all military personnel and their dependents is provided by the Presidio of Monterey Health Clinic, an outpatient facility of Silas B. Hays Army Hospital, Fort Ord. It is located on the Presidio of Monterey in Building 422 off Kit Carson Road. The clinic is open for medical care to eligible beneficiaries five days a week, Monday through Friday, from 7 a.m. to 3:30 p.m.

The Presidio of Monterey Health Clinic operates under the concept of family practice which provides for the whole family the opportunity to receive health care from a primary care physician/nurse team. Under the family practice concept, the physician who provides care to an active duty member also provides care to the member's family.

Poison Control Center

After Normal Duty Hours: Call emergency room—Silas B. Hays Army Hospital (242-2020) or 911 on the civilian line.



Emergency Treatment

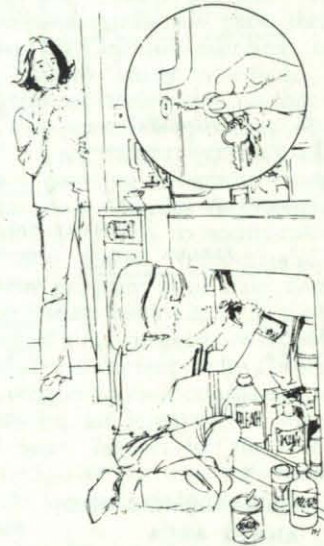
An emergency is defined as a sudden onset of an illness or injury which to delay treatment could conceivably endanger the life or health of the individual, or cause permanent disability. Emergencies will be treated anytime during normal working hours at the Presidio of Monterey Health Clinic. However, please call the clinic prior to coming in for treatment. This call will enable the medical staff to prepare for your arrival.

After 4 p.m., all emergencies are directed to the emergency room, Silas B. Hays Army Hospital. A call to the emergency room (242-2020) will help prepare for your arrival.

However, please call the clinic at 373-2924 prior to coming in for treatment.

Ambulance Service

La Mesa housing residents dial 911. Residents of the Monterey civilian community dial 911. Fort Ord residents (242-prefix) 7631. Naval Postgraduate School Campus and Annex Dial 2333. Presidio of Monterey Dial 7-7631.



MILLERS

the backyard.
at miller's

FREE*
CARPET PAD
to the
Military

We specialize in wall to wall loose layed carpet for military housing. Choose from remnant carpets up to 12' x 45' at terrific savings!

Carpet, drapery & upholstery cleaning—Miller Rugmasters are the professionals with over 32 years on the peninsula. Call for free estimates, cleaning department 373-3341.

Ask about our special military discounts.

CARPET REMNANTS

ROOM SIZE REMNANTS FROM...

\$79.

Select from
over 1,000
Rolls of
Carpets and
Remnants
Plushes, Loop,
Sculpture & more

USE YOUR
GOOD CREDIT



*WITH EVERY ROOM SIZE
REMNANT PURCHASED
9x12 or larger

MILLERS

571 E. FRANKLIN AVE.
MONTEREY • (408) 373-4457

Active Duty Personnel

Military sick call for active duty personnel is held Monday through Friday from 7 to 8 a.m. only on a walk-in basis. There is no sick call on afternoons, weekends or holidays.

All newly reporting active duty personnel are screened and scheduled for any required booster inoculations according to the individual's month of birth. Each individual will receive all necessary information relative to updating current physical requirements and immunizations.

Dependent and Retired Care

The Presidio of Monterey Health Clinic provides outpatient medical care through an appointment system for eligible dependents and retirees. Telephone 373-2924 during normal working hours to schedule an appointment.

The Presidio of Monterey Health Clinic provides the following services by appointment system: general medical care, pap smears, follow-up and prescription refills for chronically ill patients, blood pressure checks, prenatal care checks, well baby care and weight control clinic.

Consultations and/or hospitalization of dependents is available at the Silas B. Hays Army Hospital, Fort Ord, and the Naval Regional Medical Center, Oakland, California. The specialty clinics at both facilities operate on an appointment-only basis.

X-Ray and Laboratory Services

X-ray and laboratory services are available from 7:30 to noon and 1 to 3:30 during the normal working day. X-ray will be closed after noon each Friday for required maintenance. These services are maintained to assist the Presidio of Monterey Health Clinic physicians in the diagnosis and treatment of their patients. Requests from civilian physicians for X-rays and laboratory procedures will be honored subject to the workload and capability of the health clinic.

Laboratory testing for pregnancy must be initiated by the head nurse. Pregnancy tests will be accepted by the laboratory during the hours of 7:30 to 10 a.m. The patient must bring in the morning's first voided urine specimen. Instructions and specimen containers are available at the nursing office.

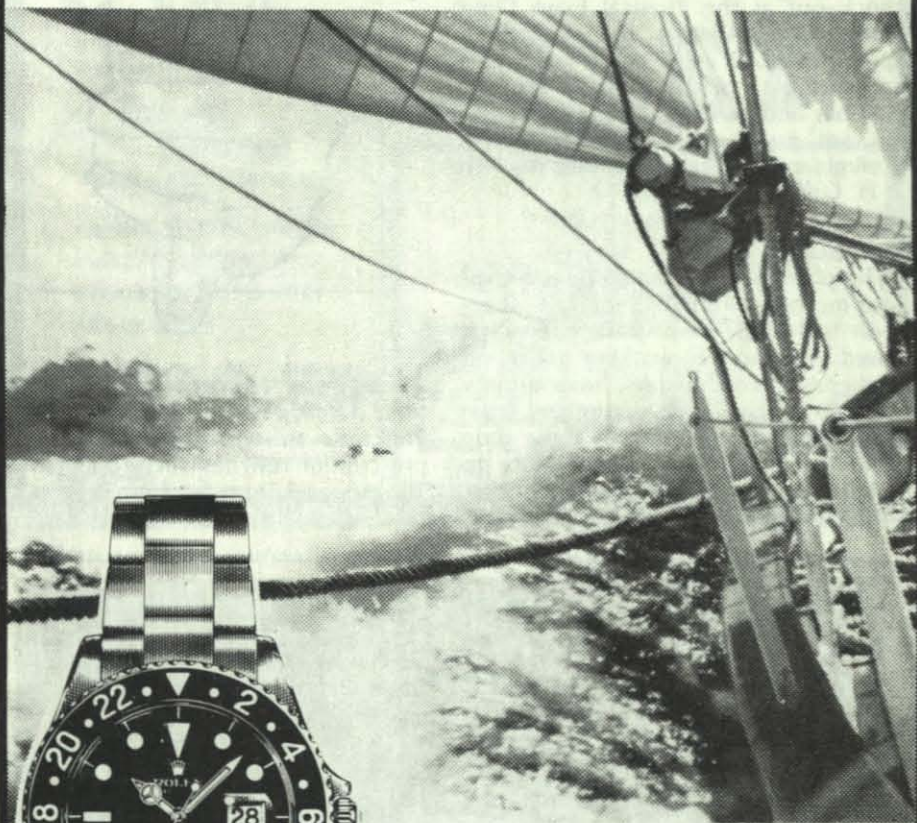
Inoculations

An appointment is not necessary for immunizations and flu shots. Hours are 7 to 7:30 a.m. weekdays for active duty only; 1 to 3 p.m. Mon.-Thur., and 1:30 to 3 p.m. Fri. for dependents, retired and all others. Patients must be prepared to remain for 20 minutes following inoculations. Yellow fever and plague shots will be given only at Fort Ord, on Tuesday, 1 to 2 p.m.

Goldsmith's jewelers

SINCE 1945

RACING AGAINST TIME AND
THE OCEAN, YOU NEED THE WORLD'S
TOUGHEST CHRONOMETER: ROLEX



The Rolex GMT-Master, showing exact time simultaneously in two zones, and pressure-proof down to 165 feet. In 18kt. gold with matching Jubilee bracelet. Also in stainless steel and gold with matching Jubilee bracelet; and in stainless steel (above) with matching bracelet, \$900.

ROLEX

- DOWNTOWN MONTEREY • 472 ALVARADO ST. • OPEN FRIDAY NITE 'TIL 9 • 373-0608
- DEL MONTE SHOPPING CENTER • OPEN WEEKNITES 'TIL 9 • SUNDAY 10-5 • 373-0429
- DOUBLETREE INN • 230 ALVARADO MALL • OPEN WEEKNITES 'TIL 9 • SUNDAY 10-5 • 649-3578
- MARINA VILLAGE CENTER • 215 RESERVATION • OPEN WEEKNITES 'TIL 9 • SUNDAY 10-5 • 384-0300
- OLDTOWN SALINAS • 246 MAIN STREET • OPEN FRIDAY NITE 'TIL 9 • 424-2945
- CARMEL PLAZA • OCEAN AVENUE • OPEN FRIDAY NITE 'TIL 9 • SUNDAY 10-5 • 624-8413
- NORTHRIDGE SHOPPING CENTER • OPEN WEEKNITES 'TIL 9 • SUNDAY 10-5 • 449-7711

YOUR OWN
Goldsmith's
BUDGET ACCOUNT AVAILABLE

AMERICAN
VISA

MasterCard

DISCOVER
CLUB

AMERICAN
EXPRESS

Carte
Blanche

Military Physical Examinations

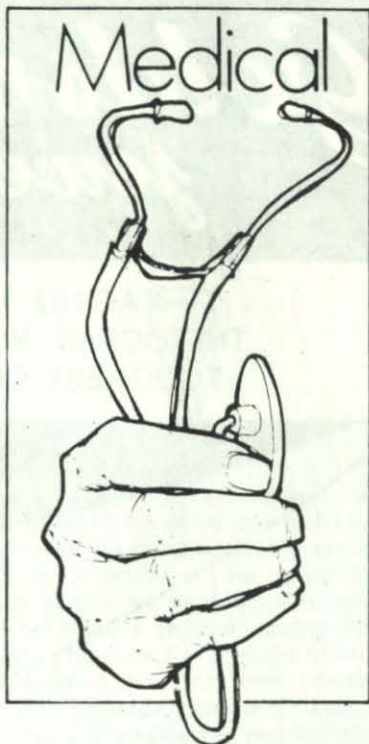
Preliminary physical exams (for all USN, MC, CG, AF USA at the Naval Postgraduate School and DLI) are given at the POM Health Clinic.

The medical officer phase is conducted at the Physical Exam Clinic, SBHAH, Ft. Ord. Non-aviation officers and enlisted personnel are done at 0730-0930 a week after preliminary physical. All aviation personnel are done by appointment only. Call 242-5545 for an appointment with the flight surgeon, after preliminary. After preliminary physical, enlisted personnel being separated from the service must check out at the Physical Exam Clinic POM. Call 242-8614 for preliminary appointment. If you can't keep your appointment, please call as soon as possible and cancel or be rescheduled. Do not go to Ft. Ord without your preliminary. Wednesday is ladies day only at Ft. Ord.

Pharmacy

The pharmacy is open to fill prescriptions mornings from 7:15 to 12:15, afternoon 1:15 to 4. The pharmacy service is closed after normal working hours, on weekends and on holidays. The pharmacy will accept civilian prescriptions from other medical facilities, only if the drug requested is stocked, and subject to limitations of federal and local policies. Prescriptions from civilian physicians

should be written generically, if possible, since no drug substitutions can be made. Prescriptions from civilian physicians and prescription rewrites will be done only on Tuesday and Thursday from 2:30 to 3:30 p.m.



Naval Medical Administrative Unit Monterey

The Naval Medical Administrative Unit is located in the Presidio of Monterey Health Clinic (242-8614). The unit is a medical administrative activity under the command of the Navy Regional Medical Center, Oakland, California. The officer in charge of the unit is a Navy Medical Service Corps Officer, Lt. Ray Moran. The unit maintains custody of the health records of all active duty Navy/Marine Corps personnel. Navy/Marine Corps personnel reporting to, or detaching from, the Presidio of Monterey or the Naval Postgraduate School and its tenant activities are required to *personally check in and check out their health records*. Check-in procedures will be processed during normal working hours, 7 to 11:45 a.m., 1 to 4 p.m. Check-out procedures will be handled only from 1 to 3:30 p.m.

Ambulance Billing Procedure

Active duty Navy/Marine Corps personnel who receive a bill for ambulance service, or any civilian medical care, must present the bill to the Navy Medical Administrative Unit, Presidio of Monterey Health Clinic, for processing.

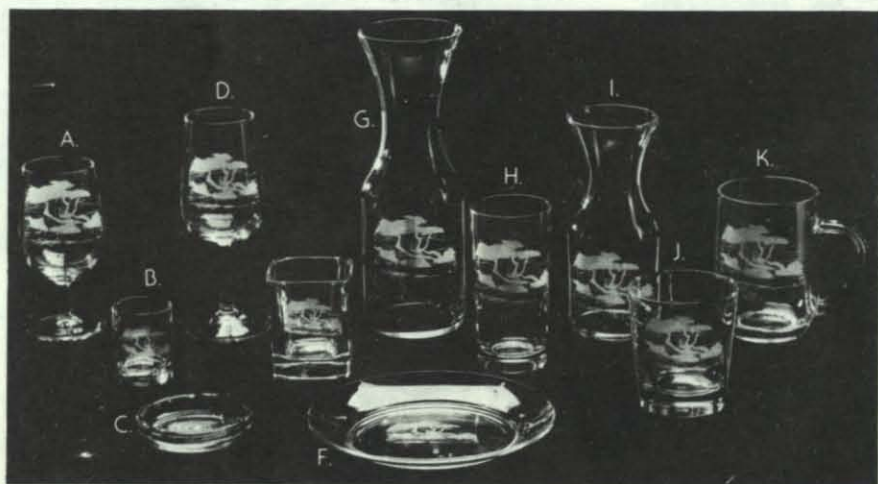
Emergency ambulance service for dependents and retired personnel is an authorized benefit under CHAMPUS. Billing for ambulance service may be paid by CHAMPUS after the required deductible has been met.

Release of Health Care Records to Individuals Other Than the Patient Concerned

Health care information of records shall be released to authorized representatives of the individual, or his court appointed representative. When a sponsor or spouse wishes to pick up the health care records of any other adult member of their family, they must present a written request and the Identification and Privilege Card from that member before the health care records will be given to them.

Health Care Consumer Advisory Committee

The Health Care Consumer Advisory Committee is a group organized to open two-way communication between the consumer (military personnel and their dependents) and the medical facility at the Presidio. Any complaints, suggestions, questions or praise concerning care and treatment at the Presidio Health Care Clinic are welcome. Contact Eunis Bencke (372-4756), or LCDR Bruce Johnsen, 646-2174. Lt. Moran, 242-8614 or 242-8615, is also willing to attempt to solve any problems which might arise. Please be specific, give names and dates if possible, and sign your name and address so you may be contacted if necessary. □



THE ORIGINAL "LONE CYPRESS" DESIGN

The Lone Cypress etching has been taken from a pen and ink drawing by Carmel artist R.W. Cooke, and is an exclusive design found only at the Red Rooster. An ideal souvenir or gift.

- | | |
|--|--------------------------------------|
| A. Calif. Wine Glass — \$4.95 | B. 3 oz. Jigger — \$3.95 |
| C. Coaster/Ashtray — \$3.50 | D. French Wine Glass — \$4.95 |
| E. 14" Plate (Not Shown) — \$21.00 | F. 8" French Designer Plate — \$4.95 |
| G. 1 Liter Carafe — Hand Etched — \$9.95 | |
| H. 12 oz. High Ball — \$3.95 | I. ½ Liter Carafe — \$5.95 |
| J. Double Old Fashion — \$3.95 | K. 19 oz. English Tankard — \$6.95 |

Featuring over 130 California Artisans.

By mail add \$1.60 for first item and 35¢ for each additional item. Plus 6% sales tax in California.



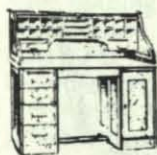
Open Daily VISA/MC
3734 The Barnyard
CARMEL, CALIFORNIA 93923
(408) 624-8809
HWY. 1 & CARMEL VALLEY RD.

Civilian Outpatient and Inpatient care

Information on the CHAMPUS and health benefits counseling program is available at the Health Benefits Counselor's office, Fort Ord Army Hospital; call 242-5561 for assistance, or call the Naval Medical ADMIN UNIT, 242-8614. CHAMPUS is **not authorized for active duty military members**. Authorized outpatient medical care for military dependents may be obtained directly from civilian sources without reference to any military activity. It is advisable to inquire as to what medical care is authorized and also to seek care from civilian sources that participate in the CHAMPUS program, as CHAMPUS pays reasonable fees only. In the case of outpatient care, a deductible of \$50.00 per individual, or \$100.00 per family, is required each fiscal year. In addition to the deductible amount, active duty dependents pay 20 percent of the remainder of the costs; retired and military dependents pay 25 percent. Inpatient care for all active duty military dependents, retired personnel and their dependents must be rendered by the Silas B. Hays Army Hospital, Fort Ord. The patient must obtain a non-availability statement prior to seeking pay for the civilian hospitalization. Cost for inpatient care is \$25.00 or \$5.00 per day, whichever is greater.

International students and their dependents are no longer eligible for care under the CHAMPUS Program as of December 31, 1981. A written order from their government is necessary before any physicals can be given. Lt. Moran (242-8614 or 242-8615) can answer any questions International families may have.

FURNITURE AND PIANO REFINISHING



ANTIQUE
RESTORING
A SPECIALTY



MILITARY CLAIMS & ESTIMATES

TOUCH-UP & SPOT REPAIR
GOLD & SILVER LEAFING
FURNITURE REPAIRS
OLD PAINTINGS & PICTURE FRAMES
CLEANED & RESTORED

**Monterey Furniture
Restoration**

STEPHEN MacLEOD

PICK-UP & DELIVERY

(408) 373-3030

289 Dickman Avenue
Monterey, California 93940

Cannery Row's World Famous...

CAPTAIN'S GALLEY

Sunset Dinners

SERVED 3:30 - 6:30 DAILY

- BAKED STUFFED CHICKEN
- BRAISED SIRLOIN TIPS
- FRESH PACIFIC SNAPPER
- CLAM STRIPS

Your Choice
Only: **5.50**

Includes: Clam Chowder and Salad and
Two Fresh Vegetables and Pasta and Fresh
French Bread.

Nobody Can Eat Just One Serving
Of Our

FAMILY STYLE

ALL YOU CAN EAT DINNERS

MON & TUES

BBQ RIBS or BBQ CHICKEN

WEDS & SAT

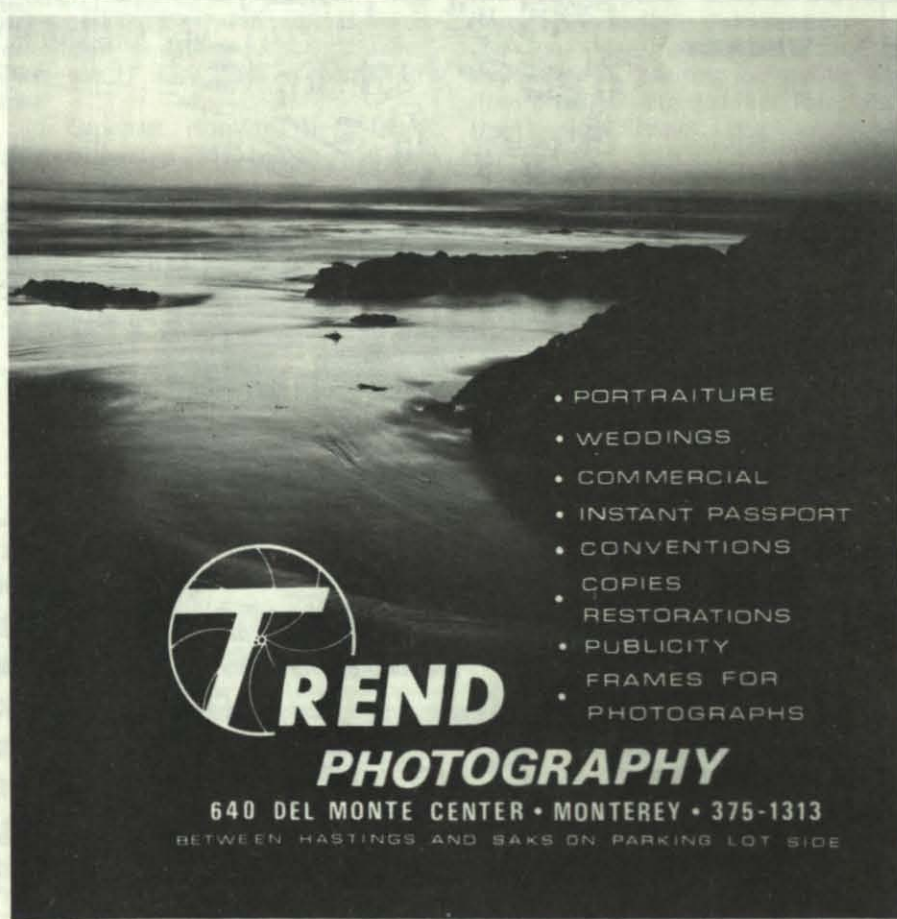
CALAMARI FEED

THURS/FRI/SUN

FISH FRY

6.50

711 CANNERY ROW • 2ND LEVEL • MONTEREY • 649-8676



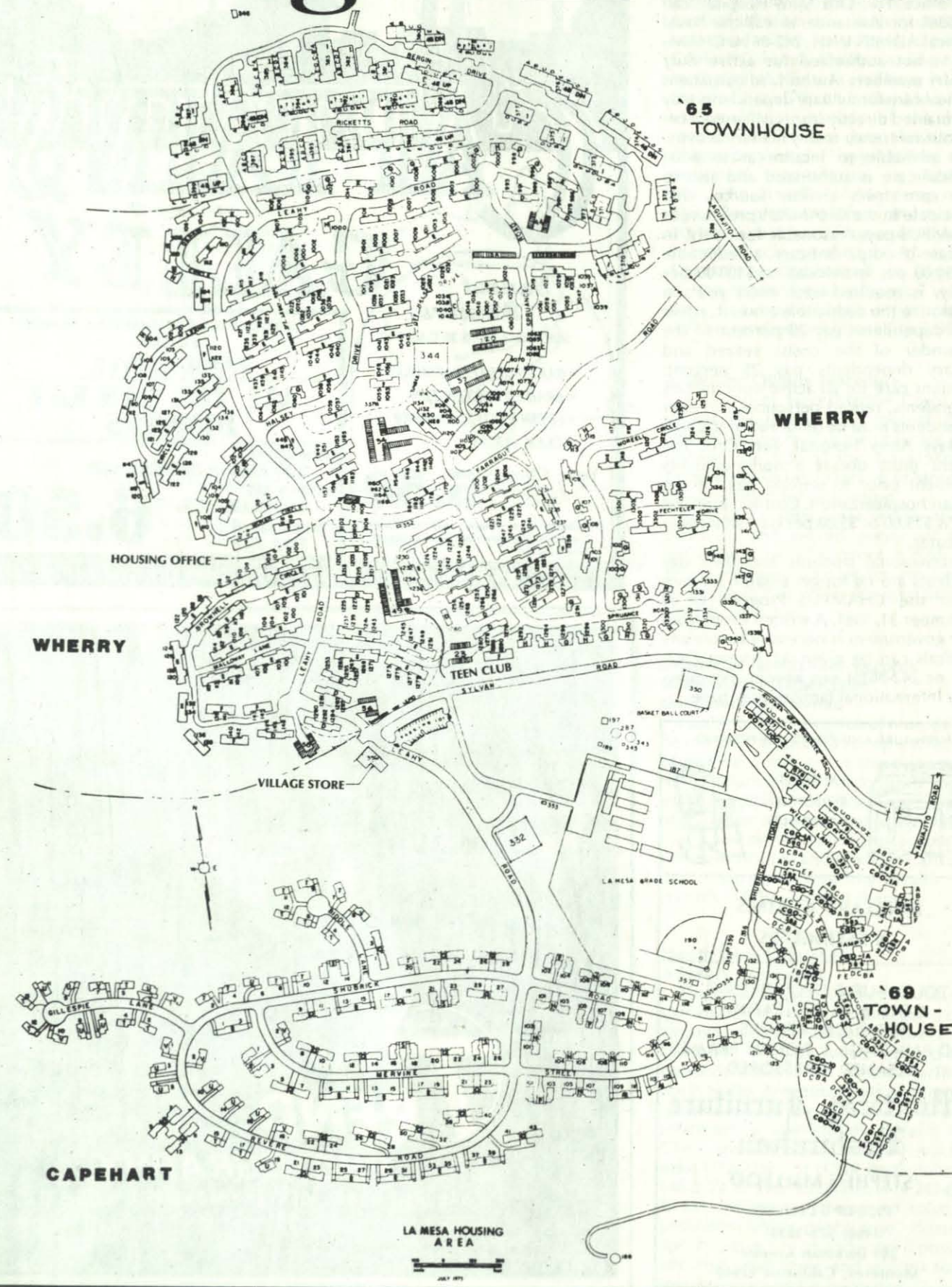
• PORTRAITURE
• WEDDINGS
• COMMERCIAL
• INSTANT PASSPORT
• CONVENTIONS
• COPIES
• RESTORATIONS
• PUBLICITY
• FRAMES FOR
• PHOTOGRAPHS

TREND

PHOTOGRAPHY

640 DEL MONTE CENTER • MONTEREY • 375-1313
BETWEEN HASTINGS AND SAKS ON PARKING LOT SIDE

Living in La Mesa



Housing & the NPS Family



Probably the main concern of the military family upon receipt of orders is the housing situation at the new duty station. Availability of housing, both military and private, the cost of buying or renting, the location of desirable neighborhoods and schools and so forth are all questions which arise long before the movers arrive.

Naval Postgraduate School students and their families may choose to live in Navy housing, located exclusively in La Mesa Village about a five minute drive from NPS; to buy a home; or to rent on the economy.

Home prices on the Peninsula are high (\$90,000 and up—mostly up). Home prices and rentals vary with the location, of course, but rentals are also on the high side. Keep in mind that the Monterey Peninsula area attracts many tourists and wealthy retirees, so property value and rents continue to rise. Buying real estate is always a wise investment, but it is best to check with local realtors before purchasing a home.

La Mesa Village consists of 877 units of various ages, size, location and design. Sixty-seven percent of NPS student families live in La Mesa Village as well as military faculty members and other military families stationed on the Peninsula. A convenience store, beauty salon, 6 tennis courts, Little League fields and numerous tot-lot playgrounds are located in La Mesa as well.

Housing designs range from 2 story townhouses, to single homes with fireplaces, to quadruplexes and duplexes

with all combinations of bedrooms and baths. There are 34 different floor plans in all. Yards range in size from quite large to postage stamp.

According to DOD policy, rank and number of children determine which houses are available to incoming students. The housing office will, if available, offer incoming students homes with 2 different floor plans for which they are eligible. Selective choice of a specific floor plan can not be accommodated. You do not have to accept the first housing unit offered; however, the second offer must be accepted or your name will be removed from the housing waiting list. You may reapply 60 days after being dropped from the waiting list with a new control date, that being the date you reapply.

La Mesa has four housing areas: (1) Wherry Housing, consisting of a combination Field Grade and Company Grade quarters, is the oldest and largest. This particular housing consists of 449 units, with square footage from 811 to 1622 square feet. The units are singles, duplexes or quads, 1 and 2 stories with from 2 to 4 bedrooms (some plus a study) and from 1 to 2 baths. Some units (117) have attached carports, 102 units have fireplaces and all Wherry kitchens have been remodeled and dishwashers installed. There are 17 floor plans in the Wherry area.

(2) Capehart Housing, Field Grade quarters, built in 1963, contains 150 units

with 9 different floor plans. The living area ranges from 932 to 1393 square feet with 2 to 4 bedrooms and 1 to 2 baths. All the Capehart homes have attached carports; 38 are single homes with fireplaces, the rest are duplexes. All Wherry and Capehart units have medium to large lawns and are surrounded by lots of green, open areas.

(3) Funded Townhouses, Company Grade quarters (Bergin Drive and Ricketts Road), built in 1965, have from 3 to 8 units per building. All but 12 of the 160 units are two-story, all have 3 bedrooms, none have carports or fireplaces. Most have small yards. They all have enclosed terraces. The sizes range from 1171 to 1228 square feet. There are 4 floor plans in this category.

(4) Funded Townhouses, 2 bedroom Company Grade, 3 and 4 bedroom Field Grade quarters (Michelson Sampson and Wilkes Roads), built in 1969, are also multiple dwellings with 4 to 8 units per building. All are two-story floor plans from 1031 square feet with 2 bedrooms and 1½ baths to 1406 square feet with 4 bedrooms and 2½ baths. Again, none of these have carports, fireplaces and only a few have large yards. There are 118 units with 3 floor plans. None of the townhouses have built-in dishwashers.

If you have questions, about the availability of housing or exactly what floor plans you are qualified for, contact the Housing Director, Greg Murphy, 646-2321. □



La Mesa Housing Office

american
auto rental
& SALES COMPANY, INC.

801 AIRPORT RD., MONTEREY
8:00 a.m. to 5 p.m., Sat. till noon
OR
MONTEREY AIRPORT TERMINAL
6:30 a.m. to 10:30 p.m.

From \$16.95
UNLIMITED MILES
Monday thru Sunday
CALL 649-1611
For Details
LOWEST POSSIBLE
RATES IN TOWN
RATES SUBJECT TO CHANGE

MOVING TO ORANGE PARK? MANDARIN? JACKSONVILLE?

**Call M. Sue Perry,
Realtor Associate**

for a personalized relocation packet
and to set up your
househunting trip to Florida.

Call Collect
(904) 269-9707 (office)
(904) 272-3506 (home)



Walter Williams Realty, Inc.
1495 Kingsley Avenue
Orange Park, Florida 32073

CARPET REMNANTS

Good Selection
Fast Friendly Service
Family Owned and Operated
FREE 3/8" FOAM PAD
To Military with Remnants

Full Service Floor and Window Coverings •
Remnants & Rolls • Custom & Ready-made Draperies

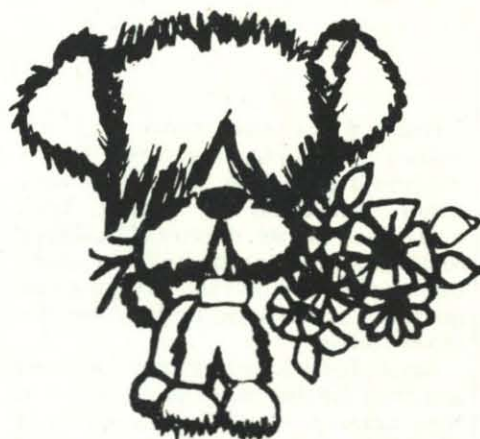
Bereman
CARPETS Inc.

1100 Del Monte Avenue
Monterey, CA 93940 Tel. (408) 373-7759

Reason Behind Rule

by Janet Machak

Despite housing regulations requiring pets to be fenced or leashed at all times, free-roaming dogs continue to be a problem in La Mesa. Remember that whether or not your neighbors own dogs, they do NOT want YOUR dog sniffing around their garbage, staking out the local play area, or fertilizing their yard. Furthermore, foot-loose dogs may be fancy-free, but they are also in danger—perhaps mortal danger—from cars, trucks, and moving vans that use our streets. On the other hand, there is always the possibility that your pet will bite a child. For the sake of good community relations and the safety of your own pet, PLEASE LEASH OR FENCE YOUR DOG! □



Veterinary Clinic

Routine animal care is available for cats and dogs at the Animal Disease and Prevention Control Facility at Ft. Ord. The clinic is located in Building 3144 at the corner of Fifth St. and Ninth Ave.

Rabies, distemper and DHLPP vaccinations are given during immunization clinic hours, Wednesdays 8:30-10:30 and Thursdays 1:30-3:30. For these services, appointments are necessary and should be made not more than three days in advance.

The clinic also has a pet adoption program. The hours are Monday and Friday 8-4, Tuesday 1-4, and Thursday 8-11. No appointment is necessary. The pet adoption fee includes basic vaccinations and spaying/neutering.

For appointments or additional information, call 242-4994. □

The La Mesa Community Center

Need a convenient place to conduct meetings, recreational activities and social functions? The La Mesa Community Center located behind the Village Store is for use by housing residents.

The center provides three multi-purpose rooms separated by folding partitions, a small kitchen, an outdoor picnic area with barbecue pit, and can accommodate 15 to 65 people inside.

The center is available on a first-come, first-serve basis with non-profit organizations having priority. Second priority goes to private parties and third priority to special interest groups (those charging tuition).

There is no charge for use of the center. To reserve it, apply in person to the Housing Director. Phone 646-2321.



La Mesa Community Center



One style of La Mesa townhouses



Convenience Store and Beauty Shop

Athletics and Recreation

Tickets

Seasonal discounts and tickets are available for such events as plays, Little Theater productions, Laguna Seca Races, the Bing Crosby Pro-Am and other local events. Current information on what is available may be obtained by calling the Recreation Office, 646-2466.

Swimming Pool, Sauna

The swimming pool is open from May (Memorial Day weekend) to September (Labor Day weekend), Tuesday through Sunday, from noon to 6 p.m. (11:00 to 1:00—students, staff and faculty only). During this period a fee of \$1.00 will be charged for adults and 75 cents for children using the pool or sauna. Bona fide guests will pay a fee of \$1.75.



SAN DIEGO

SHIELDS REALTY
4228 Bonita Road
P.O. Box 621—Bonita, CA 92002

We are a military oriented office serving most of the bases in San Diego and specializing in homes in the Bonita and Chula Vista areas.

For information write or call collect. Ask for Doris Bradley or Jim Alkire (USN, Ret.). 714-479-3120

Athletic Programs

The sports program at NPS includes the following: basketball, softball, soccer, volleyball, swimming, tennis, table tennis, touch football, badminton, lacrosse, handball, bowling, golf, cross country, little league, karate and other competitive sports. Anyone interested in intramural and varsity sports is urged to contact the Sports Supervisor, 646-2497.

NATIONAL CAPITAL AREA

Specializing in lovely Northern Virginia
Call collect or send for our relocation kit

Karen Watkins
(703) 435-0900 (Office)
(703) 471-5829 (Home)

CHIMNEY HOUSE, REALTORS

11484 Washington Plaza West Reston, Virginia 22090

Gymnasium-Gear Issue Room

There is a gymnasium in Bldg. 239, the facilities of which are available to all eligible personnel. In addition, there are two four-walled handball courts, two squash courts, the athletic gear issue room, and an exercise room furnished with all the equipment necessary for any physical fitness or reducing program and a sauna. The gear issue room has an extensive selection of camping equipment which may be checked out to personnel at a nominal fee. A complete list of available items and their cost may be obtained at the issue room during regular gymnasium hours: 7:30 a.m. to 9:30 p.m., Monday through Friday, and 10:00 a.m. to 3:00 p.m. Saturday. For further information, call 646-3118.

Bowling Facility

The lanes at the NPS Bowling Alley, located across the street from the gym and nursery, charge 25 cents for shoe rental and 60 cents a lane. The six-lane alley has open bowling all day Saturday and whenever there are no leagues scheduled. Balls and bags may be ordered there and lessons are offered by the lanes manager.

The bowling alley is open from 11 a.m. to 8 p.m. Monday through Thursday, 11 a.m. to 10 p.m. Friday, and 1 p.m. to 8 p.m. Saturday. For any further information regarding bowling, call the lanes, 646-2288. □



Bowling

If you like to bowl... you're in luck!!! NPS offers quite a few leagues, both at the Bowling Facility on base and a civilian bowling alley in Monterey. To sign up for base leagues, call the lanes for information. For either a Wednesday or Thursday morning women's league or a Saturday evening mixed league, call Marilyn Hodgson, 646-0621; Donna Bock, 649-0426; or Bonnie Burna, 375-5090. We need bowlers (full time and substitute)!!! There is also a children's league. Call the NPS Bowling Alley, 646-2288, for details. □

**Support Our
Advertisers
They Support US!**

For Your Entire Families Needs
Shop At Your NAVY

Exchange



LOOK FOR OUR
207th NAVY BIRTHDAY
SALE
COMING IN OCTOBER

SAVE 10%

WE SPECIALIZE IN FEET

AT THE RUNNERS we sell only running shoes, clothing and accessories. We don't pretend to be experts at anything else. Our primary concerns are: Personal Service • Proper Fit • Quality Equipment

THE RUNNERS currently features:

- New Balance 660, 555, 420
- Saucony Freedom Trainer, Raider
- Tiger X-Caliber GT, Ultra-T
- Etonic Eclipse Trainer and Racer

So get your running act together now! Visit our store. It's an experience you and your feet deserve.

THE RUNNERS

225 Lighthouse Ave., Monterey

646-1487

Mon.-Sat. 10-6

Sun. 12-4

ALL PRIOR
COUPONS VOID.

EXPIRES
OCT. 30, 1982

ADIDAS • TIGER • NEW BALANCE • BROOKS • ETONIC • SAUCONY
BILL RODGERS • GUTS • WOMEN ON THE RUN • DOLFIN

WITH THIS AD

Zepeda's

RESTAURANT

Authentic

MEXICAN DISHES

- SPECIALIZING IN -
- COMBINATION DINNERS
- TAMALES • TACOS
- CHILI RELLENOS
- ENCHILADAS
- WINES & BEER

MEXICAN DISHES
TO TAKE
OUT

**OPEN DAILY
EXCEPT TUESDAY**
FRI-SAT 11 AM-10 PM
SUN-THURS 11 AM-9 PM

SEMI - PRIVATE ROOM AVAILABLE

VISA **372-4851**

CASA FUENTE BLDG.
435 PIERCE ST.
MONTEREY

1 1/2 BLOCK FROM
MONTEREY CONFERENCE CENTER

DEL MONTE
FRANKLIN
PACIFIC
UPSTAIRS OFF PACIFIC
435 PIERCE
PARKING IN
NEW MUNICIPAL
GARAGE

NEXT TO CASA SERRANO



Picnic Grounds

The picnic grounds are open from 7 a.m. to 6 p.m. daily (longer hours during the summer months) and are located inside the NPS Golf Course grounds, about 200 yards past the pro shop. Picnic grounds must be reserved in advance. Registration for the use of the picnic grounds may be made at the Gymnasium, 646-3118, Monday through Friday. Rules for use of the area will be explained to the person reserving the grounds. Maximum size for groups is 200 persons. Civilian parties must be sponsored by military personnel attached to the Naval Postgraduate School. A softball field is located adjacent to the picnic grounds, but it is available only on weekends from May through September because of Socko Leagues. There is a fee for use of the picnic grounds plus a refundable cleaning deposit. □



Golf Course

The Naval Postgraduate School Golf Course is located behind the Monterey County Fairgrounds. It is a full 18-hole course. The golf course has a clubhouse with snack bar, lounge, ladies and men's shower rooms, locker rooms and shoe storage facilities. Also located at the course is a combination pro shop and starter shack. A selection of retail merchandise is offered to meet the golfer's needs. Telephone 646-2167.

Golf Driving Range

The driving range is located across the street from the pro shop. The hours of operation are 8 a.m. to 5:30 p.m. during Daylight Savings Time and from 8 a.m. to 5 p.m. during other months of the year. Range balls are purchased at the pro shop. The sale of range balls secures at 5:30 p.m. daily. All persons eligible to use the golf course are authorized to use the driving range. □



Just Around
The Corner
From NPS

Saleen's RUSTIC ROOSTER

"The newest name in casual dining"

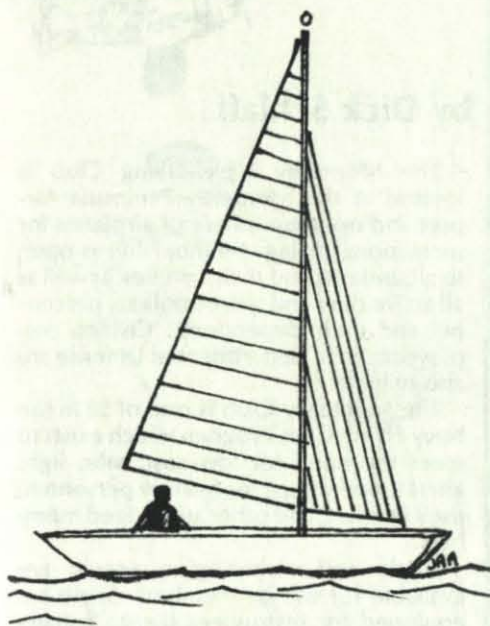
Roast prime rib, sizzling steaks and tasty seafood, all prepared in the traditional manner... serving lunch weekdays from 11:30, dinner nightly, except Sundays, from 5:00. Brick fireplace highlights cocktail lounge, open from 11:00. Banquet facilities available. Overlooking Lake El Estero.

"Something to Crow About"

For Reservations
375-5104

55 CAMINO AGUAJITO
MONTEREY

Sailing at NPS



NPSSA is a member of the U.S. Naval Sailing Association headquartered in Annapolis. It has its own constitution, five officers elected for one-year terms, ten advisors who are prominent in the local sailing community and a monthly newsletter, the *Spanker*. It has traditionally maintained a healthy rapport with the

Monterey Peninsula Yacht Club. Quarterly meetings feature programs of interest to sailors, experienced and novice, as well as the opportunity to exchange scuttlebutt. The association is heavily involved with underway training and several regattas.

Membership is open to all military personnel (active and retired, enlisted and officer, national and international) and their dependents 16 years or older; to faculty and civilian personnel GS-11 or over and their dependents 16 years or older. Membership costs only \$5 per family per year. Membership applications, the current officers' directory and other pertinent association information are posted on the bulletin board outside the Recreation Office.

Anyone interested in the sailing program can call any of the following officers for information:

Commodore: Bill Jenkins, 649-3504

Vice Commodore (Racing): Ken Challenger, 659-2972

Vice Commodore (Training): Fred Johnson, 384-7832

Rear Commodore: Glen Gaddis, 373-5641

Secretary/Treasurer: Peter Blondin, 372-0588

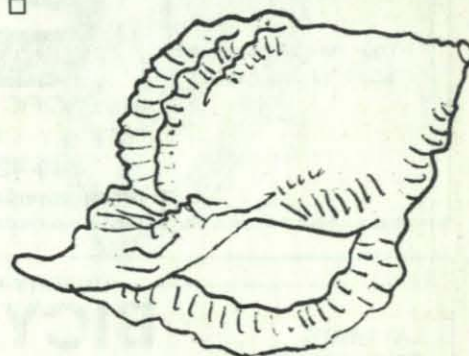
The Recreation Department's two Santanas and two Columbias may be checked out by one B qualified skipper and one A crew. They may carry a

maximum of six persons. The two Shields may be manned by one S qualified skipper and at least one A qualified crew. A maximum of six persons aboard is permitted.

Sailing periods are three hours in duration. Voyage tickets are available at the Recreation Office for \$4 each on weekdays and \$5 on weekends and holidays. There is no charge for children under ten years of age. Parents must provide Coast Guard approved life jackets for their children.

To pursue basic qualification (A and B) the Recreation Office has several brochures. These include "How to Become a Sailor at NPS," "Local Knowledge for Sailors," "NPSINST 1710, 11D series," "Boat Specifications," "Checklist for Operating Boat" and "Sailing Course Locator Sheet." Contact the Rec. Dept. at 646-2466 for information on the next class.

□



ORDER TO NORFOLK—VIRGINIA BEACH



William E. Wood
and Associates
REALTORS



Please send me your relocation information package. □

I would prefer to locate in: □ Norfolk □ Virginia Beach □ Chesapeake.

I am interested in: □ A New Home □ Resale □ Townhouse □ Rental.

My family consists of □ spouse and _____ children.

My price range is about \$_____ to \$_____.

Name _____ Rank _____

Address _____ City _____

State _____ Zip _____ Phone _____

MILITARY RELOCATION SPECIALISTS

We Can Help You Move Anywhere!

WILLIAM E. WOOD & ASSOC.

5308 Indian River Road
Virginia Beach, VA 23464

JEAN FRENCK (804) 467-4410 COLLECT or (800) 446-8260

Six Offices Near All Military Installations

The Flower Market

(408) 375-1061

OPEN 7 DAYS A WEEK

Mon.-Thurs.: 10 am-5:30 pm

Fri.: 9:30 am-5:30 pm Sat.: 8:30 am-5:30 pm

Sun.: 10 am-4:30 pm

Dorothy G. Souza
(408) 394-8082

2103 Fremont St.
Monterey, CA 93940



Your independent travel
agent serves you best.

MONTEREY
TRAVEL AGENCY

AIRLINE RESERVATIONS
& INFORMATION



446 PACIFIC STREET
MONTEREY, CALIF. 93940
649-4292

A Classmate advertiser for 18 years.

Flying



by Dick Schlaff

The Monterey Navy Flying Club is located at the Monterey Peninsula Airport and operates a fleet of airplanes for recreational flying. Membership is open to all students and their families, as well as all active duty and retired military personnel and their dependents. Civilian employees of the Department of Defense are also eligible.

The Monterey Club is one of 50 in the Navy Flying Club Program which exists to meet the need for low-cost, safe, light aircraft operations for military personnel, their families, and other authorized members.

Single and multi-engine aircraft are available for use by members. Some are equipped for instrument flight. Instruction in all phases of flight training is available and beginners are especially welcome. Licensed mechanics and certified instructors help keep the safety record of aero club aircraft and pilots at least three times better than that of general aviation. Younger dependents are often surprised to learn that Federal Aviation Regulations allow an otherwise qualified person to "solo" an airplane at age 16, and to earn a license to carry passengers at age 17. Wives' Club members may be surprised to know that the current MNFC President is Jan Stafford, wife of Colonel Harry Stafford, USA of the Presidio of Monterey Health Club.

For a membership application or additional information, including how to visit the club at the airport, call the Club Manager at 372-7033. □

LAYAWAYS
FREE PICKUP
AND DELIVERY
ON THE
PENINSULA

Hours:
Daily 9-6 p.m.
Sat. & Sun. 9-5 p.m.

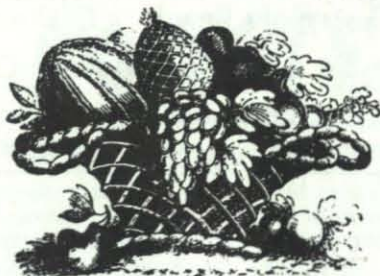
QUALITY NEW & USED
BICYCLES
EXPERIENCED
REPAIR SHOP

BICYCLES FOR
ALL AGE GROUPS



Austor-Daimler
Mongoose
Ross
KHS
Puch

SAFETY & SERVICE FIRST
188 WEBSTER ST., MONTEREY 373-3855



PENINSULA PRODUCE

Peninsula Produce, the peninsula people's purveyor
of perfect produce products persists in presenting
perfect produce for the prestigious people
of the peninsula.

OPEN 7 DAYS A WEEK 9-6

2400 DEL MONTE AVE., MONTEREY, CALIF. 93940 — TEL. 372-4372

LOWEST PRICES ON THE PENINSULA FOR FRESH CUT FLOWERS

Tennis Association



Welcome aboard and welcome to what some people call the best area for tennis you could find. If you are a beginner, intermediate, advanced, or used-to-be tennis player, the Naval Postgraduate School Tennis Association has something to offer that you will enjoy.

The NPSTA plans activities for members each month from playdays to Recreation Department singles, doubles, and mixed doubles tournaments. We have clinics and playdays for junior players. World Team Tennis is in full swing, and we have ten teams which play on Saturday mornings on the courts in La Mesa.

Our men's and women's interclub teams compete throughout the Monterey Peninsula. Women's doubles teams at B, C, and D levels compete from September through June. Men play singles and doubles at B and C levels. Men's interclubs are generally played on Sunday mornings.

Of special interest to beginners is our ladies E-team. The E-team provides an opportunity to participate in organized social tennis during the week and a chance to play and develop your game without feeling as though you are the only person around who has never picked up a racquet.

The NPSTA is open to all military (active duty and retired) and their dependents, as well as faculty and staff of NPS. Membership fees are \$3 per person per year and \$5 per family per year. Applications are available from the Recreation Office or you may call Tom Hodnett at 375-0325. Join us! □

Pappagallo®

Note the scattering of tiny perfs atop contrasting trim . . . our perfectly proper pump is perhaps the poshest of all Pappagallos.

LONDON
Navy, Taupe, Brown, Mahogany




3604 The Barnyard, Carmel
624-3764



Scissor City Hair Design

CUTS & PERMS OUR SPECIALTY • APPOINTMENTS ONLY

GET A \$5 DISCOUNT!

Bring this coupon and get a
shampoo, conditioning, cut and blow dry styling
from Kim, John, or Michael all for only \$10.

Offer expires Oct. 30, 1982

321 Alvarado • Above the Whetstone

375-9497

Religious Services

La Mesa Ladies Bible Study

In Matthew 18:20 Jesus said, "For where two or three have gathered together in My name, there I am in their midst." Ladies, you are invited to come and experience the love and presence of God every Thursday morning in prayer, fellowship, and Bible Study. The studies meet in various homes in La Mesa from 9:30-11:15 a.m. Child care is available.

The La Mesa Ladies Bible Study is interdenominational and holds scripture as our final authority. Our purpose is that we might know Jesus Christ as our personal Lord and Savior and learn to apply God's word to our daily lives.

Each quarter the Bible Studies conclude with a brunch at which time new topics are announced. This is also an opportunity to sign-up for the study of your choice for the upcoming quarter. If you desire more information about the brunch or would like to sign-up for one of the Bible Studies, please call Judy Suldo at 372-6773.

□



The Protestant Program

CDR E. Dean Cook, CHC, USN, is the Protestant Chaplain. His office is on the first floor of Herrmann Hall near the Quarterdeck. The phone number is 646-2241.

Duty at the Naval Postgraduate School may well be one of the most unique experiences of a military career. It is a time when families are closer together and yet farther apart; when husbands are more continually at home and yet more consistently working. This is a time for families to include among their activities a time for replenishing the needs of the soul with the worship services on Sunday and with the other resources of spiritual nourishment.

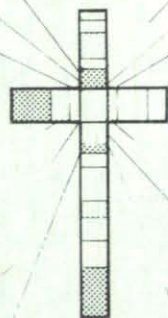
At the entrance to the chapel is the dedication plaque which expresses the purpose and mission of the Protestant Chapel Program: "Now it is because we are aware of the importance and reality of things unseen, of faith in God, hope for tomorrow and the love of all men, that we have set aside a portion of this building for religious worship. In that spirit, we dedicate this Chapel to the services of God and the spiritual good of all who shall worship here."

The Protestant Chapel is located adjacent to the main lobby of the Administration Building, Herrmann Hall. All personnel, dependents and friends are invited to join in the Services of Divine worship and to participate in the religious activities of the Chapel family. Worship services are conducted each Sunday at 9:30 and 11 a.m. in the Herrmann Hall Chapel and on Sunday evenings at 6:00 p.m. in the La Mesa Community Center. Holy communion is offered the first Sunday of each month.

During the morning worship the choir sings for both services. Rehearsals for choir are held on Tuesday evenings at 7:30 in the chapel.

For youngsters six months to two years, the Chapel utilizes the competently staffed Child Care Center in Building 238, during both Sunday morning services. There is no charge and reservations are not necessary.

The Sunday School, with classes for all age groups from two years (when "trained") through adult education, is located on the second deck of Root Hall and meets at 9:30 Sunday morning. Registration may be made on Sunday morning. □



Bibles,
Cards,
Books,
Records

**MONTEREY
BIBLE BOOK
STORE**

487 ALVARADO, MONTEREY
(408) 375-6487
Mon.-Sat. 10:00-5:30

★★★★★ OPEN ALL 7 DAYS ★★★★★



"Uncle Tanouse's Breakfast House"

Hours:

Wed.-Sun. 7 a.m. to 2 p.m.

Mon.-Tues. 4 p.m. to 8 p.m.

BREAKFAST SERVED ALL HOURS

**702 Lighthouse Avenue
Pacific Grove • 373-7543**



The Catholic Program

The Catholic Chapel Community of the Naval Postgraduate School extends warmest personal greetings to all readers of **Classmate**. All students, faculty, staff members and their families are welcome to participate in the Catholic programs.

The chapel is adjacent to the Bookstore, near the pool, and the main Exchange. The office of the chaplain is in Herrmann Hall, Room 127A, telephone 646-2242. Fr. Richard J. Dempsey is the NPS Catholic Chaplain.

The weekend Mass schedule begins on Saturday with a 5:15 p.m. Mass which satisfies the Sunday obligation. On Sunday mornings the Masses are celebrated at 9:00 and 11:00 a.m. Daily Mass, Monday through Friday, begins at 12:15 p.m. Holy Day Masses are offered at 12:15 and 5:15 p.m.

The private rite of Reconciliation (Confession) is scheduled before weekend Masses.

While parents are participating at any weekend Mass, free nursery services are provided at the Child Care Center, Bldg. 238 (please, ½ to 3-year-olds). A "cry room" is likewise available at the chapel.

Religion classes for grades 1-8 are taught in La Mesa Village homes each Monday afternoon, and the Catholic Youth Group (grades 9-12) meets every other Sunday 7:00 p.m.

CCD classes for pre-schoolers is conducted during the scheduled weekend masses at the Child Care Center. The program is open to all three to five year olds. For more information or to register your child please call Sharon Hayes at 649-8768.

Prebaptism classes for parents and godparents are held the 1st Monday of each month at 7:00 p.m. in the Fellowship Room, and teachings about adult religious renewal are given each Tuesday evening at 7:30 p.m. in the chapel. Also each Tuesday at 8:00 p.m. there is a Prayer Meeting and Eucharist.

Parishioners of the Catholic Chapel are currently involved in several volunteer programs. These programs have a continual need for volunteers and all interested persons are encouraged to get involved. The programs include a Christmas project to aid the farm workers: food is packed and donated to the workers and their families. The "Friends in Contact" group visits inmates in the local prisons, while there are other volunteers, who visit the aged in Senior Citizens' homes in the area. If you are interested in any of these programs or getting involved in any capacity, please call the Catholic Chaplain's office during working hours (646-2242). □

The Jewish Program

The Jewish Chapel Program is conducted at nearby Fort Ord. Please contact their Chaplain's Office for details.



KINGDOM COME

26386 Carmel Rancho Lane, Carmel
Phone 624-1290

9:30 to 5:30 Mon. thru Sat.

"Approaching the Barnyard"
Convenient Parking at 2 Entrances

A Christian Shop with a non-denominational theme! Bibles, Gifts, Books, Cards and Notes for all occasions. Also a fine collection of contemporary jewelry by James Avery Craftsman, Inc. Preview Records and Cassettes in our listening center.

Visit our "Children's and Youth Corner"

Gift Certificates Available

monterey
california

THE GREEN THUMB



850 PARK AVENUE • TELEPHONE 375-5747

Bedding Plants • Shrubby • Garden Supplies

FOR FALL & WINTER COLOR

Bulbs • Azaleas • Camellias • Primroses • Rhododendrons

Welcome to Monterey



A Short Stay on the Monterey Peninsula

by Virginia K. Duym

Tourists climb down from buses, cameras poised, and head for Fisherman's Wharf. They shiver in their summer clothes, feed the sea lions, pay the organ grinder's monkey, and buy a souvenir. At home they will show the pictures and say they have seen Monterey. Fortunately, the average stay for an officer's family is longer than a morning tour bus stop; unfortunately, the pictures may be the same. With more time to spend, how can we short-term residents best enjoy the beautiful Monterey Peninsula?

Our first acquaintance with this area is usually made in the car, and there are three afternoon drives which together give a newcomer an excellent view of the Peninsula. The first of these is a short distance from town to Jack's Peak Regional Park where a walking trail leads to the top of the hill. At the lookout there's a view of Monterey Bay from downtown to the sand dunes. A map which labels NPS, the harbor, Presidio, and other landmarks is provided there. Farther down the path a similar view of the ridge above Monterey, Carmel Bay, and the opening of Carmel Valley completes the picture and gives a good idea of where things are.

The other two drives show the same scenery close up. One follows the coast from Monterey along Ocean View Drive for a view of the harbor and the rocky shore past Lover's Point, then continues to Point Pinos and Asilomar Beach. On

good days it is possible to see not only a variety of sea and shore birds, but also seals, sea lions, and that great favorite, the California Sea Otter. The most famous of these routes, Seventeen Mile Drive, was named for the round trip distance from its



A view of the Lone Cypress on 17 Mile Drive.—photo by Janet Machak

starting point, the Old Hotel Del Monte, now NPS. Free passes are available at the Recreation Office for this scenic toll road, which travels through Del Monte Forest and along the rocky coast of Pebble Beach. Its much photographed Monterey Cypress trees and golf courses are deservedly famous. Though these three trips are to be recommended as an introduction to the Peninsula, they continue to be enjoyable anytime.

"There is no better way to get to know a place than to get lost in it," says a seasoned traveler. Certainly downtown Monterey must be the perfect place to get lost. Its streets angle absurdly, dead end in odd places, and bear unprounceable Spanish names: all very frustrating to the newcomer looking for the Presidio, whose streets are even worse, but interesting to the explorer. A mark of age—Monterey was founded in 1770—these streets reveal the town's unplanned beginnings as a Spanish military outpost and its later prominence as capital of California. Many landmarks from this period survive and are well marked on the Path of History, a self-guided walking tour of the downtown area. A group of seven adobes and public buildings comprise the Monterey State Historic Park; a 50 cent admission gains entry to them all and includes guided tours. During the spring, the Adobe tour opens these and others currently in private hands. Exploration of old downtown Monterey rewards the

(continued)



Custom House, downtown Monterey

NAVY *Exchange*

Beauty Salon

Hair Styling for Men & Women

- Precision Cuts
- Creative Styling
- Designer Perms
- Color Specialists



372-1121

Open Tuesday thru Saturday
La Mesa Village Center

All Profits Go to the Navy Welfare and Recreation Fund



"IRIS"

18" x 25"

Add elegance to your home
with this stunning poster
in silver and mauve on white.
Personally autographed by local
artist, Tricia McWhorter.

\$25.00

**THE GOSSAMER SWAN
A DESIGN STUDIO**

1178-3rd St. • Monterey
For information call 375-7225



Downtown Carmel

“il piccolo”

Cafe Ristorante

FINE ITALIAN FOOD

- Domestic & Imported Wines
- Old Authentic Family Recipes from Northern Italy
- Intimate Atmosphere
- Families Welcome
- Dinner 5 pm-10 pm Closed Mondays
- We Cater to Parties

235 REINDOLLAR AVE., MARINA, CA 93933 (408) 384-5242

FRIEDMANS

MICROWAVE

SUPERMARKET

ALL MAJOR BRANDS

45 MODELS TO CHOOSE FROM

**AMANA • GENERAL ELECTRIC • LITTON • QUASAR
PANASONIC • SHARP • TOSHIBA**

FREE 60-DAY EXCHANGE—FULL CREDIT

- ★ Free Cooking Classes for Customers—Forever.
- ★ Discounts on Cookware for Oven Customers

DEMONSTRATION • BRAND COMPARISON • SAT. • 10:30 AM

FRIEDMANS
THE MICROWAVE SPECIALISTS

570 Del Monte Shopping Center, Monterey
Next to T-Shirts Plus

373-3434

NOW! 88 STORES

visitor with a sense of the history and character of the town.

Exploration in the harbor area reveals the more recent past—Monterey's fishing industry. Late in the last century, emigrating families of fishermen from Sicily and Greece began to harvest the rich waters of the Bay. Their descendants now run restaurants and markets on Fisherman's Wharf, where the commercial fishing industry once thrived.

On nearby Cannery Row, dozens of fish canneries processed the sardines from early in this century until, in the 1950's, overfishing took its toll on the Bay. Since then most of the canneries have burned, and little is left of the original neighborhood made famous by John Steinbeck. To enjoy it as it was, the explorer will be better served by the books than by the shops and restaurants there now. These are meant to be enjoyed in typical-tourist fashion especially with out-of-town visitors.

Unlike its bustling military and commercial neighbor, Pacific Grove, begun in 1875 as a Methodist summer retreat center, is a deliberately quiet town. Instead of Spanish adobes, its oldest buildings are Victorian cottages with carpenter gothic trim. A town of much civic pride, Pacific Grove makes an effort to preserve its buildings and celebrate its history throughout the year. During the many activities of Heritage Week, some houses and commercial buildings are open in the Victorian Home Tour. The town also manages to balance the interests of the tourist trade with those of the residents, a characteristic much to its credit.

In Carmel-by-the-Sea, on the slopes of the hill between Highway One and the beach, it is sometimes difficult to tell among all the tourists that there are indeed residents. At first the visitor has too much fun enjoying the galleries, gift shops, and restaurants to care. But eventually, perhaps while searching for a parking space, a few cottages appear between the hotels where people live privately and behind shubbery. The newest of the three towns, Carmel was begun just after the turn of the century as a real estate development, and quickly became popular as an artist colony. Current residents encourage the arts and resist the modernization most towns take for granted.

At the edge of the village, Carmel Mission Basilica, established in the same period as Monterey's adobes, is a monument to a more distant past. The mission was established by Father Junipero Serra and built a good distance from the corrupting influences of Monterey; Father Serra's tomb is located in the mission complex. Visitors have a chance to see not only a beautifully restored early mission, but also its lovely gardens.

As each town differs from the others, so does the scenery surrounding the area. In

Carmel Valley a quiet agricultural area is rapidly being built up, but Carmel Valley Road goes up into the hills, too, where the land is wilder. On the coast below Carmel, Point Lobos State Preserve juts out with rugged rocky cliffs into the ocean. Its windblown cypress, quiet tidal pools and plentiful wildlife become more fascinating with every visit. Big Sur, the point where the Santa Lucia Mountains meet the sea, is unmatched in its ever-changing drama of rock and surf. Unlike most of the Peninsula, Big Sur remains in a nearly natural state—so far. On the opposite side of the Santa Lucias the land flattens out from the foothills to the Salinas Valley. This prime agricultural land is not only the famous "salad bowl of America," but also a growing producer of wine; tours and tastings are available in several wineries.

It soon becomes obvious that however long we live on the Peninsula, we may fill the time easily. Really knowing the area, though, requires more than sightseeing, and there are many ways for short term residents to feel part of the community. We can take our pick from among a variety of musical, sporting, and outdoors activities. By seeing the area's scenic beauty, learning its history, and joining in community events, it is more than possible to say of the short time we spend here, "We enjoyed every minute!" □

UP IN
THE
AIR
ABOUT
UPHOLSTERY
CLEANING?

Give your upholstered furniture the personalized care it deserves.

ServiceMASTER

the
cleaning people
who care®

Have it cleaned professionally, by ServiceMaster. We analyze soil, fabric and colorfastness before selecting the correct specialized treatment to safely, gently clean your upholstered furniture.

Peninsula ServiceMaster

2040 Sunset Drive
Pacific Grove, CA 93950
(408) 373-3909


The Underworld
Intimate apparel
carmel-by-the-sea

UNDERFASHIONS

From
FRANCE & U.S.A.

CAREFULLY SELECTED

For You
At

AFFORDABLE PRICES

(408) 624-1400
P.O. Box 7361

San Carlos at 7th
Carmel, CA 93921



**WE'LL SELL YOU
A VOLVO ON ITS
STRONG POINTS.**

There are many other good reasons for owning a Volvo. We'll point them out to you in our showroom. **VOLVO**

Join the students and alumni of NPGS and DLI who have purchased from us for delivery here or overseas. Some have returned from far flung ports in Europe, Africa, the Orient, the Pacific, and the Middle East with "our" Volvos. They believe in them. We are proud to service them.

Scandia VOLVO

1661 Del Monte Blvd., Seaside, 899-2441. From Salinas 424-9977
Since 1963

Annual Special Events

Listed here are just some of the festivals, tournaments, races, shows, parades, concerts, and other entertaining events for which you'll want to watch. CLASSMATE hopes you'll join the ranks of other NPS families who have enjoyed these and other festivities during their stay in Monterey.

JANUARY

Spaulding Pro-Am Golf Tournament

FEBRUARY

Bing Crosby Pro-Am Tournament

MARCH

Good Old Days
Victorian House Tour
National Rugby Tournament
Symphony

APRIL

Adobe Tour
Los Altos Hunt and Steeplechase
Bicycle Criterium
IMSA Winston GT Races Laguna Seca
Wildflower Show

MAY

Pebble Beach Hunter Trails
MPVS House and Garden Tour
United Volunteers Service Antique Show
Pebble Beach Pony Club Horse Show
Antique Fly-In

JUNE

Stuart Haldorn Sailboat Regatta
Monterey City Women's Amateur Golf Tournament
California State Amateur Golf Tournament
NCGA Senior Golf Tournament
Sprints, Laguna Seca
Otter Regatta
Monterey County Pops Concert

JULY

Bach Festival
Obon Festival
Feast of Lanterns
National Horse Show
Salinas Rodeo
Matthew Jenkins Sailboat Regatta
Peter Hay Junior Golf Tournament
Scottish Highland Games
NCGA Public Links Golf Tournament
Sloat Landing Ceremony
St. Mary's By-the-Sea Antique Show

AUGUST

Garlic Festival
National Horse Show
Concours d' Elegance
Monterey County Fair
Pebble Beach Summer Horse Show
Pebble Beach Dressage Championships
Historic Automobile Races
International Motorcycle Races
Del Monte Kennel Club Dog Show
Indian Arts and Crafts Show

SEPTEMBER

Artichoke Festival
Monterey Jazz Festival
Gem and Mineral Show
Santa Rosalia Festival
Carmel Mission Festival
Arabian Horse Show
Monterey History and Art
Antique Show
Antique Fly-In

OCTOBER

SCCA Citicorp Can-Am Challenge
Trans-Am Championship
Butterfly Parade
Sand Castle Contest

NOVEMBER

Golden Domino Tournament
Community Thanksgiving
Next to New Sale

DECEMBER

Festival of the Trees
Singing Christmas Tree
39 Craftsmen Bring Christmas
Women's State Golf Championship
Tournament
California Wine Festival



FIREHOUSE
RESTAURANT AND
HOOK & LADDER LOUNGE

414 CALLE PRINCIPAL • MONTEREY, CA 93940
(408) 649-8844

Relocating To Norfolk-Virginia Beach?

EXPERIENCE COUNTS!



**Marshall-
Ewald, REALTORS®**

Cam continues to assist
military families coast to coast.

Write for one of her special
ME-to-You fact packets with an
area map, new homes
brochures, Homes magazines
and the best seller—*Everything
You Always Wanted To Know
About Virginia Beach But Didn't
Have Time to Ask.*

Top in her firm and one of
the top 5 realtors in her area,
Cam's success has made her a
member of the Multi-Million
Dollar Club, the National Million
Dollar Sales Club and the
Tidewater Board of Realtors
Million Dollar Club. She was
named Agent of the Year at
Marshall-Ewald for 1980 and
1981.

As a Navy wife and a
thoughtful and professional
realtor, her experience will
mean an easier transition for
you.

Cam Templeton. No. 1 Realtor



Over \$2,000,000 worth of
Tidewater real estate was
handled by Cam Templeton
in 1981. To do such a
tremendous amount of
business and do it so well—
according to her Buyers,
Sellers, and Peers—is a rarity
indeed.

*"Our real estate agent was
tremendous, she did more than
what was expected."*—Lt. & Mrs.
Daniel Johnson.

*"All of our praise goes to the
excellence and professionalism
of our agent."*—Lcdr. & Mrs.
James Bray.

*"Thanking you for everything—
especially your thoughtfulness,
professionalism, and
friendship."*—Lcdr. Ron and Lin
Honey.

*"Since it was our first time
buying we needed all the
guidance we could get; you
helped us immensely."*—Cyndy
and Bill Moore.

*"House hunting for us, of
course, was a serious business.
However, by the time we
finished, it became fun for me...
You know I have never felt so
comfortable and relaxed with a
perfect stranger as I felt with
you."*—Alma Specht.

*"Mrs. Templeton's performance
as our agent has been far
beyond that normally expected
of an agent."*—Lcdr. & Mrs. Joe
Satrapa.



**Marshall-Ewald
REALTORS**

Marshall-Ewald Executive Park
2620 Southern Blvd.
Virginia Beach, Va. 23452
(804) 463-2600

Name _____

Address _____

City _____ State _____

Phone _____ Zip _____

Rank _____

Expected date of move _____



**Marshall-
Ewald, REALTORS®**

MARSHALL-EWALD EXECUTIVE PARK
2620 SOUTHERN BOULEVARD
VIRGINIA BEACH, VIRGINIA 23452

CALL COLLECT (804) 463-2600 OR 481-4333

Ways to Spend...

by Sandy Goodson

An Hour...

Walk out on the **Coast Guard pier** and watch the lively sea lions and birds play on the rocks. Look for starfish and crabs along the side.



Coast Guard Pier



Dennis the Menace Park

Enjoy **El Estero Park** on Aguajito Road. Feed the ducks. Give your heart a workout when you follow the parcourse. Rent boats to take a trip on the lake. Explore Dennis the Manace Park.

Take a stroll down **Cannery Row** to window shop or to spend your money in the numerous shops and restaurants there.

Pretend you are sitting in a European cafe when you try the pastries at the **Viennese Bakery and Restaurant** at 469 Alvarado in Monterey.

Visit the **Pacific Grove Museum of Natural History** on Forest Avenue and Central Avenue. Discover the displays of animal life on the Peninsula. Kids love it!

Visit **Casa Maria Restaurant** on Cannery Row and sip a margarita while you watch the antics of the sea otters in the kelp below you.

Wander around **Fisherman's Wharf**. Buy some food and feed it to the sea lions. Go for a ride on a bay cruise. Try the diving bell for a ride thirty feet below the water.

Take a drive to **Jack's Peak** on Route 68. Go for a hike and look at the lovely scenery—Carmel Valley, the Monterey Bay, and, of course, La Mesa Village. Enjoy a picnic lunch there in the picnic grounds.

Check out the **Colton Hall Museum** on Pacific Street between Madison and Jefferson.

Taste some wine at **Bargetto Winery Tasting Room** on Cannery Row or at **Monterey Peninsula Winery** on Route 68 past the airport.



Monterey Peninsula Winery

dh DON HARTMAN

fine picture framing
275 lighthouse, monterey
372-6377 & 649-1977

Maison
BERGERAC

FRENCH CUISINE

Winner Mobil Travel Guide

☆☆☆☆

Award 1982

*presented for distinguished achievement
in service, cordiality and overall quality.*



**DINNER
NIGHTLY**

Two Seatings
5:30 & 7:30

Open Six Days
A Week

Closed Monday

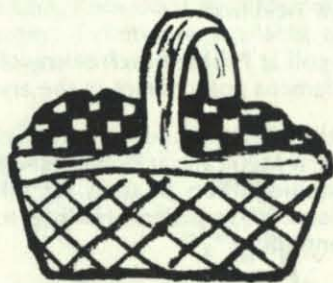
Reservations Required

373-6996 or 659-4081

Lighthouse at 19th • Pacific Grove

A Few Hours...

Take a picnic to **Lover's Point** in Pacific Grove. Enjoy wandering on the beach there.



Visit **Garland Ranch**, 8.4 miles east of Highway 1 on Carmel Valley Road. Take a picnic to fortify yourself for the long hike to the top of the mountain. The scenery is really worth seeing! You can bring your horse to ride on the trails.

Explore **Carmel**. Spend time window shopping in the busy downtown area. If you have time, explore the many art galleries there. There is always something new to see.

Enjoy the changing exhibits as well as the permanent displays at the **Monterey Museum of Art**, 559 Pacific Street.

Hike around **Point Lobos**—a must-see spot for anyone stationed here. Picnic areas to enjoy and many trails to explore. Car entry fee is \$2.

Collect shells on **Carmel beach**. Don't decide to go for a dip here—the currents are too strong for swimming.

A "Must" While Living
on the Peninsula

Marzi

Monterey Pottery

is open daily 9:00 to 5:00
Closed Saturdays & Sundays

1220 Broadway
Seaside — 394-9382



Tours Available
Contact the proprietor
Rudi Marzi



Carmel Mission

See the **Carmel Mission** on Rio Road for a glimpse into California's early years.

Put on your best walking shoes and follow the **Monterey Path of History**. Maps are available at various places and there are signs along the route.

Learn about local naval history at the **Allen Knight Maritime Museum**, 550 Calle Principal in Monterey.

Take a drive down the **17 Mile Drive** to see some of the most beautiful and most photographed scenery in the United States. Enjoy a picnic lunch along the beautiful coastline. There is a \$4 gate fee at any one of four entrances. If you are adventurous, try this trip by bike. On week days there is no admission charge for bicycles.

(continued)

LIGHTHOUSE TELEVISION AND VIDEO

ZENITH

BIG SAVINGS

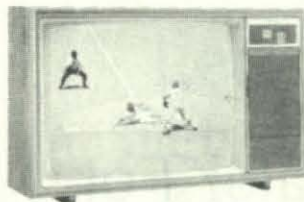
19" COMPACT TABLE TV

DIAGONAL

MODEL SY1927W

Computer Space Command® 2400 Remote Control
Simulated American Walnut finish. Front framed in dark metallic Brown color with polished Nickel color trim. Quartz-Controlled Electronic Tuning. Remote Control features Up/Down scanning of channels or direct access channel selection. 112 Channel Capability.

Cabinet size: 16 1/2" H, 26" W, 18 1/2" D. (41.6 cm H, 66.0 cm W, 47.0 cm D.)
Dimensions exclude controls and antenna protrusions.



MODEL Y1908W

Simulated American Walnut with metallic Pewter color trim accented with Black and brushed Aluminum color framing entire front. Super Video Range Tuner. Synchromatic 70-Position UHF Channel Selector.

Cabinet size: 16 1/2" H, 26 1/2" W, 17 1/2" D. (42.9 cm H, 67.0 cm W, 45.2 cm D.)
Dimensions exclude controls and antenna protrusions.



YOUR DEALER

FOR:

SONY

FREE DELIVERY WITH PURCHASE



490 Lighthouse Ave., Monterey
373-2929
Formerly Lloyd Day's

Take a tour of **Tor House**, the home of Robinson Jeffers. It is on Carmel Point. Tours by reservation only, call 624-1813.

Drive down Route 1 to **Big Sur** and the redwoods.

Prepare yourself for fun and good food when you visit **Chuck E. Cheese's Pizza Time Parlor**, 957 North Main Street in Salinas. Enjoy your pizza as you watch the shows. Then visit the back room for the latest in video games.

Discover the **Mystery Spot** on Branciforte Drive in Santa Cruz. This is a section of the redwood forest where the laws of gravity do not seem to apply. Tours Monday through Saturday, 9:30 a.m. to 5 p.m., Sunday 9:30 a.m. to 5:30 p.m.



San Simeon (Hearst Castle)

A Whole Day ...

Tour **San Simeon**, Hearst's dream castle, located approximately 100 miles from Monterey on Highway 1. Reservations are necessary for tours and are available through Ticketron.

Play golf at **Pebble Beach** or any of the world famous golf courses in the area.

See the pinnacles and spires carved out of an ancient volcano at **Pinnacles National Monument**. Lots of trails for hiking. Take Route 156 south from Hollister to the main entrance.

Marvel at the **Winchester House** in San Jose where stairways lead to nowhere, doors open into brick walls, and thirteen is a very special number.

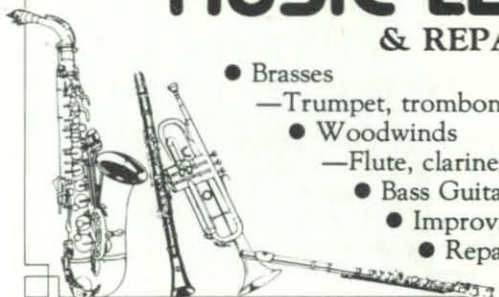
Enjoy the **Santa Cruz Beach Boardwalk**. Ride the roller coaster, thought by many to be one of the ten best in the country. Take your swimsuit and enjoy a day in the sun on the beach.

Ride the **Roaring Camp Narrow Gauge Railroad** in Felton on Highway 17. Take along a picnic lunch to eat under the redwoods or make reservations for the chuckwagon barbeque there.



Gary M. Stotz MUSIC LESSONS & REPAIRS

- Brasses
 - Trumpet, trombone—
- Woodwinds
 - Flute, clarinet, sax—
- Bass Guitar
- Improvisation & Theory
- Repairs on All Instruments



B.A. & M.A. Degrees, J.C. Credential

Over 13 years exp. teaching

SALES
LEASING
PARTS
SERVICE

SINGLETON CHEVROLET

Full Service
Chevrolet Dealer For
The Monterey Peninsula



MONTEREY PENINSULA AUTO CENTER
3 GEARY PLAZA SEASIDE, CA. 93955 (408) 899-4211

LET US HELP YOU

Keep busy until that perfect job comes along. We have all kinds of temporary assignments in all areas. Call today.

- Secretarial • Accounting
- Data Entry • Clerical

625-5700



A division of
the marshall group
Personnel Service, Inc.
Ocean at Lincoln
P.O. Box A1
Carmel, California 93921

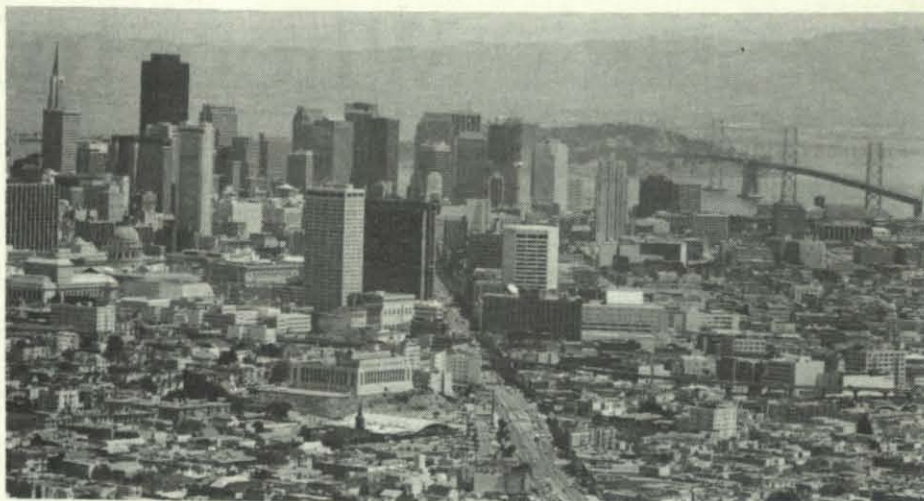
A Long, Long Day . . .

Meet the animals at **Marine World/Africa USA**, Redwood City, 100 miles from Monterey. Tickets are available at the recreation office.



Ride a new ride at **Marriott's Great America**, on Route 101 in Santa Clara, 80 miles from Monterey. There are also some good shows to watch. Tickets available at the recreation office.

Get a guide book and explore **San Francisco**. About 125 miles from Monterey, there's always something happening there. □



San Francisco —photo by Tom Machak

BETH BRADBURY Electrology



Electrolysis is a permanent & affordable method of removing unwanted hair from: **UPPER LIP • EYEBROWS • BIKINI LINE • BODY**

It's done with comfort, in complete privacy. Beth gives complimentary consultation any day except Fri. & Sun. Call Today.

3855 Via Nona Marie, in Carmel Rancho

624-4824

It's Back To School!

at **SERENDIPITY
PRE-SCHOOL**



Fall Session Begins Sept. 1st

Offering a full curriculum; math, science and reading readiness. Music, arts & crafts included.

A State Licensed facility with college trained instructors.

Mornings, afternoons, full or part time.
(Extended Day Care Available)
Ages 3-6

For Information
Call **375-9743**

Serendipity Pre-School
First and Park Ave., Monterey
(A few blocks from The N.P.G. School)

We Need RN'S and LVN'S You may need **FLEXIBILITY**

Let's get together
Set your own hours

CALL TODAY
(408) 373-2476



UPJOHN HEALTHCARE SERVICES™

EOE-M/F



ALANO CLUB — 575 Calle Principal, Monterey, 373-0830. Open 7 days a week, 8:00 a.m.-11:00 p.m. Associate member of Alcoholics Anonymous. Also non-profit organization. For recovering alcoholics, relatives and friends. Meals available. Members pay dues.

AL-ANON — 649-1439. Help for families and friends who must deal with the problems of alcoholism.

ALCOHOLICS ANONYMOUS — 467 Alvarado St., Monterey, 373-3713 (24-hour line).

Where to Find Help

AMERICAN CIVIL LIBERTIES UNION — 825 Lottie St., Monterey, 373-4491, ext. 16. 8:00 a.m.-10:00 p.m. (10:00 p.m.-8:00 a.m. for dire emergencies.) The Monterey Chapter of ACLU maintains a telephone complaint center, open to all. The ACLU is interested in protecting the rights of individuals under the Constitution. There is no charge for ACLU services and confidentiality is maintained. Volunteer workers are *not* attorneys.

BETTER BUSINESS BUREAU — 728-1830. Information and complaints on area businesses.

CHAMBER OF COMMERCE

Carmel	624-2522
Carmel Valley	659-4000
Monterey	649-3200
Pacific Grove	373-3304
Seaside	394-6501

CHILD ABUSE PREVENTION COUNCIL — 500 Hilby Ave., Seaside, 394-2100 or 394-4622. 9:00 a.m. to 5:00 p.m. The Council offers information and referral on child abuse and neglect, consulting services to professional and lay members of the community, a Multidisciplinary Committee composed of volunteer professionals which offers recommendations in difficult child abuse and neglect cases, and library services. Council programs include: a Speakers Bureau that makes presentations to organizations, school classes, and civic groups; a Parent-Aide Program that provides abusive/neglectful and high-risk parents with a supportive, one-to-one relationship with a trained volunteer; a Peer Education Program for and by junior high school students to help them deal effectively with family stress situations now and in the future, and to make informed decisions regarding their future family life; Child care center and nursery school information and referral. The Parents Anonymous program is also supported by the Council.

CHILDBIRTH EDUCATION LEAGUE — 375-5737. Prepared childbirth classes, breast feeding and parenting information, film showings, Mother's Milk Bank, library and newsletters.

CHILDREN'S HOME SOCIETY OF CALIFORNIA — 444 Pearl St., Monterey, 373-4126. Adoption services, family and child counseling.

CHILDREN'S PROTECTIVE SERVICES — Broadway and Noche Buena, Seaside, 899-2571. 8 a.m.-5 p.m. This is the number to report child abuse and neglect. For reports and emergency foster care, after hours, call 911.

Aguajito Veterinary Hospital

Thomas Williams, DVM
Frank Kocher, DVM
Tom Schubert, DVM
Judy Martin, DVM

1221 10th Street — Outside of 9th St. Gate, NPS
Call 372-8151 For Appointment or After Hours Emergency Service

TOTAL DOG

... for and about dogs

3746 The Barnyard
Carmel, Ca. 93923
408-624-5553

May Carpenter

LARGE TECHNICAL BOOK SELECTION

DO-IT-YOURSELF ELECTRONIC HEADQUARTERS

SAVINGS ON ALL ELECTRONIC NEEDS



ZACKIT CORP.



1193-10TH STREET

375-3144

MONTEREY
(Next to N.P.S.)



CITY OF MONTEREY LIBRARY — Pacific and Madison Sts., Monterey, 646-3930. You can get a library card by bringing a piece of mail addressed to you at your Monterey address.

CITY OF MONTEREY PARKS AND RECREATION DEPARTMENT — 646-3866. Variety of classes and facilities. Booklets 3 times a year: June, Sept., Feb.

CRISIS LINE — 373-4773/4774 Operated by the Monterey Community Counseling Center. 24 hour service; staffed by professionals; line offers a non-judgmental listener available to talk with adults and children with problems.

CYPRESS INSTITUTE — 183 Sargent Court, Monterey, 372-6242. 24 hours, 7 days. Offers highly focused, brief family therapy and counseling. Counseling based on problem solving, with focus on presenting a complaint. You will be seen within one week of initial contact. Fees are sliding scale.

EMPLOYMENT DEVELOPMENT DEPARTMENT — (California Job Service) 480 Webster St., Monterey, 373-0143. Monday-Friday, 8:00 a.m.-5:00 p.m. Take applications for full-time and part-time job placement; referral to appropriate agencies; counseling and testing; and career information. There is no specific age range and no cost.

FAMILY SERVICE AGENCY — 1030 Cass St., Monterey, 373-4421. Licensed professional counseling and psychotherapy regarding family relationships and facing everyday life. Alcoholism counseling. Sliding scale of fees. County sponsored.

FAMILY RESOURCE CENTER — 500 Hilby, Seaside, 394-4622. 9:00 a.m.-5:00 p.m. Respite care open 24 hours. The Family Resource Center provides a 24 hours drop-in crisis care for children of any parent in stress. The support programs include: parenting classes ranging from child development and nutrition to parent effectiveness training, and class and agency referral service for parenting and family support resources. Child care is provided during class time and Parent Anonymous meetings. All services are free.

FORT ORD ARMY COMMUNITY SERVICE — Building 3010, 3rd Ave., Ft. Ord, 242-6687/5696/2809/3903/5713. Monday-Friday, 7:30 a.m.-4:30 p.m. All active duty, retired and military dependants can receive help. You can get help for the following: social problems, parent/child relations, financial problems and personal problems. The following services are provided: information and referral, counseling and guidance, financial assistance, budget management loan closet, food locker.

(continued)

SPECIAL



BOB DOERR PHOTOGRAPHY

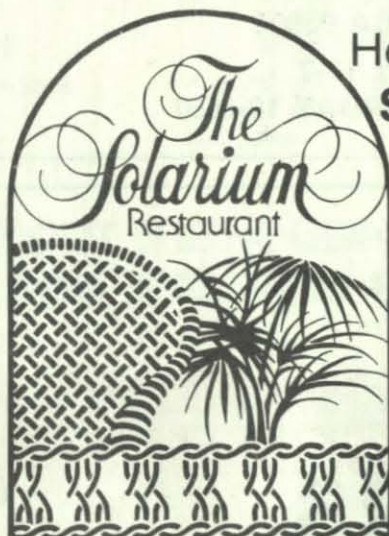
Portrait Special

includes photographer's time & 1 color 8x10 portrait

\$28

Call today for an appointment

649-0198



**Holman's
Solarium Restaurant**

**Open Mon.-Sat.
10 am to 5 pm**

Sun. 11 am-3 pm

**542 Lighthouse
Pacific Grove**

Join us for a delightful

Sunday Champagne Buffet Brunch

Only \$6.75 per person

Served 11 am-3 pm

Where to find—Cont.

LAWYERS REFERRAL SERVICE — 375-9889.

LEGAL AID SOCIETY OF MONTEREY COUNTY — 1011 Cass St., Monterey, 373-3651.

MENTAL HEALTH CRISIS TEAM, Community Hospital/625-4624/5311, ext. 1623. 24 hours.

MONTEREY BAY DENTAL SOCIETY (referrals) — 680 E. Romie Lane, Salinas, 1-758-8406.

MONTEREY COMMUNITY COUNSELING CENTER — 425 Jackson St., Monterey, 373-4773 (24 hours, 7 days). **Monday-Friday, 8:30 a.m.-8:30 p.m.** The Monterey Community Counseling Center offers community-based counseling for young people and their families. It deal with family problems, school conflicts, personal growth, emotional, sexual, pregnancy and drug problems. Two counseling groups for children and adolescent groups in some schools. Services are free or sliding scale, and confidential.

MONTEREY COUNTY CONSUMER AFFAIRS DEPARTMENT — E. Laurel Dr. and Natividad Rd., Salinas, 1-758-3859.

MONTEREY COUNTY HEALTH DEPARTMENT — 1200 Aguajito Rd., Monterey, 373-0111. Sexuality counseling for males, females and couples. VD clinic, pamphlets on dental care and nutrition.

MONTEREY COUNTY MEDICAL SOCIETY (referrals) — 19040 Portola Dr., Salinas, 1-455-1833.

MONTEREY COUNTY SPCA — 373-2631. Spay-neuter clinic, receiving and adoption, cruelty investigation and 24-hour emergency rescue service.

MONTEREY PENINSULA YOUTH PROJECT DRUG ABUSE DETOXIFICATION AND OUTPATIENT CLINIC — 101 Elm, Seaside, 899-4131

SANBORN CLINIC — (outpatient) 303 North Sanborn, 649-4579. **Monday, Friday, 8:30 a.m.-5:30 p.m.** Heroin detoxification, outpatient. Outpatient counseling. Family services for patients similar to those of the Community Counseling Center: Detoxification on sliding fee scale, Medi-Cal accepted. Counseling is free.

PLANNED PARENTHOOD OF MONTEREY COUNTY — 229 17th St., Pacific Grove, 373-1691. Pregnancy testing, pregnancy counseling and referral, gynecological services and information on birth control and pregnancy. Referrals on infertility and genetic counseling.

STATE PARK AND RECREATION — 649-2836.

SUICIDE PREVENTION — 649-8008.

TICKETRON — 649-4289, Wooden Balloon Gallery, 711 Cannery Row, (inside the Monterey Canning Co.), Mon.-Sat., 10 a.m.-1 p.m. and 2:00 p.m.-6:00 p.m. Sunday, 11:00 a.m.-1:00 p.m. and 2:00 p.m.-4 p.m. Computerized ticket service for many events and places of interest.

UNITED PARCEL SERVICE — 1139 Madison Lane, Salinas, 1-757-6294. \$2 fee for picking up packages. Must know weight, value and complete address when arranging for pick-up. 9-5:30 Mon.-Fri.

VOLUNTEERS IN ACTION — THE VOLUNTARY ACTION CENTER — 444 Pearl St., Monterey, 373-6177/6178/6664.

WOMEN AGAINST DOMESTIC VIOLENCE — 372-6300, 24 hours. Confidential information regarding what to do in a domestic crisis. Temporary shelter for women and children.

ZIP CODE INFORMATION — 372-5804. □



**1590 CANYON DEL REY
SEASIDE, CA 93955**

**SUNDAY 10-7
MONDAY-SATURDAY 10-9:30**



LA MESA VILLAGE CLEANERS



HOME PICK-UP AND DELIVERY

Your contractor is
Vapor Cleaners

Call
373-7660 or 375-5221
(Main Plant)

WASHINGTON D.C. BOUND? VIRGINIA? MARYLAND?

LONG & FOSTER REAL ESTATE, INC. PRESENTS THEIR MILITARY RELOCATION SPECIALISTS



ELLEN CLEVELAND, GRI

ASSOCIATE BROKER

MEMBER-MILLION DOLLAR SALES CLUB

A multi-million dollar producer in Northern Virginia. Experienced with helping military families relocate.



CHARLOTTE MISCAVICH, GRI

ASSOCIATE BROKER

MEMBER-MILLION DOLLAR SALES CLUB

A multi-million dollar producer specializing in helping military families relocate to the Maryland-Washington, D.C., area.

**ALL YOU NEED TO KNOW ABOUT THE HOUSING MARKET, SCHOOLS,
FINANCING, TRANSPORTATION, ETC. FREE RELOCATION KIT.**

CALL COLLECT OR WRITE US

ELLEN CLEVELAND
7040 OLD KEENE MILL ROAD
SPRINGFIELD, VIRGINIA 22150

CHARLOTTE MISCAVICH
1641 CROFTON CENTRE
CROFTON, MARYLAND 21114

FOR PERSONAL SERVICE:

**IN VIRGINIA ASK FOR
ELLEN CLEVELAND
(703) 451-9400 (COLLECT)**

**IN MARYLAND ASK FOR
CHARLOTTE OR RON
(301) 721-2626 (COLLECT)**



WHATEVER YOUR LIFESTYLE

Our full service "Military Relocation Specialists" can make this an informative and pleasant move for you.



REALTOR®



RELOCATING NORFOLK – VIRGINIA BEACH

(or anywhere in the U.S.A.)

Rose & Krueth
Realty Corp.



"Tomorrow's Leaders Today"

400 Oakmeads Crescent
Virginia Beach, Virginia 23462

CLIP AND MAIL TODAY !!

Please send information on:

☐ Home ☐ Townhome ☐ Cluster
☐ Coast to Coast Relocation Service ☐ Insurance
My Family consists of ☐ spouse and _____ children.
I prefer to locate in: ☐ Va. Beach ☐ Norfolk ☐ Chesapeake
Price Range \$_____

NAME _____ RANK _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ (NIT)

For Personal Service, Ask for FRANK CREASY
CALL COLLECT (804) 499-9191 or (804) 497-1830